



Scheduled Classes 2024

010623

Date	Subject (Core/Elective)	Prerequisites	Date	Subject (Core/Elective)	Prerequisites
1/5-19	Business, Marketing & Chair Massage (56 hrs)	by permission	8/9	Your Crown & Glory: Head Massage (8 hrs)	none
1/11-14	Craniosacral Therapy Level 2 (24 hrs)	Level 1	8/10-11	Rock to Relax: Pulsing (16 hrs)	none
1/16	Embracing Life – Arms, Wrists, Hands (8 hrs)	TM1, B&M	8/12-21	Clinical Aromatherapy & Massage (48 hrs)	TM1 / by permission
1/18-27	Therapeutic Massage Level 1 (52 hrs)	none	8/22-9/22	Traditional Thai Massage on the Mat (96 hrs)	none
1/28-2/5	Foot Reflexology (48 hrs)	none	8/26	Stretching – Tai Chi – Qigong - UB (8 hrs)	TM1, B&M
2/6-16	Therapeutic Massage Level 2 (52 hrs)	TM1	8/31-9/2	Craniosacral Therapy Level 1 (24 hrs)	by permission
2/17-18	Sea Shell Massage (16 hrs)	TM1	9/3-10/11	Physiology (56 hrs)	none
2/19-22	Reiki Intensive (16 hrs)	None	9/13	Stand Your Ground – Legs & Feet (8 hrs)	TM1, B&M
2/23-3/17	Anatomy: Bones & Muscles (48 hrs)	none	9/14-15	Rock to Relax: Rebalancing (16 hrs)	none
2/26	Ease the Load – Shoulders (8 hrs)	TM1, B&M	9/23-10/3	Therapeutic Massage Level 1 (52 hrs)	none
2/27-3/2	Bamboo Massage (24 hrs)	TM1, B&M	10/4	Move Freely – Hips & Pelvis (8 hrs)	TM1&2, B&M
3/5	Relax – Ear & Hand Reflexology (8 hrs)	none	10/5-6	Sound Infused Massage Therapies (16 hrs)	TM1
3/6-15	Hot & Cold Stone Therapy (48 hrs)	TM1	10/12-20	Therapeutic Massage Level 2 (52 hrs)	TM1
3/18-31	Therapeutic Massage Level 3 (52 hrs)	TM2	10/21	I've Got Your Back – Spec. Back Techn. (8 hrs)	TM1, B&M
3/22-24	SansHandsFlow Massage (24 hrs)	TM1	10/21-30	Acupressure (48 hrs)	none
4/1-24	Physiology (56 hrs)	none	10/31-11/3	Barefoot Bars Deep Tissue (32 hrs)	by permission
4/4-7	Neuromuscular Therapy (24 hrs)	TM1, B&M	11/4-13	Myofascial Therapy (48 hrs)	TM1, B&M
4/8	Soothing Belly Work – Abdominal Massage (8 hrs)	TM1, Phys	11/14-12/9	Business, Marketing & Chair Massage (56 hrs)	by permission
4/13-14	Thai Herbal Spa (16 hrs)	none	11/17-19	Geriatric (Elderly) Massage (24 hrs)	TM1
4/18-21	Clinical Hydrotherapy (24 hrs)	TM1	11/20	Crazy Good Neck Work – Version II (8 hrs)	TM1&2, B&M
4/25-28	Thai Foot Massage (24 hrs)	none	11/24-26	Premier Spa Indonesia (16 hrs)	TM1 or equivalent
4/29-5/24	Kinesiology (52 hrs)	B&M	12/1-1/2/25	Kinesiology (52 hrs)	B&M
5/3-11	Maternity & Infant Massage (48 hrs)	TM1	12/13-21	Deep Tissue Massage (48 hrs)	TM1, B&M
5/16-19	Hot Stone LomiLomi (24 hrs)	TM1	12/16	Himalayan Salt Stone Massage (8 hrs)	TM1
5/20	Dreamy Face Sequence (8 hrs)	none	Courses Early Year 2025:		
5/25-26	Hot Stone Reflexology (16 hrs)	none	1/3-11	Positional Release Therapy (48 hrs)	TM1, B&M
5/27	Crazy Good Neck Work – Version I (8 hrs)	TM1&2, B&M	1/12-21	Therapeutic Massage Level 1 (52 hrs)	none
5/28-6-7	Therapeutic Massage Level 1 (52 hrs)	none	1/13-29	Pathology (44 hrs)	Physiology
6/8-11	European Spa Specialties (24 hrs)	TM1	1/24	Intuitive Hands-On Energy Work (8 hrs)	by permission
6/12-7/3	Pathology (44 hrs)	Physiology	1/25-26	Ayurvedic Shirodhara (16 hrs)	none
6/15-16	Fusion 16 (16 hrs)	TM1&2, B&M	1/30-2/1	Massage for Oncology & Hospice Care (16 hrs)	TM1&2, Phys, Path
6/20-6/29	Therapeutic Massage Level 2 (52 hrs)	TM1	2/2-11	Therapeutic Massage Level 3 (52 hrs)	TM2
7/1	Stretching – Tai Chi – Qigong - LB (8 hrs)	TM1, B&M	2/12	Ease the Load – Shoulders (8 hrs)	TM1, B&M
7/4-8/4	Clinical Sports (Orthopedic) Massage (96 hrs)	TM1, B&M			
7/8-17	Lymphatic Drainage Massage (48 hrs)	none			
7/22-8/30	Anatomy: Bones & Muscles (48 hrs)	none			
7/26-28	Thai Massage on the Table (24 hrs)	none			
8/5-8	Reiki Master Course (16 hrs)	Reiki Intensive			

We offer: **Morning Hours Mo-Fr** - **Evening & Weekend Hours** - **Combination Hours**

** some combination hours included*

FREE informational private tours and consultations by appointment: 515-727-4890