

# December 2017

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday  |
|---|--|--|--|--|--|---|
| 26  | 27<br>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3 | 28<br>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3                       | 29<br>5:45 PM – 9:45 PM E: Ki-nesiology  | 30<br>5:45 PM – 9:45 PM E: Ki-nesiology  | 1  | 2<br>8:30 AM – 5:30 PM E: Premier Spa Indonesia         |
| 3<br>8:30 AM – 5:30 PM E: Premier Spa Indonesia | 4  | 5<br>5:45 PM – 9:45 PM E: Deep Tissue Massage                                      | 6<br>5:45 PM – 9:45 PM E: Deep Tissue Massage                                      | 7<br>5:45 PM – 9:45 PM E: Deep Tissue Massage                                      | 8<br>5:45 PM – 9:45 PM E: Deep Tissue Massage                                      | 9<br>8:30 AM – 5:30 PM E: Deep Tissue Massage           |
| 10<br>8:30 AM – 5:30 PM E: Deep Tissue Massage  | 11<br>5:45 PM – 9:45 PM E: Deep Tissue Massage               | 12<br>5:45 PM – 9:45 PM E: Deep Tissue Massage                                     | 13<br>5:45 PM – 9:45 PM E: Deep Tissue Massage                                     | 14<br>5:45 PM – 9:45 PM E: Deep Tissue Massage                                     | 15<br>8:30 AM – 5:30 PM C: Shiro – Ayurvedic Shirodhara                            | 16<br>8:30 AM – 5:30 PM C: Shiro – Ayurvedic Shirodhara |
| 17<br>8:30 AM – 5:30 PM C: Thai Spa             | 18<br>8:30 AM – 5:30 PM C: Thai Spa                          | 19   | 20   | 21   | 22   | 23  |
| 24  | 25<br>Christmas Day  | 26   | 27   | 28   | 29   | 30  |
| 31  | 1<br>New Year's Day  | 2<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 12 | 3<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 12 | 4<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 12 | 5<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 32 | 6<br>8:30 AM – 5:30 PM E: Biz 32                        |

# January 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|--|---|---|---|---|--|--|
| 31   | 1<br><span style="background-color: #FFD700; padding: 2px;">New Year's Day</span>   | 2<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 12      | 3<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 12      | 4<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 12      | 5<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 32   | 6<br>8:30 AM – 5:30 PM E: Biz 32                             |
| 7<br>8:30 AM – 5:30 PM E: Biz 32                             | 8<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Physiology  | 9<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Physiology  | 10<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Physiology | 11<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Physiology | 12<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 32  | 13<br>8:30 AM – 5:30 PM E: Biz 32                            |
| 14   | 15<br><span style="background-color: #FFD700; padding: 2px;">Martin Luther King, Jr. Day</span><br>5:45 PM – 9:45 PM E: Sound Infused Massage Therapies | 16<br>5:45 PM – 9:45 PM E: Sound Infused Massage Therapies                              | 17<br>5:45 PM – 9:45 PM E: Sound Infused Massage Therapies                              | 18<br>5:45 PM – 9:45 PM E: Sound Infused Massage Therapies                              | 19<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Biz 8/4   | 20<br>8:30 AM – 5:30 PM E: Biz 8/4                           |
| 21<br>8:30 AM – 5:30 PM E: Physiology                        | 22<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Physiology   | 23<br>8:45 AM – D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Physiology | 24<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1                            | 25<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1                            | 26<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1   | 27<br>8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1 |
| 28<br>8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1 | 29<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1  | 30<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1                            | 31<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1                            | 1<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1                             | 2<br><span style="background-color: #FFD700; padding: 2px;">Groundhog Day</span><br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 3  |

# February 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|--|---|--|--|---|---|--|
| 28<br>8:30 AM – 5:30 PM E: TM1<br>– Therapeutic Massage<br>Level 1 | 29<br>5:45 PM – 9:45 PM E: TM1<br>– Therapeutic Massage<br>Level 1                              | 30<br>5:45 PM – 9:45 PM E: TM1<br>– Therapeutic Massage<br>Level 1                           | 31<br>5:45 PM – 9:45 PM E: TM1<br>– Therapeutic Massage<br>Level 1                           | 1<br>5:45 PM – 9:45 PM E: TM1<br>– Therapeutic Massage<br>Level 1   | 2<br><b>Groundhog Day</b><br>5:45 PM – 9:45 PM E: TM1<br>– Therapeutic Massage<br>Level 1                   | 3  |
| 4  | 5   | 6  | 7  | 8   | 9<br>5:45 PM – 9:45 PM E: Phys-<br>iology   | 10<br>8:30 AM – 5:30 PM E: Physi-<br>ology                         |
| 11<br>8:30 AM – 5:30 PM E: Physi-<br>ology                         | 12<br><b>Lincoln's Birthday</b><br>5:45 PM – 9:45 PM E: TM2<br>– Therapeutic Massage<br>Level 2 | 13<br>5:45 PM – 9:45 PM E: TM2<br>– Therapeutic Massage<br>Level 2                           | 14<br><b>Valentine's Day</b><br>5:45 PM – 9:45 PM E: TM2<br>– Therapeutic Massage<br>Level 2 | 15<br>5:45 PM – 9:45 PM E: TM2<br>– Therapeutic Massage<br>Level 2  | 16<br>5:45 PM – 9:45 PM E: TM2<br>– Therapeutic Massage<br>Level 2  | 17<br>8:30 AM – 5:30 PM E: TM2<br>– Therapeutic Massage<br>Level 2 |
| 18<br>8:30 AM – 5:30 PM E: TM2<br>– Therapeutic Massage<br>Level 2 | 19<br><b>Presidents' Day</b><br>5:45 PM – 9:45 PM E: TM2<br>– Therapeutic Massage<br>Level 2    | 20<br>5:45 PM – 9:45 PM E: TM2<br>– Therapeutic Massage<br>Level 2                           | 21<br>5:45 PM – 9:45 PM E: TM2<br>– Therapeutic Massage<br>Level 2                           | 22<br><b>Washington's Birthday</b><br>5:45 PM – 9:45 PM E:<br>Bamboo Massage                                | 23<br>5:45 PM – 9:45 PM E:<br>Bamboo Massage  | 24<br>8:30 AM – 5:30 PM E:<br>Bamboo Massage                       |
| 25<br>8:30 AM – 5:30 PM E:<br>Bamboo Massage                       | 26<br>5:45 PM – 9:45 PM E:<br>Pathogy   | 27<br>8:45 AM – D: TM1 – Thera-<br>peutic Massage Level 1<br>5:45 PM – 9:45 PM E:<br>Pathogy | 28<br>8:45 AM – D: TM1 – Thera-<br>peutic Massage Level 1<br>5:45 PM – 9:45 PM E:<br>Pathogy | 1<br>8:45 AM – D: TM1 – Thera-<br>peutic Massage Level 1<br>5:45 PM – 9:45 PM E: Neu-<br>romuscular Massage | 2<br>8:45 AM – D: TM1 – Thera-<br>peutic Massage Level 1<br>5:45 PM – 9:45 PM E: Neu-<br>romuscular Massage | 3<br>8:30 AM – 5:30 PM E:<br>Neuromuscular Massage                 |

# March 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|--|--|--|--|---|---|--|
| 25<br>8:30 AM – 5:30 PM E: Bamboo Massage                                  | 26<br>5:45 PM – 9:45 PM E: Pathogy   | 27<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Pathogy | 28<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Pathogy | 1<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Neuromuscular Massage | 2<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Neuromuscular Massage | 3<br>8:30 AM – 5:30 PM E: Neuromuscular Massage  |
| 4<br>8:30 AM – 5:30 PM E: Neuromuscular Massage                            | 5<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Pathogy                | 6<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Pathogy  | 7<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Pathogy  | 8<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Hydrotherapy          | 9<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Hydrotherapy          | 10<br>8:30 AM – 5:30 PM E: Hydrotherapy  |
| 11<br>Daylight Saving Time Begins<br>8:30 AM – 5:30 PM E: Hydrotherapy     | 12<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Pathogy               | 13<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Pathogy | 14<br>8:45 AM – D: TM1 – Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM E: Pathogy | 15<br>8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!!                        | 16<br>8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!!                        | 17<br>St Patrick's Day<br>8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!! |
| 18<br>8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!! | 19<br>8:30 AM – 5:30 PM C: Soothing Belly Work – Abdominal Massage<br>5:45 PM – 9:45 PM E: Pathogy | 20<br>5:45 PM – 9:45 PM E: Pathogy   | 21<br>5:45 PM – 9:45 PM E: Lymphatic Drainage Massage                                | 22<br>5:45 PM – 9:45 PM E: Lymphatic Drainage Massage   | 23<br>5:45 PM – 9:45 PM E: Lymphatic Drainage Massage   | 24<br>8:30 AM – 5:30 PM E: Lymphatic Drainage Massage  |
| 25<br>8:30 AM – 5:30 PM E: Lymphatic Drainage Massage                      | 26<br>5:45 PM – 9:45 PM E: Lymphatic Drainage Massage  | 27<br>5:45 PM – 9:45 PM E: Lymphatic Drainage Massage                                | 28<br>5:45 PM – 9:45 PM E: Lymphatic Drainage Massage                                | 29<br>5:45 PM – 9:45 PM E: Lymphatic Drainage Massage   | 30<br>5:45 PM – 9:45 PM E: Lymphatic Drainage Massage   | 31   |

# April 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|--|---|---|---|---|---|--|
| 1<br><span style="background-color: #FFD700; border: 1px solid black; padding: 2px;">April Fools Day</span><br><span style="background-color: #FFD700; border: 1px solid black; padding: 2px;">Easter</span> | 2<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2  | 3<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2  | 4<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2  | 5<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2  | 6<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2                              | 7  |
| 8  | 9<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2  | 10<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E/W: Bones & Muscles   | 11<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E/W: Bones & Muscles                   | 12<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E/W: Bones & Muscles           | 13<br>8:30 AM – 5:30 PM C: ToT – Thai Massage on the Table                                | 14<br>8:30 AM – 5:30 PM C: ToT – Thai Massage on the Table |
| 15<br>8:30 AM – 5:30 PM C: ToT – Thai Massage on the Table   | 16<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Bones & Muscles | 17<br><span style="background-color: #FFD700; border: 1px solid black; padding: 2px;">Tax Day</span><br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Geriatric (Elderly) Massage | 18<br>8:30 AM 5:30 PM C: I've Got Your Back – Special Back Techniques<br>5:45 PM – 9:45 PM E: Geriatric (Elderly) Massage | 19<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Geriatric (Elderly) Massage | 20<br>5:45 PM – 9:45 PM E: Geriatric (Elderly) Massage                                    | 21<br>8:30 AM – 5:30 PM E: Geriatric (Elderly) Massage     |
| 22<br><span style="background-color: #FFD700; border: 1px solid black; padding: 2px;">Earth Day</span><br>8:30 AM – 5:30 PM E: Bones & Muscles   | 23<br>5:45 PM – 9:45 PM E: Bones & Muscles  | 24<br>5:45 PM – 9:45 PM E: Bones & Muscles  | 25<br>5:45 PM – 9:45 PM E: Bones & Muscles  | 26<br>5:45 PM – 9:45 PM E: LomiLomi – Hot Stone LomiLomi  | 27<br>5:45 PM – 9:45 PM E: LomiLomi – Hot Stone LomiLomi                                  | 28<br>8:30 AM – 5:30 PM E: LomiLomi – Hot Stone LomiLomi   |
| 29<br>8:30 AM – 5:30 PM E: LomiLomi – Hot Stone LomiLomi   | 30<br>5:45 PM – 9:45 PM E: Bones & Muscles  | 1<br>5:45 PM – 9:45 PM E: Bones & Muscles   | 2<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Bones & Muscles  | 3<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Bones & Muscles                                  | 4<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy | 5<br>8:30 AM – 5:30 PM E: Hot & Cold Stone Therapy         |

# May 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|--|--|---|--|--|--|---|
| 29<br>8:30 AM – 5:30 PM E: LomiLomi – Hot Stone LomiLomi | 30<br>5:45 PM – 9:45 PM E: Bones & Muscles   | 1<br>5:45 PM – 9:45 PM E: Bones & Muscles   | 2<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Bones & Muscles | 3<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Bones & Muscles             | 4<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy    | 5<br>8:30 AM – 5:30 PM E: Hot & Cold Stone Therapy    |
| 6<br>8:30 AM – 5:30 PM E: Hot & Cold Stone Therapy       | 7<br>5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy   | 8<br>5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy  | 9<br>5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy                               | 10<br>5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy  | 11<br>5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy  | 12<br>8:30 AM – 5:30 PM E: Hot & Cold Stone Therapy   |
| 13<br><b>Mother's Day</b>                                | 14<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Kinesiology                | 15<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Kinesiology   | 16<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Kinesiology    | 17<br>8:45 AM – 12:45 PM D: Physiology 52  | 18<br>8:30 AM – 5:30 PM C: Thai Foot Massage   | 19<br>8:30 AM – 5:30 PM C: Thai Foot Massage          |
| 20<br>8:30 AM – 5:30 PM C: Thai Foot Massage             | 21<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage | 22<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage                                      | 23<br>5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage                            | 24<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage | 25<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage | 26<br>8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage |
| 27<br>8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage    | 28<br><b>Memorial Day</b><br>8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage                 | 29<br><b>John F. Kennedy's Birthday</b><br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage | 30<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Reflexology    | 31<br>5:45 PM – 9:45 PM E: Reflexology   | 1<br>5:45 PM – 9:45 PM E: Reflexology  | 2<br>8:30 AM – 5:30 PM E: Reflexology                 |

# June 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|---|---|---|---|--|---|---|
| 27<br>8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage                               | 28<br><b>Memorial Day</b><br>8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage  | 29<br><b>John F. Kennedy's Birthday</b><br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage | 30<br>8:45 AM – 12:45 PM D: Physiology 52<br>5:45 PM – 9:45 PM E: Reflexology   | 31<br>5:45 PM – 9:45 PM E: Reflexology   | 1<br>5:45 PM – 9:45 PM E: Reflexology   | 2<br>8:30 AM – 5:30 PM E: Reflexology                               |
| 3<br>8:30 AM – 5:30 PM E: Reflexology   | 4<br>5:45 PM – 9:45 PM E: Reflexology   | 5<br>5:45 PM – 9:45 PM E: Reflexology   | 6<br>5:45 PM – 9:45 PM E: Reflexology   | 7<br>5:45 PM – 9:45 PM E: Reflexology  | 8<br>5:45 PM – 9:45 PM E: Reflexology   | 9<br>8:30 AM – 5:30 PM E: Kinesiology                               |
| 10<br>8:30 AM – 5:30 PM E: Kinesiology  | 11<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 12<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1           | 13<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 14<br><b>Flag Day</b><br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 15<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 16<br>8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1        |
| 17<br><b>Father's Day</b><br>8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1 | 18<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 19<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1           | 20<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 21<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part I  | 22<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part I   | 23<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part I |
| 24<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part I                 | 25<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: Physiology                        | 26<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: Physiology                                  | 27<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: Physiology                        | 28<br>8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM E: Physiology   | 29<br>8:45 AM – 12:45 PM D: Pathology 44  | 30  |

# July 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|---|--|--|--|---|---|---|
| 1<br>8:30 AM – 5:30 PM E: Physiology                                  | 2<br>8:45 AM – 12:45 PM D: Pathology 44<br>5:45 PM – 9:45 PM E: Physiology                         | 3<br>8:45 AM – 12:45 PM D: Pathology 44<br>5:45 PM – 9:45 PM E: Physiology                         | 4<br>Independence Day  | 5<br>8:45 AM – 12:45 PM D: Pathology 44                               | 6<br>8:45 AM – 12:45 PM D: Pathology 44                               | 7   |
| 8   | 9<br>8:45 AM – 12:45 PM D: Pathology 44  | 10<br>8:45 AM – 12:45 PM D: Pathology 44   | 11<br>8:45 AM – 12:45 PM D: Pathology 44<br>5:45 PM – 9:45 PM E: Physiology                        | 12<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part II  | 13<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part II  | 14<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part II  |
| 15<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part II  | 16<br>8:45 AM – 12:45 PM D: Pathology 44<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 17<br>8:45 AM – 12:45 PM D: Pathology 44<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 18<br>8:45 AM – 12:45 PM D: Pathology 44<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 19<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2          | 20<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2          | 21<br>8:30 AM – 5:30 PM E: TM2 – Therapeutic Massage Level 2          |
| 22<br>8:30 AM – 5:30 PM E: TM2 – Therapeutic Massage Level 2          | 23<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2                                       | 24<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2                                       | 25<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2                                       | 26<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part III | 27<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part III | 28<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part III |
| 29<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part III | 30<br>8:30 AM – 5:30 PM C: Shiro – Ayurvedic Shirodhara<br>5:45 PM – 9:45 PM E: Physiology         | 31<br>8:30 AM – 5:30 PM C: Shiro – Ayurvedic Shirodhara<br>5:45 PM – 9:45 PM E: Physiology         | 1<br>5:45 PM – 9:45 PM E: Physiology   | 2<br>5:45 PM – 9:45 PM E: Physiology                                  | 3   | 4   |



# August 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday  | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |
|---|---|---|--|---|--|--|
| 29<br>8:30 AM – 5:30 PM C: Cl. Sports (Orthopedic) Massage – Part III | 30<br>8:30 AM – 5:30 PM C: Shi-ro – Ayurvedic Shirodhara<br>5:45 PM – 9:45 PM E: Physiology                       | 31<br>8:30 AM – 5:30 PM C: Shi-ro – Ayurvedic Shirodhara<br>5:45 PM – 9:45 PM E: Physiology | 1<br>5:45 PM – 9:45 PM E: Physiology   | 2<br>5:45 PM – 9:45 PM E: Physiology                        | 3  | 4  |
| 5<br>8:30 AM – 5:30 PM E: TM3 – Therapeutic Massage Level 3           | 6<br>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3   | 7<br>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3                                 | 8<br>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3                                    | 9<br>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3 | 10<br>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3 | 11<br>8:30 AM – 5:30 PM E: TM3 – Therapeutic Massage Level 3 |
| 12<br>8:30 AM – 5:30 PM E: TM3 – Therapeutic Massage Level 3          | 13<br>8:30 AM – 5:30 PM C: Thai Herbal Steam Treatments<br>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3 | 14<br>8:30 AM – 5:30 PM C: Thai Herbal Steam Treatments<br>5:45 PM – 9:45 PM E: Pathology   | 15<br>8:30 AM – 5:30 PM – Crazy Good Neck Work – Version Two<br>5:45 PM – 9:45 PM E: Pathology | 16<br>8:30 AM 5:30 PM C: Trad. Thai Massage – Part I        | 17<br>8:30 AM 5:30 PM C: Trad. Thai Massage – Part I         | 18<br>8:30 AM 5:30 PM C: Trad. Thai Massage – Part I         |
| 19<br>8:30 AM 5:30 PM C: Trad. Thai Massage – Part I                  | 20<br>5:45 PM – 9:45 PM E: Pathology  | 21<br>5:45 PM – 9:45 PM E: Acupressure  | 22<br>5:45 PM – 9:45 PM E: Acupressure   | 23<br>5:45 PM – 9:45 PM E: Acupressure                      | 24<br>5:45 PM – 9:45 PM E: Acupressure                       | 25<br>8:30 AM – 5:30 PM E: Acupressure                       |
| 26<br>8:30 AM – 5:30 PM E: Acupressure                                | 27<br>5:45 PM – 9:45 PM E: Acupressure  | 28<br>5:45 PM – 9:45 PM E: Acupressure  | 29<br>5:45 PM – 9:45 PM E: Acupressure   | 30<br>5:45 PM – 9:45 PM E: Acupressure                      | 31<br>8:30 AM – 5:30 PM C: Trad. Thai Massage – Part II      | 1<br>8:30 AM – 5:30 PM C: Trad. Thai Massage – Part II       |

# September 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
|--|---|---|---|---|---|---|
| 26<br>8:30 AM – 5:30 PM E: Acu-<br>pressure                    | 27<br>5:45 PM – 9:45 PM E: Acu-<br>pressure   | 28<br>5:45 PM – 9:45 PM E: Acu-<br>pressure   | 29<br>5:45 PM – 9:45 PM E: Acu-<br>pressure   | 30<br>5:45 PM – 9:45 PM E: Acu-<br>pressure   | 31<br>8:30 AM – 5:30 PM C:<br>Trad. Thai Massage – Part II  | 1<br>8:30 AM – 5:30 PM C:<br>Trad. Thai Massage – Part II         |
| 2<br>8:30 AM – 5:30 PM C:<br>Trad. Thai Massage – Part II      | 3<br>Labor Day<br>8:30 AM – 5:30 PM C:<br>Trad. Thai Massage – Part II  | 4<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E:<br>Pathology             | 5<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E:<br>Pathology             | 6<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E:<br>Pathology             | 7   | 8<br>8:30 AM – 5:30 PM C: Sea<br>Shell Massage                    |
| 9<br>8:30 AM – 5:30 PM C: Sea<br>Shell Massage                 | 10<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E:<br>Pathology            | 11<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E:<br>Pathology            | 12<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E:<br>Pathology            | 13<br>8:30 AM – 5:30 PM C:<br>Trad. Thai Massage – Part<br>III  | 14<br>8:30 AM – 5:30 PM C:<br>Trad. Thai Massage – Part<br>III  | 15<br>8:30 AM – 5:30 PM C:<br>Trad. Thai Massage – Part<br>III    |
| 16<br>8:30 AM – 5:30 PM C:<br>Trad. Thai Massage – Part<br>III | 17<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E: Posi-<br>tional Release | 18<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E: Posi-<br>tional Release | 19<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E: Posi-<br>tional Release | 20<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E: Posi-<br>tional Release | 21<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E: Posi-<br>tional Release | 22<br>8:30 AM – 5:30 PM E: Po-<br>sitional Release                |
| 23<br>8:30 AM – 5:30 PM E: Po-<br>sitional Release             | 24<br>8:45 AM – 12:45 PM D:<br>TM1 – Therapeutic Mas-<br>sage Level 1<br>5:45 PM – 9:45 PM E: Posi-<br>tional Release | 25<br>8:30 AM – 5:30 PM C:<br>Move Freely – Hips & Pelvis<br>5:45 PM – 9:45 PM E: Posi-<br>tional Release             | 26<br>8:45 AM – 12:45 PM D:<br>TM2 – Therapeutic Mas-<br>sage Level 2<br>5:45 PM – 9:45 PM E: Posi-<br>tional Release | 27<br>8:45 AM – 12:45 PM D:<br>TM2 – Therapeutic Mas-<br>sage Level 2<br>5:45 PM – 9:45 PM E:<br>Pathology            | 28<br>8:30 AM – 5:30 PM C: San-<br>sHands   | 29<br>8:30 AM – 5:30 PM C: San-<br>sHands                         |
| 30<br>8:30 AM – 5:30 PM C: San-<br>sHands                      | 1<br>8:45 AM – 12:45 PM D:<br>TM2 – Therapeutic Mas-<br>sage Level 2<br>5:45 PM – 9:45 PM E:<br>Pathology             | 2<br>8:45 AM – 12:45 PM D:<br>TM2 – Therapeutic Mas-<br>sage Level 2<br>5:45 PM – 9:45 PM E:<br>Bones & Muscles       | 3<br>8:45 AM – 12:45 PM D:<br>TM2 – Therapeutic Mas-<br>sage Level 2<br>5:45 PM – 9:45 PM E:<br>Bones & Muscles       | 4<br>8:45 AM – 12:45 PM D:<br>TM2 – Therapeutic Mas-<br>sage Level 2<br>5:45 PM – 9:45 PM E:<br>Bones & Muscles       | 5<br>8:45 AM – 12:45 PM D:<br>Bones & Muscles<br>5:45 PM – 9:45 PM E: TM1<br>– Therapeutic Massage<br>Level 1         | 6<br>8:30 AM – 5:30 PM E: TM1<br>– Therapeutic Massage<br>Level 1 |

# October 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|--|---|---|---|---|---|--|
| 30<br>8:30 AM – 5:30 PM C: San-sHands                        | 1<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Pathology                              | 2<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Bones & Muscles                    | 3<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Bones & Muscles                    | 4<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Bones & Muscles  | 5<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1  | 6<br>8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1  |
| 7<br>8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1  | 8<br><b>Columbus Day</b><br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 9<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1  | 10<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 11<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 12<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1 | 13<br>8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1 |
| 14<br>8:30 AM – 5:30 PM E: Bones & Muscles                   | 15<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: Bones & Muscles   | 16<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: Bones & Muscles                   | 17<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 18<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 19<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 20<br>8:30 AM – 5:30 PM E: TM2 – Therapeutic Massage Level 2 |
| 21<br>8:30 AM – 5:30 PM E: TM2 – Therapeutic Massage Level 2 | 22<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2                       | 23<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 24<br>8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 25<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 26<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2 | 27<br>8:30 AM – 5:30 PM E: Bones & Muscles                   |
| 28<br>8:30 AM – 5:30 PM E: Bones & Muscles                   | 29<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: Bones & Muscles   | 30<br>8:30 AM – 5:30 PM C: Stand Your Ground – Legs & Feet<br>5:45 PM – 9:45 PM E: Bones & Muscles                      | 31<br><b>Halloween</b><br>8:45 AM – 12:45 PM D: Biz 12<br>5:45 PM – 9:45 PM E: Myofascial Therapy                       | 1<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: Myofascial Therapy                 | 2<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: Myofascial Therapy                 | 3<br>8:30 AM – 5:30 PM E: Myofascial Therapy                 |

# November 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|---|--|--|--|---|---|--|
| 28<br>8:30 AM – 5:30 PM E: Bones & Muscles                                | 29<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: Bones & Muscles  | 30<br>8:30 AM – 5:30 PM C: Stand Your Ground – Legs & Feet<br>5:45 PM – 9:45 PM E: Bones & Muscles               | 31<br>Halloween<br>8:45 AM – 12:45 PM D: Biz 12<br>5:45 PM – 9:45 PM E: Myofascial Therapy       | 1<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: Myofascial Therapy | 2<br>8:45 AM – 12:45 PM D: Bones & Muscles<br>5:45 PM – 9:45 PM E: Myofascial Therapy | 3<br>8:30 AM – 5:30 PM E: Myofascial Therapy     |
| 4<br>Daylight Saving Time Ends<br>8:30 AM – 5:30 PM E: Myofascial Therapy | 5<br>8:45 AM – 12:45 PM D: Kinesiology 28<br>5:45 PM – 9:45 PM E: Myofascial Therapy | 6<br>Election Day<br>8:30 AM – C: Massage for Oncology & Hospice Care<br>5:45 PM – 9:45 PM E: Myofascial Therapy | 7<br>8:30 AM – C: Massage for Oncology & Hospice Care<br>5:45 PM – 9:45 PM E: Myofascial Therapy | 8<br>8:45 AM – 12:45 PM D: Kinesiology 28<br>5:45 PM – 9:45 PM E: Myofascial Therapy  | 9<br>8:45 AM – 12:45 PM D: Biz 12<br>5:45 PM – 9:45 PM E: Myofascial Therapy          | 10<br>8:30 AM – 5:30 PM E: Premier Spa Indonesia |
| 11<br>Veterans Day<br>8:30 AM – 5:30 PM E: Premier Spa Indonesia          | 12<br>Veterans Day (observed)<br>8:45 AM – 12:45 PM D: Kinesiology 28                | 13<br>5:30 PM – C: Ease the Load – Shoulder Work   | 14<br>8:45 AM – 12:45 PM D: Biz 12   | 15<br>8:45 AM – 12:45 PM D: Kinesiology 28  | 16<br>8:45 AM – 12:45 PM D: Biz 8/4   | 17<br>8:30 AM – 5:30 PM D: Biz 8/4               |
| 18  | 19<br>8:45 AM – 12:45 PM D: Kinesiology 28   | 20<br>8:45 AM – 12:45 PM D: Biz 32   | 21   | 22<br>Thanksgiving  | 23  | 24   |
| 25  | 26<br>8:45 AM – 12:45 PM D: Kinesiology 28   | 27<br>5:30 PM – C: Embracing Life – Arms, Wrists & Hands   | 28<br>8:45 AM – 12:45 PM D: Biz 32   | 29<br>8:45 AM – 12:45 PM D: Kinesiology 28<br>5:45 PM – 9:45 PM E: Kinesiology 28     | 30<br>8:45 AM – 12:45 PM D: Biz 32<br>5:45 PM – 9:45 PM E: Kinesiology 28             | 1<br>8:30 AM – 5:30 PM E: Kinesiology 28         |

# December 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|--|---|---|---|---|---|--|
| 25   | 26  | 27  | 28  | 29  | 30  | 1  |
|  | 8:45 AM – 12:45 PM D: Kin-nesiology 28  | 5:30 PM – C: Embracing Life – Arms, Wrists & Hands                                      | 8:45 AM – 12:45 PM D: Biz 32  | 8:45 AM – 12:45 PM D: Kin-nesiology 28<br>5:45 PM – 9:45 PM E: Kin-nesiology 28         | 8:45 AM – 12:45 PM D: Biz 32<br>5:45 PM – 9:45 PM E: Kin-nesiology 28         | 8:30 AM – 5:30 PM E: Kin-nesiology 28                                |
| 2  | 3   | 4   | 5   | 6   | 7   | 8  |
| 8:30 AM – 5:30 PM E: Kin-nesiology 28                                | 8:45 AM – 12:45 PM D: Biz 32<br>5:45 PM – 9:45 PM E: Kin-nesiology 28                   | 8:30 AM – 5:30 PM C: Rock to Relax: Pulsing   | 8:30 AM – 5:30 PM C: Rock to Relax: Pulsing   | 8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!!                    | 8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!!          | 8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!! |
| 9  | 10  | 11  | 12  | 13  | 14  | 15   |
| 8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!! | 8:30 AM – 5:30 PM C: Rock to Relax: Rebalancing   | 8:30 AM – 5:30 PM C: Rock to Relax: Rebalancing   | 8:45 AM – 12:45 PM D: Biz 32<br>5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!) | 8:45 AM – 12:45 PM D: Biz 32<br>5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!) | 5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)                       | 8:30 AM – 5:45 PM E: Deep Tissue (Attn: Longer Hours!)               |
| 16   | 17  | 18  | 19  | 20  | 21  | 22   |
| 8:30 AM – 5:45 PM E: Deep Tissue (Attn: Longer Hours!)               | 8:45 AM – 12:45 PM D: Biz 32<br>5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!) | 8:45 AM – 12:45 PM D: Biz 32<br>5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!) | 5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)                                 | 5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)                                 |   |  |
| 23   | 24  | 25  | 26  | 27  | 28  | 29   |
|  |   | Christmas Day   |   |   |   |  |
| 30   | 31  | 1   | 2   | 3   | 4   | 5  |
|  |   | New Year's Day  | 8:45 AM – 12:45 PM – Maternity & Infant Massage<br>5:45 PM – 9:45 PM – Biz 12           | 8:45 AM – 12:45 PM – Maternity & Infant Massage<br>5:45 PM – 9:45 PM – Biz 12           | 8:45 AM – 12:45 PM – Maternity & Infant Massage<br>5:45 PM – 9:45 PM – Biz 12 | 8:30 AM – 5:30 PM – Bamboo Massage                                   |

# January 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|--|--|--|--|--|
| 30   | 31  | 1<br><span style="background-color: #FFD700; padding: 2px;">New Year's Day</span>  | 2<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – Biz 12                                  | 3<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – Biz 12                                  | 4<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – Biz 12                | 5<br>8:30 AM – 5:30 PM – Bam-<br>boo Massage   |
| 6<br>8:30 AM – 5:30 PM – Bam-<br>boo Massage                     | 7<br>8:45 AM – 12:45 PM –<br>Physiology<br>5:45 PM – 9:45 PM – Bam-<br>boo Massage  | 8<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – Bam-<br>boo Massage                     | 9<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – Physi-<br>ology                         | 10<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – Physi-<br>ology                        | 11<br>8:45 AM – 12:45 PM –<br>Physiology<br>5:45 PM – 9:45 PM – Biz<br>8/4                             | 12<br>8:30 AM – 5:30 PM – Biz<br>8/4   |
| 13<br>8:30 AM – 5:30 PM – Physi-<br>ology                        | 14<br>8:30 AM – 5:30 PM – Relax:<br>Ear & Hand Reflexology<br>8:45 AM – 12:45 PM –<br>Physiology  | 15<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 16<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 17<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 18<br>8:45 AM – 12:45 PM –<br>Physiology<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 19<br>8:30 AM – 5:30 PM – TM1:<br>Therapeutic Massage Level<br>1   |
| 20<br>8:30 AM – 5:30 PM – TM1:<br>Therapeutic Massage Level<br>1 | 21<br><span style="background-color: #FFD700; padding: 2px;">Martin Luther King, Jr. Day</span><br>8:45 AM – 12:45 PM –<br>Physiology<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 22<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 23<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 24<br>8:45 AM – 12:45 PM – Ma-<br>ternity & Infant Massage<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 25<br>8:45 AM – 12:45 PM –<br>Physiology   | 26<br>8:30 AM – 5:30 PM – Hot<br>Stone Reflexology   |
| 27<br>8:30 AM – 5:30 PM – Hot<br>Stone Reflexology               | 28<br>8:45 AM – 12:45 PM –<br>Physiology  | 29<br>5:45 PM – 9:45 PM – Physi-<br>ology  | 30<br>5:45 PM – 9:45 PM – Physi-<br>ology  | 31<br>5:45 PM – 9:45 PM – Sound<br>Infused Therapies   | 1<br>8:45 AM – 12:45 PM –<br>Physiology<br>5:45 PM – 9:45 PM – Sound<br>Infused Therapies              | 2<br><span style="background-color: #FFD700; padding: 2px;">Groundhog Day</span><br>8:30 AM – 5:30 PM – Sound<br>Infused Therapies |

# February 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday   |
|--|---|--|---|---|--|--|
| 27<br>8:30 AM – 5:30 PM – Hot Stone Reflexology            | 28<br>8:45 AM – 12:45 PM – Physiology   | 29<br>5:45 PM – 9:45 PM – Physiology   | 30<br>5:45 PM – 9:45 PM – Physiology  | 31<br>5:45 PM – 9:45 PM – Sound Infused Therapies   | 1<br>8:45 AM – 12:45 PM – Physiology<br>5:45 PM – 9:45 PM – Sound Infused Therapies                | 2<br><b>Groundhog Day</b><br>8:30 AM – 5:30 PM – Sound Infused Therapies |
| 3<br>8:30 AM – 5:30 PM – Fusion 16                         | 4<br>8:30 AM – 5:30 PM – Fusion 16<br>8:45 AM – 12:45 PM – Physiology   | 5<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Physiology   | 6<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Physiology                        | 7<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Physiology  | 8<br>8:45 AM – 12:45 PM – Physiology<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2       | 9<br>8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2                |
| 10<br>8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2 | 11<br>8:45 AM – 12:45 PM – Physiology<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2                             | 12<br><b>Lincoln's Birthday</b><br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 13<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 14<br><b>Valentine's Day</b><br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 15<br>8:45 AM – 12:45 PM – Physiology<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2      | 16<br>8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2               |
| 17<br>8:30 AM – 5:30 PM – Physiology                       | 18<br><b>Presidents' Day</b><br>8:30 AM – 5:30 PM – Crazy Good Neck Work – Version One<br>8:45 AM – 12:45 PM – Physiology | 19<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Physiology  | 20<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Physiology                       | 21<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Biz 32   | 22<br><b>Washington's Birthday</b><br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Biz 32 | 23<br>8:30 AM – 5:30 PM – Biz 32   |
| 24<br>8:30 AM – 5:30 PM – Biz 32                           | 25<br>8:45 AM – 12:45 PM – Pathology  | 26<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Biz 32  | 27<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Biz 32                           | 28<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Bones & Muscles  | 1<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Hydrotherapy                            | 2<br>8:30 AM – 5:30 PM – Hydrotherapy                                    |

# March 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday   |
|--|--|---|---|---|--|--|
| 24<br>8:30 AM – 5:30 PM – Biz 32   | 25<br>8:45 AM – 12:45 PM – Pathology   | 26<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Biz 32                     | 27<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Biz 32                     | 28<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Bones & Muscles            | 1<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Hydrotherapy                | 2<br>8:30 AM – 5:30 PM – Hydrotherapy                |
| 3<br>8:30 AM – 5:30 PM – Hydrotherapy                                      | 4<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Hydrotherapy                | 5<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Bones & Muscles             | 6<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Bones & Muscles             | 7<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Bones & Muscles             | 8<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Thai Foot Massage           | 9<br>8:30 AM – 5:30 PM – Thai Foot Massage           |
| 10<br>Daylight Saving Time Begins<br>8:30 AM – 5:30 PM – Thai Foot Massage | 11<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Thai Foot Massage          | 12<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Bones & Muscles            | 13<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Bones & Muscles            | 14<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Bones & Muscles            | 15<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Lymphatic Drainage Massage | 16<br>8:30 AM – 5:30 PM – Lymphatic Drainage Massage |
| 17<br>St Patrick's Day<br>8:30 AM – 5:30 PM – Lymphatic Drainage Massage   | 18<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Lymphatic Drainage Massage | 19<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Lymphatic Drainage Massage | 20<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Lymphatic Drainage Massage | 21<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Lymphatic Drainage Massage | 22<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – Lymphatic Drainage Massage | 23<br>8:30 AM – 5:30 PM – Lymphatic Drainage Massage |
| 24<br>8:30 AM – 5:30 PM – Bones & Muscles                                  | 25<br>8:30 AM – 5:30 PM – Soothing Belly Work<br>8:45 AM – 12:45 PM – Pathology        | 26<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Bones & Muscles            | 27<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Bones & Muscles            | 28<br>8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – NMT: Neuromuscular Massage | 29<br>8:45 AM – 12:45 PM – Pathology<br>5:45 PM – 9:45 PM – NMT: Neuromuscular Massage | 30<br>8:30 AM – 5:30 PM – NMT: Neuromuscular Massage |
| 31<br>8:30 AM – 5:30 PM – NMT: Neuromuscular Massage                       | 1<br>April Fools Day<br>8:30 AM – 5:30 PM – MET: Muscle Energy Testing (Stretchg.)     | 2<br>5:45 PM – 9:45 PM – Euro Spa   | 3<br>5:45 PM – 9:45 PM – Euro Spa   | 4<br>5:45 PM – 9:45 PM – Euro Spa   | 5<br>5:45 PM – 9:45 PM – Euro Spa  | 6<br>8:30 AM – 5:30 PM – Euro Spa                    |



# April 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|--|---|---|---|--|---|--|
| 31<br>8:30 AM – 5:30 PM – NMT:<br>Neuromuscular Massage      | 1<br><b>April Fools Day</b><br>8:30 AM – 5:30 PM – MET:<br>Muscle Energy Testing<br>(Stretchg.)             | 2<br>5:45 PM – 9:45 PM – Euro<br>Spa  | 3<br>5:45 PM – 9:45 PM – Euro<br>Spa                            | 4<br>5:45 PM – 9:45 PM – Euro<br>Spa   | 5<br>5:45 PM – 9:45 PM – Euro<br>Spa  | 6<br>8:30 AM – 5:30 PM – Euro<br>Spa                         |
| 7<br>8:30 AM – 5:30 PM – Bones<br>& Muscles                  | 8<br>8:30 AM – 5:30 PM – AIS:<br>Active Isolated Stretching<br>5:45 PM – 9:45 PM –<br>Pathology             | 9<br>5:45 PM – 9:45 PM –<br>Pathology   | 10<br>5:45 PM – 9:45 PM –<br>Pathology                          | 11<br>5:45 PM – 9:45 PM – Thai<br>on the Table   | 12<br>5:45 PM – 9:45 PM – Thai<br>on the Table  | 13<br>8:30 AM – 5:30 PM – Thai<br>on the Table               |
| 14<br>8:30 AM – 5:30 PM – Thai<br>on the Table               | 15<br><b>Tax Day</b><br>8:30 AM – 5:30 PM – PNF:<br>Proprioceptive Neurom. Fa-<br>cilitat. Stretchg.        | 16<br>5:45 PM – 9:45 PM –<br>Pathology  | 17<br>5:45 PM – 9:45 PM –<br>Pathology                          | 18<br>5:45 PM – 9:45 PM –<br>Pathology   | 19<br>5:45 PM – 9:45 PM – Lomi-<br>Lomi   | 20<br>8:30 AM – 5:30 PM – Lomi-<br>Lomi                      |
| 21<br><b>Easter</b><br>8:30 AM – 5:30 PM – Lomi-<br>Lomi     | 22<br><b>Earth Day</b><br>5:45 PM – 9:45 PM – Lomi-<br>Lomi   | 23<br>5:45 PM – 9:45 PM –<br>Pathology  | 24<br>5:45 PM – 9:45 PM –<br>Pathology                          | 25<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM –<br>Pathology                          | 26<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 27<br>8:30 AM – 5:30 PM – TM1:<br>herapeutic Massage Level 1 |
| 28<br>8:30 AM – 5:30 PM – TM1:<br>herapeutic Massage Level 1 | 29<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 30<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 1<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 2<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1 | 3<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1  | 4<br>8:30 AM – 5:30 PM – TM1:<br>herapeutic Massage Level 1  |

# May 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|---|---|--|---|---|---|
| 28<br>8:30 AM – 5:30 PM – TM1:<br>herapeutic Massage Level 1     | 29<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1           | 30<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1                     | 1<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1  | 2<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1  | 3<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM1:<br>Therapeutic Massage Level<br>1        | 4<br>8:30 AM – 5:30 PM – TM1:<br>herapeutic Massage Level 1     |
| 5<br>8:30 AM – 5:30 PM –<br>Pathology                            | 6<br>8:30 AM – 5:30 PM – Shiat-<br>su (Japanese Massage)  | 7<br>8:30 AM – 5:30 PM – Shiat-<br>su (Japanese Massage)  | 8<br>8:30 AM – 5:30 PM – Shiat-<br>su (Japanese Massage)   | 9<br>8:30 AM – 5:30 PM – Shiat-<br>su (Japanese Massage)  | 10<br>8:30 AM – 5:30 PM – Shiat-<br>su (Japanese Massage)   | 11<br>8:30 AM – 5:30 PM – Shiat-<br>su (Japanese Massage)       |
| 12<br><b>Mother's Day</b>  | 13<br>8:30 AM – 5:30 PM –<br>Crown & Glory: Head Mas-<br>sage<br>5:45 PM – 9:45 PM – Geri-<br>atric (Elderly) Massage | 14<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – Geri-<br>atric (Elderly) Massage                           | 15<br>8:45 AM – 12:45 PM –<br>TM3: Therapeutic Massage<br>Level 3<br>5:45 PM – 9:45 PM – Geri-<br>atric (Elderly) Massage  | 16<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – Geri-<br>atric (Elderly) Massage       | 17<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>1:00 PM – 9:45 PM – part<br>day Geriatric (Elderly) Mas-<br>sage | 18  |
| 19<br>8:30 AM – 5:30 PM – TM2:<br>Therapeutic Massage Level<br>2 | 20<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM2:<br>Therapeutic Massage Level<br>2           | 21<br>8:45 AM – 12:45 PM –<br>TM3: Therapeutic Massage<br>Level 3<br>5:45 PM – 9:45 PM – TM2:<br>Therapeutic Massage Level<br>2 | 22<br>8:45 AM – 12:45 PM –<br>TM3: Therapeutic Massage<br>Level 3<br>5:45 PM – 9:45 PM – TM2:<br>Therapeutic Massage Level<br>2                                      | 23<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM2:<br>Therapeutic Massage Level<br>2 | 24<br>8:30 AM – 5:30 PM – Bare-<br>foot Bars Deep Tissue  | 25<br>8:30 AM – 5:30 PM – Bare-<br>foot Bars Deep Tissue        |
| 26<br>8:30 AM – 5:30 PM – Bare-<br>foot Bars Deep Tissue         | 27<br><b>Memorial Day</b><br>8:30 AM – 5:30 PM – Bare-<br>foot Bars Deep Tissue                                       | 28<br>8:30 AM – 5:30 PM –<br>Dreamy Face Sequence<br>5:45 PM – 9:45 PM – TM2:<br>Therapeutic Massage Level<br>2                 | 29<br><b>John F. Kennedy's Birthday</b><br>8:45 AM – 12:45 PM –<br>TM3: Therapeutic Massage<br>Level 3<br>5:45 PM – 9:45 PM – TM2:<br>Therapeutic Massage Level<br>2 | 30<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM2:<br>Therapeutic Massage Level<br>2 | 31<br>8:45 AM – 12:45 PM –<br>Bones & Muscles<br>5:45 PM – 9:45 PM – TM2:<br>Therapeutic Massage Level<br>2       | 1<br>8:30 AM – 5:30 PM – TM2:<br>Therapeutic Massage Level<br>2 |

# June 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |
|--|---|---|--|---|--|--|
| 26<br>8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue                             | 27<br><b>Memorial Day</b><br>8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue   | 28<br>8:30 AM – 5:30 PM – Dreamy Face Sequence<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2              | 29<br><b>John F. Kennedy's Birthday</b><br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 30<br>8:45 AM – 12:45 PM – Bones & Muscles<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2                  | 31<br>8:45 AM – 12:45 PM – Bones & Muscles<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2                                     | 1<br>8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2      |
| 2<br>8:30 AM – 5:30 PM – Sea Shell Massage                                       | 3<br>5:45 PM – 9:45 PM – Sea Shell Massage  | 4<br>5:45 PM – 9:45 PM – Sea Shell Massage  | 5<br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3                                       | 6<br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3  | 7<br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3                     | 8<br>8:30 AM – 5:30 PM – Sans-Hands Slow Flow                  |
| 9<br>8:30 AM – 5:30 PM – Sans-Hands Slow Flow                                    | 10<br>8:30 AM – 5:30 PM – Sans-Hands Slow Flow  | 11<br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3 | 12<br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3                                      | 13<br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3 | 14<br><b>Flag Day</b><br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3 | 15<br>8:30 AM – 5:30 PM – TM3: herapeutic Massage Level 3      |
| 16<br><b>Father's Day</b><br>8:30 AM – 5:30 PM – TM3: herapeutic Massage Level 3 | 17<br>8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3<br>5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3 | 18<br>8:30 AM – 5:30 PM – I've Got Your Back  | 19<br>8:30 AM – 5:30 PM – Stand Your Ground – Legs & Feet  | 20<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage  | 21<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage   | 22<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage |
| 23<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage                   | 24<br>5:45 PM – 9:45 PM – Aromatherapy  | 25<br>5:45 PM – 9:45 PM – Aromatherapy  | 26<br>5:45 PM – 9:45 PM – Aromatherapy   | 27<br>5:45 PM – 9:45 PM – Aromatherapy  | 28<br>5:45 PM – 9:45 PM – Aromatherapy   | 29<br>8:30 AM – 5:30 PM – Aromatherapy                         |
| 30<br>8:30 AM – 5:30 PM – Aromatherapy   | 1<br>5:45 PM – 9:45 PM – Aromatherapy   | 2<br>5:45 PM – 9:45 PM – Aromatherapy   | 3<br>5:45 PM – 9:45 PM – Aromatherapy  | 4<br><b>Independence Day</b>  | 5  | 6  |

# July 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|--|--|--|--|---|--|--|
| 30<br>8:30 AM – 5:30 PM – Aromatherapy                         | 1<br>5:45 PM – 9:45 PM – Aromatherapy                          | 2<br>5:45 PM – 9:45 PM – Aromatherapy  | 3<br>5:45 PM – 9:45 PM – Aromatherapy  | 4<br>Independence Day   | 5  | 6  |
| 7  | 8<br>5:45 PM – 9:45 PM – Kinesiology                           | 9<br>5:45 PM – 9:45 PM – Kinesiology   | 10<br>5:45 PM – 9:45 PM – Kinesiology  | 11<br>9:45 AM – 9:45 PM – Kinesiology   | 12<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage | 13<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage |
| 14<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage | 15<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage | 16<br>5:45 PM – 9:45 PM – Hot & Cold Stone Therapy   | 17<br>5:45 PM – 9:45 PM – Hot & Cold Stone Therapy   | 18<br>5:45 PM – 9:45 PM – Hot & Cold Stone Therapy  | 19<br>5:45 PM – 9:45 PM – Hot & Cold Stone Therapy             | 20<br>8:30 AM – 5:30 PM – Hot & Cold Stone Therapy             |
| 21<br>8:30 AM – 5:30 PM – Hot & Cold Stone Therapy             | 22<br>5:45 PM – 9:45 PM – Hot & Cold Stone Therapy             | 23<br>5:45 PM – 9:45 PM – Hot & Cold Stone Therapy   | 24<br>5:45 PM – 9:45 PM – Hot & Cold Stone Therapy   | 25<br>5:45 PM – 9:45 PM – Hot & Cold Stone Therapy  | 26<br>8:30 AM – 5:30 PM – Pulsing: Rock to Relax               | 27<br>8:30 AM – 5:30 PM – Pulsing: Rock to Relax               |
| 28<br>8:30 AM – 5:30 PM – Rebalancing: Rock to Relax           | 29<br>8:30 AM – 5:30 PM – Rebalancing: Rock to Relax           | 30<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>9:45 AM – 9:45 PM – Kinesiology | 31<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>9:45 AM – 9:45 PM – Kinesiology | 1<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>9:45 AM – 9:45 PM – Kinesiology | 2<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage  | 3<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage  |

# August 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
|---|--|---|---|---|---|---|
| 28<br>8:30 AM – 5:30 PM – Re-balancing: Rock to Relax         | 29<br>8:30 AM – 5:30 PM – Re-balancing: Rock to Relax  | 30<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>9:45 AM – 9:45 PM – Kinesiology            | 31<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>9:45 AM – 9:45 PM – Kinesiology            | 1<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>9:45 AM – 9:45 PM – Kinesiology             | 2<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage   | 3<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage |
| 4<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage | 5<br>8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage                                  | 6<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Oncology & Hospice Care | 7<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Oncology & Hospice Care | 8<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Oncology & Hospice Care | 9<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Oncology & Hospice Care | 10<br>8:30 AM – 5:30 PM – Ayurvedic Shirodhara                |
| 11<br>8:30 AM – 5:30 PM – Ayurvedic Shirodhara                | 12<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Reflexology | 13<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Reflexology            | 14<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Reflexology            | 15<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Reflexology            | 16<br>8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1<br>5:45 PM – 9:45 PM – Reflexology            | 17<br>8:30 AM – 5:30 PM – Reflexology                         |
| 18<br>8:30 AM – 5:30 PM – Reflexology                         | 19<br>8:45 AM – 12:45 PM – Kinesiology<br>5:45 PM – 9:45 PM – Reflexology                      | 20<br>5:45 PM – 9:45 PM – Reflexology   | 21<br>5:45 PM – 9:45 PM – Reflexology   | 22<br>5:45 PM – 9:45 PM – Positional Release  | 23<br>8:45 AM – 12:45 PM – Kinesiology<br>5:45 PM – 9:45 PM – Positional Release                          | 24<br>8:30 AM – 5:30 PM – Positional Release                  |
| 25<br>8:30 AM – 5:30 PM – Positional Release                  | 26<br>8:45 AM – 12:45 PM – Kinesiology<br>5:45 PM – 9:45 PM – Physiology                       | 27<br>5:45 PM – 9:45 PM – Physiology  | 28<br>5:45 PM – 9:45 PM – Physiology  | 29<br>5:45 PM – 9:45 PM – Physiology  | 30<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat   | 31<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat               |

# September 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|--|--|--|--|--|
| 1<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat             | 2<br><span style="background-color: #FFD700; padding: 2px;">Labor Day</span><br>8:30 AM – 5:30 PM – Trad. Thai on the Mat | 3<br>5:45 PM – 9:45 PM – Positional Release  | 4<br>5:45 PM – 9:45 PM – Positional Release  | 5<br>5:45 PM – 9:45 PM – Positional Release  | 6<br>8:45 AM – 12:45 PM – Kinesiology<br>5:45 PM – 9:45 PM – Positional Release                | 7<br>8:30 AM – 5:30 PM – Positional Release                |
| 8<br>8:30 AM – 5:30 PM – Physiology                        | 9<br>8:30 AM – 5:30 PM – Move Freely: Pelvis  | 10<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology                        | 11<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology                        | 12<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology                        | 13<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat  | 14<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat            |
| 15<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat            | 16<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat   | 17<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 18<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 19<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 20<br>8:45 AM – 12:45 PM – Kinesiology<br>5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 21<br>8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1 |
| 22<br>8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1 | 23<br>8:45 AM – 12:45 PM – Kinesiology<br>5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1                            | 24<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 25<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 26<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 27<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat  | 28<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat            |
| 29<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat            | 30<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat   | 1<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology                         | 2<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology                         | 3<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology                         | 4<br>8:45 AM – 12:45 PM – Kinesiology<br>5:45 PM – 9:45 PM – Pysiology                         | 5<br>8:30 AM – 5:30 PM – Thai Herbal Spa                   |

# October 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|--|--|--|--|--|
| 29<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat            | 30<br>8:30 AM – 5:30 PM – Trad. Thai on the Mat   | 1<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology     | 2<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology     | 3<br>8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2<br>5:45 PM – 9:45 PM – Pysiology     | 4<br>8:45 AM – 12:45 PM – Kinesiology<br>5:45 PM – 9:45 PM – Pysiology                         | 5<br>8:30 AM – 5:30 PM – Thai Herbal Spa                   |
| 6<br>8:30 AM – 5:30 PM – Thai Herbal Spa                   | 7<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2                         | 8<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2  | 9<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2  | 10<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 11<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 12<br>8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2 |
| 13<br>8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2 | 14<br><b>Columbus Day</b><br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 15<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 16<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 | 17<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – Bones & Muscles                  | 18<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – Bones & Muscles                  | 19<br>8:30 AM – 5:30 PM – Bones & Muscles                  |
| 20<br>8:30 AM – 5:30 PM – Premier Spa – Indonesia          | 21<br>5:45 PM – 9:45 PM – Premier Spa – Indonesia   | 22<br>5:45 PM – 9:45 PM – Premier Spa – Indonesia  | 23<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – Bones & Muscles                  | 24<br>8:45 AM – 12:45 PM – Acupressure<br>5:45 PM – 9:45 PM – Bones & Muscles                  | 25<br>8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue  | 26<br>8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue        |
| 27<br>8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue        | 28<br>8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue   | 29<br>5:45 PM – 9:45 PM – Bones & Muscles  | 30<br>5:45 PM – 9:45 PM – Bones & Muscles  | 31<br><b>Halloween</b><br>5:45 PM – 9:45 PM – Bones & Muscles                                  | 1<br>5:45 PM – 9:45 PM – Myofascial Therapy  | 2<br>8:30 AM – 5:30 PM – Myofascial Therapy                |

# November 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday   | Monday   | Tuesday  | Wednesday                                     | Thursday   | Friday  | Saturday                                      |
|--|--|--|---|--|---|---|
| 27<br>8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue                     | 28<br>8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue                 | 29<br>5:45 PM – 9:45 PM – Bones & Muscles                            | 30<br>5:45 PM – 9:45 PM – Bones & Muscles     | 31<br>Halloween<br>5:45 PM – 9:45 PM – Bones & Muscles | 1<br>5:45 PM – 9:45 PM – Myofascial Therapy   | 2<br>8:30 AM – 5:30 PM – Myofascial Therapy   |
| 3<br>Daylight Saving Time Ends<br>8:30 AM – 5:30 PM – Myofascial Therapy | 4<br>5:45 PM – 9:45 PM – Myofascial Therapy                          | 5<br>Election Day<br>5:45 PM – 9:45 PM – Myofascial Therapy          | 6<br>5:45 PM – 9:45 PM – Myofascial Therapy   | 7<br>5:45 PM – 9:45 PM – Myofascial Therapy            | 8<br>5:45 PM – 9:45 PM – Myofascial Therapy   | 9<br>8:30 AM – 5:30 PM – Myofascial Therapy   |
| 10<br>8:30 AM – 5:30 PM – Bones & Muscles                                | 11<br>Veterans Day<br>5:45 PM – 9:45 PM – Bones & Muscles            | 12<br>5:45 PM – 9:45 PM – Bones & Muscles                            | 13<br>5:45 PM – 9:45 PM – Deep Tissue Massage | 14<br>5:45 PM – 9:45 PM – Deep Tissue Massage          | 15<br>5:45 PM – 9:45 PM – Deep Tissue Massage | 16<br>8:30 AM – 5:30 PM – Deep Tissue Massage |
| 17<br>8:30 AM – 5:30 PM – Deep Tissue Massage                            | 18<br>5:45 PM – 9:45 PM – Deep Tissue Massage                        | 19<br>5:45 PM – 9:45 PM – Deep Tissue Massage                        | 20<br>5:45 PM – 9:45 PM – Deep Tissue Massage | 21<br>5:45 PM – 9:45 PM – Deep Tissue Massage          | 22<br>5:45 PM – 9:45 PM – Deep Tissue Massage | 23<br>8:30 AM – 5:30 PM – Kinesiology         |
| 24<br>8:30 AM – 5:30 PM – Ease the Load: Shoulders                       | 25<br>8:30 AM – 5:30 PM – Kinesiology<br>8:45 AM – 12:45 PM – Biz 12 | 26<br>8:30 AM – 5:30 PM – Kinesiology<br>8:45 AM – 12:45 PM – Biz 12 | 27<br>8:45 AM – 12:45 PM – Biz 12             | 28<br>Thanksgiving                                     | 29  | 30  |



# December 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|---|--|--|--|---|---|---|
| 1   | 2<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 32<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Kinesiology | 3<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 32<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Kinesiology                       | 4<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 32<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Kinesiology                       | 5<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 32<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 6<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 32<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 7<br><span style="color: green;">■</span> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1  |
| 8<br><span style="color: green;">■</span> 8:30 AM – 5:30 PM – Pathology                         | 9<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 32<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Pathology   | 10<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 32<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 11<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 32<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 | 12<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1   | 13<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1   | 14<br><span style="color: green;">■</span> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1   |
| 15<br><span style="color: green;">■</span> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1 | 16<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Pathology   | 17<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Biz 12  | 18<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Biz 12  | 19<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Biz 12   | 20<br><span style="color: blue;">■</span> 8:45 AM – 12:45 PM – Biz 8/4<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Biz 8/4                        | 21<br><span style="color: blue;">■</span> 8:30 AM – 5:30 PM – Biz 8/4<br><span style="color: green;">■</span> 8:30 AM – 5:30 PM – Biz 8/4 |
| 22<br><span style="color: green;">■</span> 8:30 AM – 5:30 PM – Pathology                        | 23<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Pathology   | 24   | 25<br><span style="background-color: #FFD700; border: 1px solid black; padding: 2px;">Christmas Day</span>   | 26  | 27  | 28  |
| 29  | 30   | 31   | 1<br><span style="background-color: #FFD700; border: 1px solid black; padding: 2px;">New Year's Day</span>   | 2<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Pathology   | 3<br><span style="color: green;">■</span> 5:45 PM – 9:45 PM – Pathology   | 4<br><span style="color: green;">■</span> 8:30 AM – 5:30 PM – Pathology   |