



Scheduled Classes 2022

Form 082721

| Date | Subject (Core/Elective) | Prerequisites |
|-----------|---|-------------------|
| 1/3-2/11 | Pathology (44 hrs) | Physiology |
| 1/5-14 | Hot & Cold Stone Therapy (48 hrs) | TM1 |
| 1/15-16 | Thai Herbal Spa (16 hrs) | TM1 |
| 1/20-23 | Clinical Hydrotherapy (24 hrs) | TM1 or equivalent |
| 1/27-2/5 | Therapeutic Massage Level 1 (52 hrs) | none |
| 2/6-8 | Premier Spa Indonesia (16 hrs) | TM1 or equivalent |
| 2/12-20 | Therapeutic Massage Level 2 (52 hrs) | TM1 |
| 2/21 | Embracing Life – Arms, Wrists, Hands (8 hrs) | TM1, B&M |
| 2/22 | Ease the Load: Shoulders (8 hrs) | TM1&2, B&M |
| 2/23-3/23 | Anatomy: Bones & Muscles (48 hrs) | none |
| 2/26-3/13 | Therapeutic Massage Level 3 (52 hrs) | TM1&2 |
| 3/11-14 | Thai Foot Massage (24 hrs) | none |
| 3/15-19 | Bamboo Massage (24 hrs) | TM1, B&M |
| 3/24 | Relax – Ear & Hand Reflexology (8 hrs) | none |
| 3/25-27 | SansHandsFlow Massage (24 hrs) | TM1 |
| 3/28-4/5 | Biz 32 (32 hrs) | by permission |
| 4/1-2 | Biz 8/4 (12 hrs) | by permission |
| 4/6 | Soothing Belly Work – Abdominal Massage (8 hrs) | TM1, Phys |
| 4/7-10 | European Spa Specialties (24 hrs) | TM1 or equivalent |
| 4/11-13 | Biz 12 (12 hrs) | none |
| 4/14-19 | Neuromuscular Therapy (24 hrs) | TM1, B&M |
| 4/20-6/2 | Physiology (56 hrs) | none |
| 4/23-24 | Fusion 16 (16 hrs) | TM1&2, B&M |
| 4/25-28 | Reiki Master Course (16 hrs) | Reiki Intensive |
| 4/29-5/7 | Lymphatic Drainage Massage (48 hrs) | none |
| 5/12-21 | Therapeutic Massage Level 1 (52 hrs) | none |
| 5/22 | Dreamy Face Sequence (8 hrs) | none |
| 5/24-27 | Hot Stone Reflexology (16 hrs) | none |
| 5/28-30* | Hot Stone LomiLomi (24 hrs) | TM1 |
| 5/31 | Crazy Good Neck Work – Version I (8 hrs) | TM1&2, B&M |
| 6/3-11 | Maternity & Infant Massage (48 hrs) | TM1 |
| 6/12-25 | Therapeutic Massage Level 2 (52 hrs) | TM1 |
| 6/17-19 | Thai Massage on the Table (24 hrs) | none |
| 6/26-7/13 | Pathology (44 hrs) | Physiology |
| 6/28 | Move Freely – Hips & Pelvis (8 hrs) | TM1&2, B&M |
| 6/30-8/7 | Clinical Orthopedic Massage (96 hrs) | TM1, B&M |

| Date | Subject (Core/Elective) | Prerequisites |
|------------|--|---------------------|
| 7/8 | Your Crown & Glory: Head Massage (8 hrs) | none |
| 7/9-10 | Rock to Relax: Pulsing (16 hrs) | none |
| 7/14-8/14 | Traditional Thai Massage on the Mat (96 hrs) | none |
| 7/18-8/16 | Kinesiology (52 hrs) | B&M |
| 7/20 | I've Got Your Back – Spec. Back Techn. (8 hrs) | TM1, B&M |
| 8/17-26 | Clinical Aromatherapy & Massage (48 hrs) | TM1 / by permission |
| 8/27-28 | Rock to Relax: Rebalancing (16 hrs) | none |
| 8/29 | Stand Your Ground – Legs & Feet (8 hrs) | TM1, B&M |
| 8/30-9/7* | Acupressure (48 hrs) | none |
| 9/8-11 | Barefoot Bars Deep Tissue (32 hrs) | by permission |
| 9/12-21 | Positional Release Therapy (48 hrs) | TM1, B&M |
| 9/22-25 | Craniosacral Therapy (24 hrs) | by permission |
| 9/26-10/9 | Therapeutic Massage Level 1 (52 hrs) | none |
| 10/1-3* | Geriatric (Elderly) Massage (24 hrs) | TM1 |
| 10/10 | Crazy Good Neck Work – Version II (8 hrs) | TM1&2, B&M |
| 10/11-11/2 | Anatomy: Bones & Muscles (48 hrs) | none |
| 10/15-16 | Massage for Oncology & Hospice Care (16 hrs) | TM1&2, Phys, Path |
| 10/17 | Himalayan Salt Stone Massage (8 hrs) | TM1 |
| 10/21-29 | Foot Reflexology (48 hrs) | none |
| 11/3-5 | Sound Infused Massage Therapies (16 hrs) | TM1 |
| 11/6-15 | Therapeutic Massage Level 2 (52 hrs) | TM1 |
| 11/16 | Intuitive Hands-On Energy Work (8 hrs) | by permission |
| 11/16-30 | Deep Tissue Massage (48 hrs) | TM1, B&M |
| 12/1-10 | Therapeutic Massage Level 3 (48 hrs) | TM2 |
| 12/11-12* | Ayurvedic Shirodhara (16 hrs) | none |
| 12/13-22 | Myofascial Therapy (48 hrs) | TM1, B&M |

Year: 2023

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|---------|----------------------------|---------------|
| 1/3-23 | Kinesiology (52 hrs) | B&M |
| 1/6-15 | Biz 32 (32 hrs) | by permission |
| 1/13-14 | Biz 8/4 (12 hrs) | by permission |
| 1/20-21 | Biz 12 (12 hrs) | none |
| 2/4-5 | Sea Shell Massage (16 hrs) | TM1 |

We offer: **Morning Hours Mo-Fr** - **Evening & Weekend Hours** - **Combination Hours**

** some combination hours included*

FREE informational private tours and consultations by appointment: 515-727-4890