

May 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM E: LomiLomi – Hot Stone LomiLomi	30 5:45 PM – 9:45 PM E: Bones & Muscles	1 5:45 PM – 9:45 PM E: Bones & Muscles	2 5:45 PM – 9:45 PM E: Bones & Muscles	3 5:45 PM – 9:45 PM E: Bones & Muscles	4 5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy	5 8:30 AM – 5:30 PM E: Hot & Cold Stone Therapy
6 8:30 AM – 5:30 PM E: Hot & Cold Stone Therapy	7 5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy	8 5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy	9 5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy	10 5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy	11 5:45 PM – 9:45 PM E: Hot & Cold Stone Therapy	12 8:30 AM – 5:30 PM E: Hot & Cold Stone Therapy
13 Mother's Day	14 5:45 PM – 9:45 PM E: Kinesiology	15 5:45 PM – 9:45 PM E: Kinesiology	16 5:45 PM – 9:45 PM E: Kinesiology	17	18	19
20	21 5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage	22 5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage	23 5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage	24 5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage	25 5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage	26 8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage
27 8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage	28 Memorial Day 8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage	29 John F. Kennedy's Birthday 5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage	30 5:45 PM – 9:45 PM E: Reflexology	31 5:45 PM – 9:45 PM E: Reflexology	1 5:45 PM – 9:45 PM E: Reflexology	2 8:30 AM – 5:30 PM E: Reflexology

June 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage	28 Memorial Day 8:30 AM – 5:30 PM E: Cl. Aromatherapy & Massage	29 John F. Kennedy's Birthday 5:45 PM – 9:45 PM E: Cl. Aromatherapy & Massage	30 5:45 PM – 9:45 PM E: Reflexology	31 5:45 PM – 9:45 PM E: Reflexology	1 5:45 PM – 9:45 PM E: Reflexology	2 8:30 AM – 5:30 PM E: Reflexology
3 8:30 AM – 5:30 PM E: Reflexology	4 5:45 PM – 9:45 PM E: Reflexology	5 5:45 PM – 9:45 PM E: Reflexology	6 5:45 PM – 9:45 PM E: Reflexology	7 5:45 PM – 9:45 PM E: Reflexology	8 5:45 PM – 9:45 PM E: Reflexology	9 8:30 AM – 5:30 PM E: Kinesiology
10 8:30 AM – 5:30 PM E: Kinesiology	11 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	12 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	13 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	14 Flag Day 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	15 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	16 8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1
17 Father's Day 8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1	18 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	19 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	20 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	21 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part I	22 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part I	23 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part I
24 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part I	25 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: Physiology	26 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: Physiology	27 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: Physiology	28 8:45 AM – 12:45 PM D: TM3 – Therapeutic Massage Level 3 5:45 PM – 9:45 PM E: Physiology	29 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part II	30 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part II

July 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part II	2 5:45 PM – 9:45 PM E: Physiology	3 5:45 PM – 9:45 PM E: Physiology	4 Independence Day	5	6	7
8 8:30 AM – 5:30 PM E: Physiology	9	10	11 5:45 PM – 9:45 PM E: Physiology	12 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part III	13 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part III	14 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part III
15 8:15 AM – 6:00 PM C: Cl. Sports (Orthopedic) Massage – Part III	16 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	17 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	18 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	19 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	20 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	21 8:30 AM – 5:30 PM E: TM2 – Therapeutic Massage Level 2
22 8:30 AM – 5:30 PM E: TM2 – Therapeutic Massage Level 2	23 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	24 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	25 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	26	27	28
29	30 8:30 AM – 5:30 PM C: Shiro – Ayurvedic Shirodhara 5:45 PM – 9:45 PM E: Physiology	31 8:30 AM – 5:30 PM C: Shiro – Ayurvedic Shirodhara 5:45 PM – 9:45 PM E: Physiology	1 5:45 PM – 9:45 PM E: Physiology	2 5:45 PM – 9:45 PM E: Physiology	3	4

August 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
	<p>8:30 AM – 5:30 PM C: Shi-ro – Ayurvedic Shirodhara</p> <p>5:45 PM – 9:45 PM E: Physiology</p>	<p>8:30 AM – 5:30 PM C: Shi-ro – Ayurvedic Shirodhara</p> <p>5:45 PM – 9:45 PM E: Physiology</p>	<p>5:45 PM – 9:45 PM E: Physiology</p>	<p>5:45 PM – 9:45 PM E: Physiology</p>		
5	6	7	8	9	10	11
<p>8:30 AM – 5:30 PM E: TM3 – Therapeutic Massage Level 3</p>	<p>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3</p>	<p>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3</p>	<p>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3</p>	<p>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3</p>	<p>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3</p>	<p>8:30 AM – 5:30 PM E: TM3 – Therapeutic Massage Level 3</p>
12	13	14	15	16	17	18
<p>8:30 AM – 5:30 PM E: TM3 – Therapeutic Massage Level 3</p>	<p>5:45 PM – 9:45 PM E: TM3 – Therapeutic Massage Level 3</p>	<p>5:45 PM – 9:45 PM E: Pathology</p>	<p>8:30 AM – 5:30 PM – Crazy Good Neck Work – Version Two</p> <p>5:45 PM – 9:45 PM E: Pathology</p>	<p>8:30 AM 5:30 PM C: Trad. Thai Massage – Part I</p>	<p>8:30 AM 5:30 PM C: Trad. Thai Massage – Part I</p>	<p>8:30 AM 5:30 PM C: Trad. Thai Massage – Part I</p>
19	20	21	22	23	24	25
<p>8:30 AM 5:30 PM C: Trad. Thai Massage – Part I</p>	<p>5:45 PM – 9:45 PM E: Pathology</p>	<p>5:45 PM – 9:45 PM E: Acupressure</p>	<p>5:45 PM – 9:45 PM E: Acupressure</p>	<p>5:45 PM – 9:45 PM E: Acupressure</p>	<p>5:45 PM – 9:45 PM E: Acupressure</p>	<p>8:30 AM – 5:30 PM E: Acupressure</p>
26	27	28	29	30	31	1
<p>8:30 AM – 5:30 PM E: Acupressure</p>	<p>5:45 PM – 9:45 PM E: Acupressure</p>	<p>5:45 PM – 9:45 PM E: Acupressure</p>	<p>5:45 PM – 9:45 PM E: Acupressure</p>	<p>5:45 PM – 9:45 PM E: Acupressure</p>	<p>8:30 AM – 5:30 PM C: Trad. Thai Massage – Part II</p>	<p>8:30 AM – 5:30 PM C: Trad. Thai Massage – Part II</p>

September 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM E: Acu- pressure	27 5:45 PM – 9:45 PM E: Acu- pressure	28 5:45 PM – 9:45 PM E: Acu- pressure	29 5:45 PM – 9:45 PM E: Acu- pressure	30 5:45 PM – 9:45 PM E: Acu- pressure	31 8:30 AM – 5:30 PM C: Trad. Thai Massage – Part II	1 8:30 AM – 5:30 PM C: Trad. Thai Massage – Part II
2 8:30 AM – 5:30 PM C: Trad. Thai Massage – Part II	3 Labor Day 8:30 AM – 5:30 PM C: Trad. Thai Massage – Part II	4 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Pathology	5 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Pathology	6 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Pathology	7	8 8:30 AM – 5:30 PM C: Sea Shell Massage
9 8:30 AM – 5:30 PM C: Sea Shell Massage	10 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Pathology	11 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Pathology	12 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Pathology	13 8:30 AM – 5:30 PM C: Trad. Thai Massage – Part III	14 8:30 AM – 5:30 PM C: Trad. Thai Massage – Part III	15 8:30 AM – 5:30 PM C: Trad. Thai Massage – Part III
16 8:30 AM – 5:30 PM C: Trad. Thai Massage – Part III	17 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Posi- tional Release	18 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Posi- tional Release	19 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Posi- tional Release	20 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Posi- tional Release	21 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Posi- tional Release	22 8:30 AM – 5:30 PM E: Po- sitional Release
23 8:30 AM – 5:30 PM E: Po- sitional Release	24 8:45 AM – 12:45 PM D: TM1 – Therapeutic Mas- sage Level 1 5:45 PM – 9:45 PM E: Posi- tional Release	25 8:30 AM – 5:30 PM C: Move Freely – Hips & Pelvis 5:45 PM – 9:45 PM E: Posi- tional Release	26 8:45 AM – 12:45 PM D: TM2 – Therapeutic Mas- sage Level 2 5:45 PM – 9:45 PM E: Posi- tional Release	27 8:45 AM – 12:45 PM D: TM2 – Therapeutic Mas- sage Level 2 5:45 PM – 9:45 PM E: Pathology	28 8:30 AM – 5:30 PM C: San- sHands	29 8:30 AM – 5:30 PM C: San- sHands
30 8:30 AM – 5:30 PM C: San- sHands	1 8:45 AM – 12:45 PM D: TM2 – Therapeutic Mas- sage Level 2 5:45 PM – 9:45 PM E: Pathology	2 8:45 AM – 12:45 PM D: TM2 – Therapeutic Mas- sage Level 2 5:45 PM – 9:45 PM E: Bones & Muscles	3 8:45 AM – 12:45 PM D: TM2 – Therapeutic Mas- sage Level 2 5:45 PM – 9:45 PM E: Bones & Muscles	4 8:45 AM – 12:45 PM D: TM2 – Therapeutic Mas- sage Level 2 5:45 PM – 9:45 PM E: Bones & Muscles	5 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	6 8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1

October 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM C: San-sHands	1 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: Pathology	2 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: Bones & Muscles	3 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: Bones & Muscles	4 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: Bones & Muscles	5 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	6 8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1
7 8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1	8 Columbus Day 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	9 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	10 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	11 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	12 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM1 – Therapeutic Massage Level 1	13 8:30 AM – 5:30 PM E: TM1 – Therapeutic Massage Level 1
14 8:30 AM – 5:30 PM E: Bones & Muscles	15 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: Bones & Muscles	16 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: Bones & Muscles	17 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	18 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	19 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	20 8:30 AM – 5:30 PM E: TM2 – Therapeutic Massage Level 2
21 8:30 AM – 5:30 PM E: TM2 – Therapeutic Massage Level 2	22 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	23 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	24 8:45 AM – 12:45 PM D: TM2 – Therapeutic Massage Level 2 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	25 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	26 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: TM2 – Therapeutic Massage Level 2	27 8:30 AM – 5:30 PM E: Bones & Muscles
28 8:30 AM – 5:30 PM E: Bones & Muscles	29 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: Bones & Muscles	30 8:30 AM – 5:30 PM C: Stand Your Ground – Legs & Feet 5:45 PM – 9:45 PM E: Bones & Muscles	31 Halloween 8:45 AM – 12:45 PM D: Biz 12 5:45 PM – 9:45 PM E: Myofascial Therapy	1 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: Myofascial Therapy	2 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: Myofascial Therapy	3 8:30 AM – 5:30 PM E: Myofascial Therapy

November 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM E: Bones & Muscles	29 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: Bones & Muscles	30 8:30 AM – 5:30 PM C: Stand Your Ground – Legs & Feet 5:45 PM – 9:45 PM E: Bones & Muscles	31 Halloween 8:45 AM – 12:45 PM D: Biz 12 5:45 PM – 9:45 PM E: Myofascial Therapy	1 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: Myofascial Therapy	2 8:45 AM – 12:45 PM D: Bones & Muscles 5:45 PM – 9:45 PM E: Myofascial Therapy	3 8:30 AM – 5:30 PM E: Myofascial Therapy
4 Daylight Saving Time Ends 8:30 AM – 5:30 PM E: Myofascial Therapy	5 8:45 AM – 12:45 PM D: Kinesiology 28 5:45 PM – 9:45 PM E: Myofascial Therapy	6 Election Day 8:30 AM – C: Massage for Oncology & Hospice Care 5:45 PM – 9:45 PM E: Myofascial Therapy	7 8:30 AM – C: Massage for Oncology & Hospice Care 5:45 PM – 9:45 PM E: Myofascial Therapy	8 8:45 AM – 12:45 PM D: Kinesiology 28 5:45 PM – 9:45 PM E: Myofascial Therapy	9 8:45 AM – 12:45 PM D: Biz 12 5:45 PM – 9:45 PM E: Myofascial Therapy	10 8:30 AM – 5:30 PM E: Premier Spa Indonesia
11 Veterans Day 8:30 AM – 5:30 PM E: Premier Spa Indonesia	12 Veterans Day (observed) 8:45 AM – 12:45 PM D: Kinesiology 28	13 5:30 PM – C: Ease the Load – Shoulder Work	14 8:45 AM – 12:45 PM D: Biz 12	15 8:45 AM – 12:45 PM D: Kinesiology 28	16 8:45 AM – 12:45 PM D: Biz 8/4	17 8:30 AM – 5:30 PM D: Biz 8/4
18	19 8:45 AM – 12:45 PM D: Kinesiology 28	20 8:45 AM – 12:45 PM D: Biz 32	21	22 Thanksgiving	23	24
25	26 8:45 AM – 12:45 PM D: Kinesiology 28	27 5:30 PM – C: Embracing Life – Arms, Wrists & Hands	28 8:45 AM – 12:45 PM D: Biz 32	29 8:45 AM – 12:45 PM D: Kinesiology 28 5:45 PM – 9:45 PM E: Kinesiology 28	30 8:45 AM – 12:45 PM D: Biz 32 5:45 PM – 9:45 PM E: Kinesiology 28	1 8:30 AM – 5:30 PM E: Kinesiology 28

December 2018

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
	8:45 AM – 12:45 PM D: Kin-nesiology 28	5:30 PM – C: Embracing Life – Arms, Wrists & Hands	8:45 AM – 12:45 PM D: Biz 32	8:45 AM – 12:45 PM D: Kin-nesiology 28 5:45 PM – 9:45 PM E: Kin-nesiology 28	8:45 AM – 12:45 PM D: Biz 32 5:45 PM – 9:45 PM E: Kin-nesiology 28	8:30 AM – 5:30 PM E: Kin-nesiology 28
2	3	4	5	6	7	8
8:30 AM – 5:30 PM E: Kin-nesiology 28	8:45 AM – 12:45 PM D: Biz 32 5:45 PM – 9:45 PM E: Kin-nesiology 28	8:30 AM – 5:30 PM C: Rock to Relax: Pulsing	8:30 AM – 5:30 PM C: Rock to Relax: Pulsing	8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!!	8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!!	8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!!
9	10	11	12	13	14	15
8:30 AM – 5:30 PM C: Barefoot Bars Deep Tissue @ Johnston Location!!	8:30 AM – 5:30 PM C: Rock to Relax: Rebalancing	8:30 AM – 5:30 PM C: Rock to Relax: Rebalancing	8:45 AM – 12:45 PM D: Biz 32 5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)	8:45 AM – 12:45 PM D: Biz 32 5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)	5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)	8:30 AM – 5:45 PM E: Deep Tissue (Attn: Longer Hours!)
16	17	18	19	20	21	22
8:30 AM – 5:45 PM E: Deep Tissue (Attn: Longer Hours!)	8:45 AM – 12:45 PM D: Biz 32 5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)	8:45 AM – 12:45 PM D: Biz 32 5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)	5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)	5:30 PM – 10:00 PM E: Deep Tissue (Attn: Longer Hours!)		
23	24	25	26	27	28	29
		Christmas Day				
30	31	1	2	3	4	5
		New Year's Day	8:45 AM – 12:45 PM – Maternity & Infant Massage 5:45 PM – 9:45 PM – Biz 12	8:45 AM – 12:45 PM – Maternity & Infant Massage 5:45 PM – 9:45 PM – Biz 12	8:45 AM – 12:45 PM – Maternity & Infant Massage 5:45 PM – 9:45 PM – Biz 12	8:30 AM – 5:30 PM – Bamboo Massage

January 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 New Year's Day	2 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – Biz 12	3 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – Biz 12	4 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – Biz 12	5 8:30 AM – 5:30 PM – Bam- boo Massage
6 8:30 AM – 5:30 PM – Bam- boo Massage	7 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – Bam- boo Massage	8 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – Bam- boo Massage	9 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – Physi- ology	10 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – Physi- ology	11 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – Biz 8/4	12 8:30 AM – 5:30 PM – Biz 8/4
13 8:30 AM – 5:30 PM – Physi- ology	14 8:45 AM – 12:45 PM – Physiology	15 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	17 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	18 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
20 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	21 Martin Luther King, Jr. Day 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 8:45 AM – 12:45 PM – Ma- ternity & Infant Massage 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 8:45 AM – 12:45 PM – Physiology	26 8:30 AM – 5:30 PM – Hot Stone Reflexology
27 8:30 AM – 5:30 PM – Hot Stone Reflexology	28 8:45 AM – 12:45 PM – Physiology	29 5:45 PM – 9:45 PM – Physi- ology	30 5:45 PM – 9:45 PM – Physi- ology	31 5:45 PM – 9:45 PM – Sound Infused Therapies	1 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – Sound Infused Therapies	2 Groundhog Day 8:30 AM – 5:30 PM – Sound Infused Therapies

February 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Hot Stone Reflexology	28 8:45 AM – 12:45 PM – Physiology	29 5:45 PM – 9:45 PM – Physiology	30 5:45 PM – 9:45 PM – Physiology	31 5:45 PM – 9:45 PM – Sound Infused Therapies	1 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – Sound Infused Therapies	2 Groundhog Day 8:30 AM – 5:30 PM – Sound Infused Therapies
3 8:30 AM – 5:30 PM – Fusion 16	4 8:45 AM – 12:45 PM – Physiology	5 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Physiology	6 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Physiology	7 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Physiology	8 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
10 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	11 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	12 Lincoln's Birthday 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 Valentine's Day 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
17 8:30 AM – 5:30 PM – Physiology	18 Presidents' Day 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version One 8:45 AM – 12:45 PM – Physiology	19 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Physiology	20 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Physiology	21 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Biz 32	22 Washington's Birthday 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Biz 32	23 8:30 AM – 5:30 PM – Biz 32
24 8:30 AM – 5:30 PM – Biz 32	25 8:45 AM – 12:45 PM – Pathology	26 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Biz 32	27 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Biz 32	28 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Bones & Muscles	1 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Hydrotherapy	2 8:30 AM – 5:30 PM – Hydrotherapy

March 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24 8:30 AM – 5:30 PM – Biz 32	25 8:45 AM – 12:45 PM – Pathology	26 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Biz 32	27 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Biz 32	28 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Bones & Muscles	1 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Hydrotherapy	2 8:30 AM – 5:30 PM – Hydrotherapy
3 8:30 AM – 5:30 PM – Hydrotherapy	4 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Hydrotherapy	5 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bones & Muscles	6 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bones & Muscles	7 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bones & Muscles	8 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Thai Foot Massage	9 8:30 AM – 5:30 PM – Thai Foot Massage
10 Daylight Saving Time Begins 8:30 AM – 5:30 PM – Thai Foot Massage	11 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Thai Foot Massage	12 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bones & Muscles	13 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bones & Muscles	14 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2	15 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	16 8:30 AM – 5:30 PM – Lymphatic Drainage Massage
17 St Patrick's Day 8:30 AM – 5:30 PM – Lymphatic Drainage Massage	18 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	19 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	20 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	21 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	22 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	23 8:30 AM – 5:30 PM – Lymphatic Drainage Massage
24 8:30 AM – 5:30 PM – Bones & Muscles	25 8:30 AM – 5:30 PM – Soothing Belly Work 8:45 AM – 12:45 PM – Pathology	26 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bones & Muscles	27 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bones & Muscles	28 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bones & Muscles	29 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	30 8:30 AM – 5:30 PM – NMT: Neuromuscular Massage
31 8:30 AM – 5:30 PM – NMT: Neuromuscular Massage	1 April Fools Day 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	2 5:45 PM – 9:45 PM – Euro Spa	3 5:45 PM – 9:45 PM – Euro Spa	4 5:45 PM – 9:45 PM – Euro Spa	5 5:45 PM – 9:45 PM – Euro Spa	6 8:30 AM – 5:30 PM – Euro Spa

April 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 8:30 AM – 5:30 PM – NMT: Neuromuscular Massage	1 April Fools Day 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	2 5:45 PM – 9:45 PM – Euro Spa	3 5:45 PM – 9:45 PM – Euro Spa	4 5:45 PM – 9:45 PM – Euro Spa	5 5:45 PM – 9:45 PM – Euro Spa	6 8:30 AM – 5:30 PM – Euro Spa
7 8:30 AM – 5:30 PM – Bones & Muscles	8 5:45 PM – 9:45 PM – Pathology	9 5:45 PM – 9:45 PM – Pathology	10 5:45 PM – 9:45 PM – Pathology	11 5:45 PM – 9:45 PM – Thai on the Table	12 5:45 PM – 9:45 PM – Thai on the Table	13 8:30 AM – 5:30 PM – Thai on the Table
14 8:30 AM – 5:30 PM – Thai on the Table	15 Tax Day	16 5:45 PM – 9:45 PM – Pathology	17 5:45 PM – 9:45 PM – Pathology	18 5:45 PM – 9:45 PM – Pathology	19 5:45 PM – 9:45 PM – Lomi- Lomi	20 8:30 AM – 5:30 PM – Lomi- Lomi
21 Easter 8:30 AM – 5:30 PM – Lomi- Lomi	22 Earth Day 5:45 PM – 9:45 PM – Lomi- Lomi	23 5:45 PM – 9:45 PM – Pathology	24 5:45 PM – 9:45 PM – Pathology	25 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – Pathology	26 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 8:30 AM – 5:30 PM – TM1: herapeutic Massage Level 1
28 8:30 AM – 5:30 PM – TM1: herapeutic Massage Level 1	29 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 8:30 AM – 5:30 PM – TM1: herapeutic Massage Level 1

May 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – TM1: herapeutic Massage Level 1	29 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 8:30 AM – 5:30 PM – TM1: herapeutic Massage Level 1
5 8:30 AM – 5:30 PM – Pathology	6 8:30 AM – 5:30 PM – Fu- sion 16	7 8:30 AM – 5:30 PM – Fu- sion 16	8	9	10	11
12 Mother's Day	13 8:30 AM – 5:30 PM – Crown & Glory: Head Mas- sage 5:45 PM – 9:45 PM – Geri- atric (Elderly) Massage	14 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – Geri- atric (Elderly) Massage	15 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Geri- atric (Elderly) Massage	16 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – Geri- atric (Elderly) Massage	17 8:45 AM – 12:45 PM – Bones & Muscles 1:00 PM – 9:45 PM – part day Geriatric (Elderly) Mas- sage	18
19 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	20 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	22 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	23 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	24 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	25 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue
26 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	27 Memorial Day 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	28 8:30 AM – 5:30 PM – Dreamy Face Sequence 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 John F. Kennedy's Birthday 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	30 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

June 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	27 Memorial Day 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	28 8:30 AM – 5:30 PM – Dreamy Face Sequence 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 John F. Kennedy's Birthday 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	30 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
2 8:30 AM – 5:30 PM – Sea Shell Massage	3 5:45 PM – 9:45 PM – Sea Shell Massage	4 5:45 PM – 9:45 PM – Sea Shell Massage	5 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 8:30 AM – 5:30 PM – Sans-Hands Slow Flow
9 8:30 AM – 5:30 PM – Sans-Hands Slow Flow	10 8:30 AM – 5:30 PM – Sans-Hands Slow Flow	11 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	13 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	14 Flag Day 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	15 8:30 AM – 5:30 PM – TM3: herapeutic Massage Level 3
16 Father's Day 8:30 AM – 5:30 PM – TM3: herapeutic Massage Level 3	17 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	18 8:30 AM – 5:30 PM – I've Got Your Back	19 8:30 AM – 5:30 PM – Stand Your Ground – Legs & Feet	20 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	21 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	22 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage
23 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	24 5:45 PM – 9:45 PM – Aromatherapy	25 5:45 PM – 9:45 PM – Aromatherapy	26 5:45 PM – 9:45 PM – Aromatherapy	27 5:45 PM – 9:45 PM – Aromatherapy	28 5:45 PM – 9:45 PM – Aromatherapy	29 8:30 AM – 5:30 PM – Aromatherapy
30 8:30 AM – 5:30 PM – Aromatherapy	1 5:45 PM – 9:45 PM – Aromatherapy	2 5:45 PM – 9:45 PM – Aromatherapy	3 5:45 PM – 9:45 PM – Aromatherapy	4 Independence Day	5	6

July 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Aromatherapy	1 5:45 PM – 9:45 PM – Aromatherapy	2 5:45 PM – 9:45 PM – Aromatherapy	3 5:45 PM – 9:45 PM – Aromatherapy	4 Independence Day	5	6
7	8 5:45 PM – 9:45 PM – Kinesiology	9 5:45 PM – 9:45 PM – Kinesiology	10 5:45 PM – 9:45 PM – Kinesiology	11 9:45 AM – 9:45 PM – Kinesiology	12 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	13 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage
14 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	15 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	16 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	17 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	18 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	19 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	20 8:30 AM – 5:30 PM – Hot & Cold Stone Therapy
21 8:30 AM – 5:30 PM – Hot & Cold Stone Therapy	22 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	23 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	24 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	25 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	26 8:30 AM – 5:30 PM – Pulsing: Rock to Relax	27 8:30 AM – 5:30 PM – Pulsing: Rock to Relax
28 8:30 AM – 5:30 PM – Rebalancing: Rock to Relax	29 8:30 AM – 5:30 PM – Rebalancing: Rock to Relax	30 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 9:45 AM – 9:45 PM – Kinesiology	31 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 9:45 AM – 9:45 PM – Kinesiology	1 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 9:45 AM – 9:45 PM – Kinesiology	2 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	3 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage

August 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Re-balancing: Rock to Relax	29 8:30 AM – 5:30 PM – Re-balancing: Rock to Relax	30 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 9:45 AM – 9:45 PM – Kinesiology	31 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 9:45 AM – 9:45 PM – Kinesiology	1 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 9:45 AM – 9:45 PM – Kinesiology	2 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	3 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage
4 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	5 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	6 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Oncology & Hospice Care	7 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Oncology & Hospice Care	8 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Oncology & Hospice Care	9 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Oncology & Hospice Care	10 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
11 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	12 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Reflexology	13 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Reflexology	14 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Reflexology	15 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Reflexology	16 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Reflexology	17 8:30 AM – 5:30 PM – Reflexology
18 8:30 AM – 5:30 PM – Reflexology	19 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Reflexology	20 5:45 PM – 9:45 PM – Reflexology	21 5:45 PM – 9:45 PM – Reflexology	22 5:45 PM – 9:45 PM – Positional Release	23 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Positional Release	24 8:30 AM – 5:30 PM – Positional Release
25 8:30 AM – 5:30 PM – Positional Release	26 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Physiology	27 5:45 PM – 9:45 PM – Physiology	28 5:45 PM – 9:45 PM – Physiology	29 5:45 PM – 9:45 PM – Physiology	30 8:30 AM – 5:30 PM – Trad. Thai on the Mat	31 8:30 AM – 5:30 PM – Trad. Thai on the Mat

September 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM – 5:30 PM – Trad. Thai on the Mat	2 Labor Day 8:30 AM – 5:30 PM – Trad. Thai on the Mat	3 5:45 PM – 9:45 PM – Positional Release	4 5:45 PM – 9:45 PM – Positional Release	5 5:45 PM – 9:45 PM – Positional Release	6 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Positional Release	7 8:30 AM – 5:30 PM – Positional Release
8 8:30 AM – 5:30 PM – Physiology	9 8:30 AM – 5:30 PM – Move Freely: Pelvis	10 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Physiology	11 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Physiology	12 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Physiology	13 8:30 AM – 5:30 PM – Trad. Thai on the Mat	14 8:30 AM – 5:30 PM – Trad. Thai on the Mat
15 8:30 AM – 5:30 PM – Trad. Thai on the Mat	16 8:30 AM – 5:30 PM – Trad. Thai on the Mat	17 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	18 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
22 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	23 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 8:30 AM – 5:30 PM – Trad. Thai on the Mat	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat
29 8:30 AM – 5:30 PM – Trad. Thai on the Mat	30 8:30 AM – 5:30 PM – Trad. Thai on the Mat	1 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Physiology	2 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Physiology	3 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Physiology	4 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Physiology	5 8:30 AM – 5:30 PM – Thai Herbal Spa

October 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – Trad. Thai on the Mat	30 8:30 AM – 5:30 PM – Trad. Thai on the Mat	1 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pysiology	2 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pysiology	3 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pysiology	4 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Pysiology	5 8:30 AM – 5:30 PM – Thai Herbal Spa
6 8:30 AM – 5:30 PM – Thai Herbal Spa	7 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	11 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	12 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 Columbus Day 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – Bones & Muscles	18 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – Bones & Muscles	19 8:30 AM – 5:30 PM – Bones & Muscles
20 8:30 AM – 5:30 PM – Premier Spa – Indonesia	21 5:45 PM – 9:45 PM – Premier Spa – Indonesia	22 5:45 PM – 9:45 PM – Premier Spa – Indonesia	23 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – Bones & Muscles	24 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – Bones & Muscles	25 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	26 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue
27 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	28 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	29 5:45 PM – 9:45 PM – Bones & Muscles	30 5:45 PM – 9:45 PM – Bones & Muscles	31 Halloween 5:45 PM – 9:45 PM – Bones & Muscles	1 5:45 PM – 9:45 PM – Myofascial Therapy	2 8:30 AM – 5:30 PM – Myofascial Therapy

November 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	28 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	29 5:45 PM – 9:45 PM – Bones & Muscles	30 5:45 PM – 9:45 PM – Bones & Muscles	31 Halloween 5:45 PM – 9:45 PM – Bones & Muscles	1 5:45 PM – 9:45 PM – Myofascial Therapy	2 8:30 AM – 5:30 PM – Myofascial Therapy
3 Daylight Saving Time Ends 8:30 AM – 5:30 PM – Myofascial Therapy	4 5:45 PM – 9:45 PM – Myofascial Therapy	5 Election Day 5:45 PM – 9:45 PM – Myofascial Therapy	6 5:45 PM – 9:45 PM – Myofascial Therapy	7 5:45 PM – 9:45 PM – Myofascial Therapy	8 5:45 PM – 9:45 PM – Myofascial Therapy	9 8:30 AM – 5:30 PM – Myofascial Therapy
10 8:30 AM – 5:30 PM – Bones & Muscles	11 Veterans Day 5:45 PM – 9:45 PM – Bones & Muscles	12 5:45 PM – 9:45 PM – Bones & Muscles	13 5:45 PM – 9:45 PM – Deep Tissue Massage	14 5:45 PM – 9:45 PM – Deep Tissue Massage	15 5:45 PM – 9:45 PM – Deep Tissue Massage	16 8:30 AM – 5:30 PM – Deep Tissue Massage
17 8:30 AM – 5:30 PM – Deep Tissue Massage	18 5:45 PM – 9:45 PM – Deep Tissue Massage	19 5:45 PM – 9:45 PM – Deep Tissue Massage	20 5:45 PM – 9:45 PM – Deep Tissue Massage	21 5:45 PM – 9:45 PM – Deep Tissue Massage	22 5:45 PM – 9:45 PM – Deep Tissue Massage	23 8:30 AM – 5:30 PM – Kinesiology
24 8:30 AM – 5:30 PM – Ease the Load: Shoulders	25 8:45 AM – 12:45 PM – Biz 12 5:45 PM – 9:45 PM – Kinesiology	26 8:45 AM – 12:45 PM – Biz 12 5:45 PM – 9:45 PM – Kinesiology	27 8:45 AM – 12:45 PM – Biz 12	28 Thanksgiving	29	30

December 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 ■ 8:45 AM – 12:45 PM – Biz 32 ■ 5:45 PM – 9:45 PM – Kinesiology	3 ■ 8:45 AM – 12:45 PM – Biz 32 ■ 5:45 PM – 9:45 PM – Kinesiology	4 ■ 8:45 AM – 12:45 PM – Biz 32 ■ 5:45 PM – 9:45 PM – Kinesiology	5 ■ 8:45 AM – 12:45 PM – Biz 32 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 ■ 8:45 AM – 12:45 PM – Biz 32 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	7 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
8 ■ 8:30 AM – 5:30 PM – Pathology	9 ■ 8:45 AM – 12:45 PM – Biz 32 ■ 5:45 PM – 9:45 PM – Pathology	10 ■ 8:45 AM – 12:45 PM – Biz 32 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	11 ■ 8:45 AM – 12:45 PM – Biz 32 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	12 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	13 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
15 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	16 ■ 5:45 PM – 9:45 PM – Pathology	17 ■ 5:45 PM – 9:45 PM – Biz 12	18 ■ 5:45 PM – 9:45 PM – Biz 12	19 ■ 5:45 PM – 9:45 PM – Biz 12	20 ■ 8:45 AM – 12:45 PM – Biz 8/4 ■ 5:45 PM – 9:45 PM – Biz 8/4	21 ■ 8:30 AM – 5:30 PM – Biz 8/4 ■ 8:30 AM – 5:30 PM – Biz 8/4
22 ■ 8:30 AM – 5:30 PM – Pathology	23 ■ 5:45 PM – 9:45 PM – Pathology	24	25 Christmas Day	26	27	28
29	30	31	1 New Year's Day	2 ■ 5:45 PM – 9:45 PM – Pathology	3 ■ 5:45 PM – 9:45 PM – Pathology	4 ■ 8:30 AM – 5:30 PM – Pathology