



Scheduled Classes 2017

Form 1/17

Date	Subject (Core/Elective)	Prerequisites	Date	Subject	Prerequisites
1/3-2/5	Physiology (50 hrs)	none	7/7-15	Lymphatic Drainage Massage (50 hrs)	none
1/10-2/2	Business, Marketing & Chair Massage (58 hrs)	by permission	7/7-15	Positional Release Therapy (50 hrs)	TM1, B&M
1/10-3/6*	Business, Marketing & Chair Massage (58 hrs)	by permission	7/18-29	Business, Marketing & Chair Massage (58 hrs)	by permission
1/19-2/3	Therapeutic Massage Level 3 (50 hrs)	TM1 & 2	7/18-8/17*	Business, Marketing & Chair Massage (58 hrs)	by permission
1/25-2/3	Therapeutic Massage Level 1 (50 hrs)	none	7/30-10/3	Pathology (40 hrs)	none
2/6-15	Therapeutic Massage Level 2 (50 hrs)	TM1	8/7-17	Myofascial Therapy (50 hrs)	TM1, B&M
2/7-17	Neuromuscular Therapy (25 hrs)	TM1, B&M	8/9-9/21	Pathology (40 hrs)	none
2/16-19	Bamboo Massage (25 hrs)	TM1, B&M	8/18-10/16	Traditional Thai Massage on the Mat (100 hrs)	none
2/20-3/23	Pathology (40 hrs)	none	8/24-27	Thai Foot Massage (25 hrs)	none
2/20-22	Sound Infused Massage Therapies (25 hrs)	none	8/29-9/6	Maternity & Infant Massage (50 hrs)	TM1
2/22-3/3	Therapeutic Massage Level 3 (50 hrs)	TM1 & 2	8/30-9/15	Therapeutic Massage Level 3 (50 hrs)	TM1 & 2
3/5-9	Hydrotherapy (25 hrs)	TM1	9/8-16	Foot Reflexology (50 hrs)	none
3/21-23	Hot Stone LomiLomi (25 hrs)	TM1	9/17-25	Therapeutic Massage Level 1 (50 hrs)	none
3/24-4/1	Hot & Cold Stone Therapy (50 hrs)	TM1	9/25-26	Massage for Oncology & Hospice Care (16 hrs)	TM1, Phys, Path
4/2-5/1	Bones & Muscles (50 hrs)	none	9/27	Crazy Good Neck Work (8 hrs)	TM1, B&M
4/3-20	Therapeutic Massage Level 1 (50 hrs)	none	9/28-10/1	Barefoot Bars Deep Tissue (35 hrs)	by permission
4/4-10*	Geriatric (Elderly) Massage (40 hrs)	TM1, Phys, Path	10/2-25	Therapeutic Massage Level 1 (50 hrs)	none
4/13-15	Thai Massage on the Table (25 hrs)	none	10/4-11/5	Bones & Muscles (50 hrs)	none
4/21-29	Therapeutic Massage Level 1 (50 hrs)	none	10/6-8	Sea Shell Massage (25 hrs)	TM1
4/21-6/9	Bones & Muscles (50 hrs)	none	10/20-28	Therapeutic Massage Level 2 (50 hrs)	TM1
4/25-5/18	Deep Tissue Massage (50 hrs)	TM1, B&M	10/31	Your Crown & Glory – Head Massage (8 hrs)	none
5/2-6	Neuromuscular Massage (25 hrs)	TM1, B&M	10/23-12/1	Bones & Muscles (50 hrs)	none
5/7-21	Kinesiology (25 hrs)	B&M	11/1-2	Pulsing (16 hrs)	none
5/8-19	Therapeutic Massage Level 2 (50 hrs)	TM1	11/3-4	Rebalancing (16 hrs)	none
5/22-30*	Clinical Aromatherapy & Massage (50 hrs)	none	11/6-30	Kinesiology (25 hrs)	B&M
5/31-6/9	Therapeutic Massage Level 3 (50 hrs)	TM1 & 2	11/7-11	European Spa Specialties (25 hrs)	TM1
5/31-6/22	Therapeutic Massage Level 2 (50 hrs)	TM1	11/13-28	Therapeutic Massage Level 3 (50 hrs)	TM1 & 2
6/10-12	SansHandsFlow Massage (25 hrs)	none	11/14	Dreamy Face Sequence (8 hrs)	none
6/13-7/26	Physiology (50 hrs)	none	12/1-4	Premier Spa Indonesia (25 hrs)	TM1
6/17-25	Acupressure (50 hrs)	none	12/5-14	Deep Tissue Massage (50 hrs)	TM1, B&M
6/19-7/14	Kinesiology (25 hrs)	B&M	12/15-16	Ayurvedic Shirodhara (16 hrs)	none
6/13-8/6	Clinical Sports (Orthopedic) Massage (100 hrs)	TM1, B&M	12/16-17	Thai Herbal Steam Treatments (16 hrs)	none
7/5-31	Physiology (50 hrs)	none	12/19-21	SansHands Flow Massage (25 hrs)	TM1

We offer: **Morning Hours Mo-Fr** - **Evening & Weekend Hours** - **Combination Hours**

** some combination hours included*

Take advantage of our free informational private tours and consultations – by appointment: 515-272-4890



Scheduled Classes 2018

Form 11/16

Date	Subject (Core/Elective)	Prerequisites	Date	Subject	Prerequisites
1/2-20	Business, Marketing & Chair Massage (58 hrs)	by permission	6/29-8/4	Business, Marketing & Chair Massage (58 hrs)	by permission
1/2-23	Therapeutic Massage Level 2 (48 hrs)	TM1	6/29-7/18	Pathology (44 hrs)	none
1/8-2/11	Physiology (52 hrs)	none	7/16-25	Therapeutic Massage Level 2 (48 hrs)	TM1
1/14-18	Sound Infused Massage Therapies (24 hrs)	none	7/19-8/10	Business, Marketing & Chair Massage (58 hrs)	by permission
1/24-2/21	Therapeutic Massage Level 1 (48 hrs)	none	7/30-31	Ayurvedic Shirodhara (16 hrs)	none
1/25-19	Kinesiology (25 hrs)	B&M	8/14-10/1	Pathology (44 hrs)	none
1/30-31	Fusion 16 (16 hrs)	TM1&2, B&M	8/14-15	Thai Herbal Steam Treatments (16 hrs)	none
2/3-8	7 Chakrad Dhara – Ayurvedic Massage (48 hrs)	by permission	8/16-9/16	Traditional Thai Massage on the Mat (96 hrs)	none
2/12-21	Therapeutic Massage Level 2 (48 hrs)	TM1	8/20-21	Assessment & Bodywork Enhancement (16 hrs)	TM1&2, B&M
2/22-25	Bamboo Massage (24 hrs)	TM1, B&M	8/21-30	Acupressure (48 hrs)	none
2/26-3/20	Pathology (44 hrs)	none	9/4-24	Therapeutic Massage Level 1 (48 hrs)	none
2/26-3/14	Therapeutic Massage Level 1 (48 hrs)	none	9/7-9	Sea Shell Massage (24 hrs)	TM1
3/1-4	Neuromuscular Therapy (24 hrs)	TM1, B&M	9/17-26	Positional Release Therapy (48 hrs)	TM1, B&M
3/8-11	Hydrotherapy (24 hrs)	TM1	9/25	Move Freely – Hips & Pelvis (8 hrs)	TM1, B&M
3/19	Soothing Belly Work – Abdominal Massage (8 hrs)	TM1, Phys	9/26-10/23	Therapeutic Massage Level 2 (48 hrs)	TM1
3/21-30	Lymphatic Drainage Massage (48 hrs)	none	9/28-30	SansHandsFlow Massage (24 hrs)	none
3/31-4/9	Shiatsu (Japanese Massage) (48 hrs)	none	10/2-30	Bones & Muscles (52 hrs)	none
4/9-5/1	Therapeutic Massage Level 2 (48 hrs)	TM1	10/5-13	Therapeutic Massage Level 1 (48 hrs)	none
4/10-5/31	Bones & Muscles (52 hrs)	none	10/5-11/2	Bones & Muscles (52 hrs)	none
4/13-15	Thai Massage on the Table (24 hrs)	none	10/17-26	Therapeutic Massage Level 2 (48 hrs)	TM1
4/17-21	Geriatric (Elderly) Massage (24 hrs)	TM1, Phys, Path	10/30	Stand Your Ground – Legs & Feet (8 hrs)	TM1
4/26-29	Hot Stone LomiLomi (24 hrs)	TM1	10/31-11/9	Myofascial Therapy (48 hrs)	TM1, B&M
5/2-30	Physiology (52 hrs)	none	11/5-20	Kinesiology (28 hrs)	B&M
5/4-12	Hot & Cold Stone Therapy (48 hrs)	TM1	11/6-7	Massage for Oncology & Hospice Care (16 hrs)	TM1, Phys, Path
5/14-6/10	Kinesiology (28 hrs)	B&M	11/10-13	Premier Spa Indonesia (24 hrs)	TM1
5/17-20	Lulur - Balinese Massage (24 hrs)	none	11/14-28	Therapeutic Massage Level 3 (48 hrs)	TM1 & 2
5/23	I've Got Your Back – Spec. Back Techn. (8 hrs)	TM1, B&M	11/27	Ease the Load – Shoulders & Arms (8 hrs)	TM1
5/21-29	Clinical Aromatherapy & Massage (48 hrs)	none	11/30-12/31	Kinesiology (28 hrs)	B&M
5/30-6/8	Foot Reflexology (48 hrs)	none	12/4-5	Pulsing (16 hrs)	none
6/11-20	Therapeutic Massage Level 1 (48 hrs)	none	12/6-9	Barefoot Bars Deep Tissue (32 hrs)	by permission
6/11-20	Therapeutic Massage Level 3 (48 hrs)	TM1 & 2	12/10-11	Rebalancing (16 hrs)	none
6/21-7/29	Clinical Sports (Orthopedic) Massage (96 hrs)	TM1, B&M	12/12-19	Deep Tissue Massage (48 hrs)	TM1, B&M
6/25-8/2	Physiology (52 hrs)	none			

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