

June 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	27 Memorial Day 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	28 8:30 AM – 5:30 PM – Dreamy Face Sequence 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 John F. Kennedy's Birthday 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	30 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
2 8:30 AM – 5:30 PM – Sea Shell Massage	3 5:45 PM – 9:45 PM – Sea Shell Massage	4 5:45 PM – 9:45 PM – Sea Shell Massage	5 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 8:30 AM – 5:30 PM – Sans-Hands Slow Flow
9 8:30 AM – 5:30 PM – Sans-Hands Slow Flow	10 8:30 AM – 5:30 PM – Sans-Hands Slow Flow	11 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	13 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	14 Flag Day 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	15 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
16 Father's Day 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	17 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	18 8:30 AM – 5:30 PM – I've Got Your Back	19 8:30 AM – 5:30 PM – Stand Your Ground – Legs & Feet	20 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	21 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	22 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage
23 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	24 5:45 PM – 9:45 PM – Aromatherapy	25 5:45 PM – 9:45 PM – Aromatherapy	26 5:45 PM – 9:45 PM – Aromatherapy	27 5:45 PM – 9:45 PM – Aromatherapy	28 5:45 PM – 9:45 PM – Aromatherapy	29 8:30 AM – 5:30 PM – Aromatherapy
30 8:30 AM – 5:30 PM – Aromatherapy	1 5:45 PM – 9:45 PM – Aromatherapy	2 5:45 PM – 9:45 PM – Aromatherapy	3 5:45 PM – 9:45 PM – Aromatherapy	4 Independence Day	5	6

July 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Aromatherapy	1 5:45 PM – 9:45 PM – Aromatherapy	2 5:45 PM – 9:45 PM – Aromatherapy	3 5:45 PM – 9:45 PM – Aromatherapy	4 Independence Day	5	6
7	8 5:45 PM – 9:45 PM – Kinesiology	9 5:45 PM – 9:45 PM – Kinesiology	10 5:45 PM – 9:45 PM – Kinesiology	11 5:45 PM – 9:45 PM – Kinesiology	12 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	13 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage
14 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	15 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	16 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	17 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	18 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	19 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	20 8:30 AM – 5:30 PM – Hot & Cold Stone Therapy
21 8:30 AM – 5:30 PM – Hot & Cold Stone Therapy	22 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	23 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	24 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	25 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	26 8:30 AM – 5:30 PM – Pulsing: Rock to Relax	27 8:30 AM – 5:30 PM – Pulsing: Rock to Relax
28 8:30 AM – 5:30 PM – Rebalancing: Rock to Relax	29 8:30 AM – 5:30 PM – Rebalancing: Rock to Relax	30 5:15 PM – 9:45 PM – Kinesiology	31 5:15 PM – 9:45 PM – Kinesiology	1 5:15 PM – 9:45 PM – Kinesiology	2 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	3 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage

August 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Re-balancing: Rock to Relax	29 8:30 AM – 5:30 PM – Re-balancing: Rock to Relax	30 5:15 PM – 9:45 PM – Kinesiology	31 5:15 PM – 9:45 PM – Kinesiology	1 5:15 PM – 9:45 PM – Kinesiology	2 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	3 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage
4 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	5 8:30 AM – 5:30 PM – Ortho (Clinical also Sports) Massage	6 5:45 PM – 9:45 PM – Oncology & Hospice Care	7 5:45 PM – 9:45 PM – Oncology & Hospice Care	8 5:45 PM – 9:45 PM – Oncology & Hospice Care	9 5:45 PM – 9:45 PM – Oncology & Hospice Care	10 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
11 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	12 5:45 PM – 9:45 PM – Reflexology	13 5:45 PM – 9:45 PM – Reflexology	14 5:45 PM – 9:45 PM – Reflexology	15 5:45 PM – 9:45 PM – Reflexology	16 5:45 PM – 9:45 PM – Reflexology	17 8:30 AM – 5:30 PM – Reflexology
18 8:30 AM – 5:30 PM – Reflexology	19 5:45 PM – 9:45 PM – Reflexology	20 5:45 PM – 9:45 PM – Reflexology	21 5:45 PM – 9:45 PM – Reflexology	22 5:45 PM – 9:45 PM – Positional Release	23 5:45 PM – 9:45 PM – Positional Release	24 8:30 AM – 5:30 PM – Positional Release
25 8:30 AM – 5:30 PM – Positional Release	26 5:45 PM – 9:45 PM – Physiology 5:45 PM – 9:45 PM – Sound Infused Therapies	27 5:45 PM – 9:45 PM – Physiology 5:45 PM – 9:45 PM – Sound Infused Therapies	28 5:45 PM – 9:45 PM – Sound Infused Therapies 5:45 PM – 9:45 PM – Physiology	29 5:45 PM – 9:45 PM – Sound Infused Therapies 5:45 PM – 9:45 PM – Physiology	30 8:30 AM – 5:30 PM – Trad. Thai on the Mat	31 8:30 AM – 5:30 PM – Trad. Thai on the Mat

September 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM – 5:30 PM – Trad. Thai on the Mat	2 Labor Day 8:30 AM – 5:30 PM – Trad. Thai on the Mat	3 5:45 PM – 9:45 PM – Positional Release	4 5:45 PM – 9:45 PM – Positional Release	5 5:45 PM – 9:45 PM – Positional Release	6 5:45 PM – 9:45 PM – Positional Release	7 8:30 AM – 5:30 PM – Positional Release
8 8:30 AM – 5:30 PM – Physiology	9 8:30 AM – 5:30 PM – Move Freely: Pelvis	10 5:45 PM – 9:45 PM – Physiology	11 5:45 PM – 9:45 PM – Physiology	12 5:45 PM – 9:45 PM – Physiology	13 8:30 AM – 5:30 PM – Trad. Thai on the Mat	14 8:30 AM – 5:30 PM – Trad. Thai on the Mat
15 8:30 AM – 5:30 PM – Trad. Thai on the Mat	16 8:30 AM – 5:30 PM – Trad. Thai on the Mat	17 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	18 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
22 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	23 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 8:30 AM – 5:30 PM – Trad. Thai on the Mat	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat
29 8:30 AM – 5:30 PM – Trad. Thai on the Mat	30 8:30 AM – 5:30 PM – Trad. Thai on the Mat	1 5:45 PM – 9:45 PM – Physiology 5:45 PM – 9:45 PM – Intuitive Hands-On Energy Work	2 5:45 PM – 9:45 PM – Intuitive Hands-On Energy Work 5:45 PM – 9:45 PM – Physiology	3 5:45 PM – 9:45 PM – Physiology	4 5:45 PM – 9:45 PM – Physiology	5 8:30 AM – 5:30 PM – Thai Herbal Spa

October 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – Trad. Thai on the Mat	30 8:30 AM – 5:30 PM – Trad. Thai on the Mat	1 5:45 PM – 9:45 PM – Physiology 5:45 PM – 9:45 PM – Intuitive Hands-On Energy Work	2 5:45 PM – 9:45 PM – Intuitive Hands-On Energy Work 5:45 PM – 9:45 PM – Physiology	3 5:45 PM – 9:45 PM – Pysiology	4 5:45 PM – 9:45 PM – Physiology	5 8:30 AM – 5:30 PM – Thai Herbal Spa
6 8:30 AM – 5:30 PM – Thai Herbal Spa	7 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	11 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	12 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 Columbus Day 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – Bones & Muscles	18 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – Bones & Muscles	19 8:30 AM – 5:30 PM – Bones & Muscles
20 8:30 AM – 5:30 PM – Premier Spa – Indonesia	21 8:45 AM – 12:45 PM – TM1: Therapeutic Massagel Level 1 5:45 PM – 9:45 PM – Premier Spa – Indonesia	22 8:45 AM – 12:45 PM – TM1: Therapeutic Massagel Level 1 5:45 PM – 9:45 PM – Premier Spa – Indonesia	23 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – Bones & Muscles	24 8:45 AM – 12:45 PM – Acupressure 5:45 PM – 9:45 PM – Bones & Muscles	25 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue 8:45 AM – 12:45 PM – TM1: Therapeutic Massagel Level 1 5:45 PM – 9:45 PM – Craniosacral Therapy	26 8:30 AM – 5:30 PM – Craniosacral Therapy 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue
27 8:30 AM – 5:30 PM – Craniosacral Therapy 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	28 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue 8:45 AM – 12:45 PM – TM1: Therapeutic Massagel Level 1 5:45 PM – 9:45 PM – Craniosacral Therapy	29 8:45 AM – 12:45 PM – TM1: Therapeutic Massagel Level 1 5:45 PM – 9:45 PM – Bones & Muscles	30 8:45 AM – 12:45 PM – TM1: Therapeutic Massagel Level 1 5:45 PM – 9:45 PM – Bones & Muscles	31 Halloween 8:45 AM – 12:45 PM – TM1: Therapeutic Massagel Level 1 5:45 PM – 9:45 PM – Bones & Muscles	1 8:45 AM – 12:45 PM – Bones & Muscles 5:45 PM – 9:45 PM – Myofascial Therapy	2 8:30 AM – 5:30 PM – Myofascial Therapy

November 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 ■ 8:30 AM – 5:30 PM – Craniosacral Therapy ■ 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	28 ■ 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Craniosacral Therapy	29 ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Bones & Muscles	30 ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Bones & Muscles	31 Halloween ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Bones & Muscles	1 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Myofascial Therapy	2 ■ 8:30 AM – 5:30 PM – Myofascial Therapy
3 Daylight Saving Time Ends ■ 8:30 AM – 5:30 PM – Myofascial Therapy	4 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Myofascial Therapy	5 Election Day ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Myofascial Therapy	6 ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Myofascial Therapy	7 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Myofascial Therapy	8 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Myofascial Therapy	9 ■ 8:30 AM – 5:30 PM – Myofascial Therapy
10 ■ 8:30 AM – 5:30 PM – Bones & Muscles	11 Veterans Day ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Bones & Muscles	12 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Bones & Muscles	13 ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	14 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	15 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	16 ■ 8:30 AM – 5:30 PM – Deep Tissue Massage
17 ■ 8:30 AM – 5:30 PM – Deep Tissue Massage	18 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	19 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	20 ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	21 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	22 ■ 8:45 AM – 12:45 PM – Bones & Muscles ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	23 ■ 8:30 AM – 5:30 PM – Kinesiology
24 ■ 8:30 AM – 5:30 PM – Ease the Load: Shoulders	25 ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Kinesiology	26 ■ 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Kinesiology	27	28 Thanksgiving	29	30

December 2019

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 ■ 8:45 AM – 12:45 PM – Kinesiology ■ 5:45 PM – 9:45 PM – Kinesiology	3 ■ 8:45 AM – 12:45 PM – Kinesiology ■ 5:45 PM – 9:45 PM – Kinesiology	4 ■ 5:45 PM – 9:45 PM – Kinesiology	5 ■ 8:45 AM – 12:45 PM – Kinesiology	6 ■ 8:45 AM – 12:45 PM – Kinesiology	7 ■ 8:30 AM – 5:30 PM – Pathology
8	9 ■ 8:45 AM – 12:45 PM – Kinesiology	10 ■ 8:45 AM – 12:45 PM – Kinesiology	11 ■ 5:45 PM – 9:45 PM – Pathology	12 ■ 8:45 AM – 12:45 PM – Kinesiology ■ 5:45 PM – 9:45 PM – Pathology	13 ■ 5:45 PM – 9:45 PM – Biz8/4	14 ■ 8:30 AM – 5:30 PM – Biz8/4
15 ■ 8:30 AM – 5:30 PM – Pathology	16 ■ 8:30 AM – 5:30 PM – Relax: Ear & Hand Reflexology	17 ■ 5:45 PM – 9:45 PM – Biz12	18 ■ 5:45 PM – 9:45 PM – Biz12	19 ■ 5:45 PM – 9:45 PM – Biz12	20	21
22	23	24	25 Christmas Day	26	27	28
29	30	31	1 New Year's Day	2 ■ 5:45 PM – 9:45 PM – Pathology	3 ■ 5:45 PM – 9:45 PM – Pathology	4 ■ 8:30 AM – 5:30 PM – Biz 32

January 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 New Year's Day	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 8:30 AM – 5:30 PM – Biz 32
5 8:30 AM – 5:30 PM – Biz 32	6 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Biz 32	7 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Biz 32	8 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pathology	9 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pathology	10 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pathology	11 8:30 AM – 5:30 PM – Biz 32
12 8:30 AM 5:30 PM – Embracing Life – Arms, Wrists, Hands	13 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	17 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	18 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
19 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	20 Martin Luther King, Jr. Day 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – Bamboo Massage	24 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Bamboo Massage	25 8:30 AM – 5:30 PM – Bamboo Massage
26 8:30 AM – 5:30 PM – Bamboo Massage	27 9:00 AM – 5:30 PM – Crazy Good Neck Work II	28 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – B&M Anatomy	29 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – B&M Anatomy	30 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – B&M Anatomy	31 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – B&M Anatomy	1 8:30 AM – 5:30 PM – B&M Anatomy

February 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Bam-boo Massage	27 9:00 AM – 5:30 PM – Crazy Good Neck Work II	28 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – B&M Anatomy	29 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – B&M Anatomy	30 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – B&M Anatomy	31 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – B&M Anatomy	1 8:30 AM – 5:30 PM – B&M Anatomy
2 Groundhog Day 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	3 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	5 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	6 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
9 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	10 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	11 5:45 PM – 9:45 PM – Hot Stone Reflexology	12 Lincoln's Birthday 5:45 PM – 9:45 PM – Hot Stone Reflexology	13 5:45 PM – 9:45 PM – Hot Stone Reflexology	14 Valentine's Day 5:45 PM – 9:45 PM – Hot Stone Reflexology	15 8:30 AM – 5:30 PM – B&M Anatomy
16 8:30 AM – 5:30 PM – B&M Anatomy	17 Presidents' Day 5:45 PM – 9:45 PM – B&M Anatomy	18 5:45 PM – 9:45 PM – B&M Anatomy	19 5:45 PM – 9:45 PM – B&M Anatomy	20 8:30 AM – 5:30 PM – Soothing Belly Work	21 5:45 PM – 9:45 PM – Lym-phatic Drainage Massage	22 Washington's Birthday 8:30 AM – 5:30 PM – Lym-phatic Drainage Massage
23 8:30 AM – 5:30 PM – Lym-phatic Drainage Massage	24 5:45 PM – 9:45 PM – Lym-phatic Drainage Massage	25 5:45 PM – 9:45 PM – Lym-phatic Drainage Massage	26 5:45 PM – 9:45 PM – Lym-phatic Drainage Massage	27 5:45 PM – 9:45 PM – Lym-phatic Drainage Massage	28 5:45 PM – 9:45 PM – Lym-phatic Drainage Massage	29 8:30 AM – 5:30 PM – Lym-phatic Drainage Massage

March 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	4 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
8 Daylight Saving Time Begins 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	9 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	10 5:45 PM – 9:45 PM – Hy- drotherapy	11 5:45 PM – 9:45 PM – Hy- drotherapy	12 5:45 PM – 9:45 PM – Hy- drotherapy	13 5:45 PM – 9:45 PM – Hy- drotherapy	14 8:30 AM – 5:30 PM – Hy- drotherapy
15 8:30 AM – 5:30 PM – Physi- ology	16 5:45 PM – 9:45 PM – Physi- ology	17 St Patrick's Day 5:45 PM – 9:45 PM – Physi- ology	18 5:45 PM – 9:45 PM – Physi- ology	19 5:45 PM – 9:45 PM – NMT: Neuromuscular Therapy	20 5:45 PM – 9:45 PM – NMT: Neuromuscular Therapy	21 8:30 AM – 5:30 PM – NMT: Neuromuscular Therapy
22 8:30 AM – 5:30 PM – NMT: Neuromuscular Therapy	23 5:45 PM – 9:45 PM – Physi- ology	24 5:45 PM – 9:45 PM – Physi- ology	25 5:45 PM – 9:45 PM – Physi- ology	26 5:45 PM – 9:45 PM – Physi- ology	27 8:30 AM – 5:30 PM – Sans- Hands Slow Flow Massage	28 8:30 AM – 5:30 PM – Sans- Hands Slow Flow Massage
29 8:30 AM – 5:30 PM – Sans- Hands Slow Flow Massage	30 5:45 PM – 9:45 PM – Physi- ology	31 5:45 PM – 9:45 PM – Physi- ology	1 April Fools Day 5:45 PM – 9:45 PM – Physi- ology	2 5:45 PM – 9:45 PM – Physi- ology	3 5:45 PM – 9:45 PM – Euro Spa: European Spa Special- ties	4 8:30 AM – 5:30 PM – Euro Spa: European Spa Special- ties

April 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – Sans-Hands Slow Flow Massage	30 5:45 PM – 9:45 PM – Physiology	31 5:45 PM – 9:45 PM – Physiology	1 April Fools Day 5:45 PM – 9:45 PM – Physiology	2 5:45 PM – 9:45 PM – Physiology	3 5:45 PM – 9:45 PM – Euro Spa: European Spa Specialties	4 8:30 AM – 5:30 PM – Euro Spa: European Spa Specialties
5 8:30 AM – 5:30 PM – Euro Spa: European Spa Specialties	6 5:45 PM – 9:45 PM – Euro Spa: European Spa Specialties	7 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	8 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	9 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	10 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	11 8:30 AM – 5:30 PM – Therapeutic Massage Level 1
12 Easter 8:30 AM – 5:30 PM – Therapeutic Massage Level 1	13 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 Tax Day 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	17 5:45 PM – 9:45 PM – Thai Foot Massage	18 8:30 AM – 5:30 PM – Thai Foot Massage
19 8:30 AM – 5:30 PM – Thai Foot Massage	20 5:45 PM – 9:45 PM – Thai Foot Massage	21 8:30 AM – 5:30 PM – Fusion 16	22 Earth Day 8:30 AM – 5:30 PM – Fusion 16	23 5:45 PM – 9:45 PM – Kinesiology	24 5:45 PM – 9:45 PM – Kinesiology	25 8:30 AM – 5:30 PM – Kinesiology
26 8:30 AM – 5:30 PM – Kinesiology	27 5:45 PM – 9:45 PM – Kinesiology	28 8:30 AM – 5:30 PM – Dreamy Face Sequence	29 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Maternity & Infant Massage	30 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Maternity & Infant Massage	1 5:45 PM – 9:45 PM – Maternity & Infant Massage	2 8:30 AM – 5:30 PM – Maternity & Infant Massage

May 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Kinesiology	27 5:45 PM – 9:45 PM – Kinesiology	28 8:30 AM – 5:30 PM – Dreamy Face Sequence	29 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Maternity & Infant Massage	30 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Maternity & Infant Massage	1 5:45 PM – 9:45 PM – Maternity & Infant Massage	2 8:30 AM – 5:30 PM – Maternity & Infant Massage
3 8:30 AM – 5:30 PM – Maternity & Infant Massage	4 5:45 PM – 9:45 PM – Maternity & Infant Massage	5 5:45 PM – 9:45 PM – Maternity & Infant Massage	6 5:45 PM – 9:45 PM – Maternity & Infant Massage	7 5:45 PM – 9:45 PM – Maternity & Infant Massage	8 5:45 PM – 9:45 PM – Maternity & Infant Massage	9 8:30 AM – 5:30 PM – ToT: Thai on the Table
10 Mother's Day 8:30 AM – 5:30 PM – ToT: Thai on the Table	11 8:30 AM – 5:30 PM – ToT: Thai on the Table	12 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
17 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	18 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	20 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	22 5:45 PM – 9:45 PM – Pathology	23
24	25 Memorial Day	26 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Hot Stone LomiLomi	27 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Hot Stone LomiLomi	28 5:45 PM – 9:45 PM – Hot Stone LomiLomi	29 John F. Kennedy's Birthday 5:45 PM – 9:45 PM – Hot Stone LomiLomi	30 8:30 AM – 5:30 PM – Hot Stone LomiLomi
31 8:30 AM – 5:30 PM – Geriatric (Elderly) Massage	1 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	2 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	3 8:30 AM – 5:30 PM – Geriatric (Elderly) Massage FULL DAY 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	4 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	5 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	6 8:30 AM – 5:30 PM – Pathology

June 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 8:30 AM – 5:30 PM – Geriatric (Elderly) Massage	1 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	2 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	3 8:30 AM – 5:30 PM – Geriatric (Elderly) Massage FULL DAY 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	4 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	5 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	6 8:30 AM – 5:30 PM – Pathology
7 8:30 AM – 5:30 PM – Pathology	8 8:30 AM – 5:30 PM – Your Crown & Glory: Head Massage 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	9 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	10 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	11 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	12 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	13 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage A
14 Flag Day 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage A	15 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Acupressure	16 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Acupressure	17 8:45 AM – 12:45 PM – TM1 Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Acupressure	18 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	19 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pathology	20 8:30 AM – 5:30 PM – Acupressure
21 Father's Day 8:30 AM – 5:30 PM – Acupressure	22 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	23 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	24 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	25 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	26 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pathology	27 8:30 AM – 5:30 PM – Sea Shell Massage
28 8:30 AM – 5:30 PM – Sea Shell Massage	29 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pathology	30 8:30 AM – 5:30 PM – I've Got your Back: Back Massage	1 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	2 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	3 Independence Day (observed)	4 Independence Day

July 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Sea Shell Massage	29 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Pathology	30 8:30 AM – 5:30 PM – I've Got your Back: Back Massage	1 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	2 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	3 Independence Day (observed)	4 Independence Day
5	6 8:30 AM – 5:30 PM – Himalayan Salt Stone Massage 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	7 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	8 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	9 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	10 8:45 AM – 12:45 PM – TM2 Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	11 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage B
12 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage B	13 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	14 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	15 8:30 AM – 5:30 PM – Move Freely: Pelvis & Hips	16 5:30 PM – 10:00 PM – Aromatherapy & Massage	17 5:30 PM – 10:00 PM – Aromatherapy & Massage	18 8:30 AM – 5:45 PM – Aromatherapy & Massage
19 8:30 AM – 5:45 PM – Aromatherapy & Massage	20 5:30 PM – 10:00 PM – Aromatherapy & Massage	21 5:30 PM – 10:00 PM – Aromatherapy & Massage	22 5:30 PM – 10:00 PM – Aromatherapy & Massage	23 5:30 PM – 10:00 PM – Aromatherapy & Massage	24 5:30 PM – 10:00 PM – Aromatherapy & Massage	25 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage C
26 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage C	27 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	28 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	29 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	30 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	31 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	1 8:30 AM – 5:30 PM – Hot & Cold Stone Therapy

August 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage C	27 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	28 5:45 PM – 9:45 PM – Orthopedic (Sports) Massage A	29 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	30 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	31 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	1 8:30 AM – 5:30 PM – Hot & Cold Stone Therapy
2 8:30 AM – 5:30 PM – Hot & Cold Stone Therapy	3 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	4 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	5 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	6 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	7 5:45 PM – 9:45 PM – Hot & Cold Stone Therapy	8 8:30 AM – 5:30 PM – Oncology & Hospice Massage
9 8:30 AM – 5:30 PM – Oncology & Hospice Massage	10 5:45 PM – 9:45 PM – Positional Release	11 5:45 PM – 9:45 PM – Positional Release	12 5:45 PM – 9:45 PM – Positional Release	13 5:45 PM – 9:45 PM – Positional Release	14 5:45 PM – 9:45 PM – Positional Release	15 8:30 AM – 5:30 PM – Positional Release
16 8:30 AM – 5:30 PM – Positional Release	17 5:45 PM – 9:45 PM – Positional Release	18 5:45 PM – 9:45 PM – Positional Release	19 5:45 PM – 9:45 PM – Positional Release	20 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	21 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	22 8:30 AM – 5:30 PM – Thai Herbal Spa
23 8:30 AM – 5:30 PM – Thai Herbal Spa	24 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	25 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	26 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	27 8:30 AM – 5:30 PM – Trad. Thai on the Mat I	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat I	29 8:30 AM – 5:30 PM – Trad. Thai on the Mat I
30 8:30 AM – 5:30 PM – Trad. Thai on the Mat I	31 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	1 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	2 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	3 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	4 8:45 AM – 12:45 PM – TM3 Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Physiology	5

September 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Trad. Thai on the Mat I	31 8:45 AM – 12:45 PM – TM3 Therapeutic Massagel Level 3 5:45 PM – 9:45 PM – Physi- ology	1 8:45 AM – 12:45 PM – TM3 Therapeutic Massagel Level 3 5:45 PM – 9:45 PM – Physi- ology	2 8:45 AM – 12:45 PM – TM3 Therapeutic Massagel Level 3 5:45 PM – 9:45 PM – Physi- ology	3 8:45 AM – 12:45 PM – TM3 Therapeutic Massagel Level 3 5:45 PM – 9:45 PM – Physi- ology	4 8:45 AM – 12:45 PM – TM3 Therapeutic Massagel Level 3 5:45 PM – 9:45 PM – Physi- ology	5
6	7 Labor Day	8 8:45 AM – 12:45 PM – TM3 Therapeutic Massagel Level 3 5:45 PM – 9:45 PM – Physi- ology	9 8:45 AM – 12:45 PM – TM3 Therapeutic Massagel Level 3 5:45 PM – 9:45 PM – Physi- ology	10 8:30 AM – 5:30 PM – Trad. Thai on the Mat II 5:45 PM – 9:45 PM – Physi- ology	11 8:30 AM – 5:30 PM – Trad. Thai on the Mat II	12 8:30 AM – 5:30 PM – Trad. Thai on the Mat II
13 8:30 AM – 5:30 PM – Trad. Thai on the Mat II	14 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	17 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	18 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
20 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	21 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 8:30 AM – 5:30 PM – Trad. Thai on the Mat III	25 8:30 AM – 5:30 PM – Trad. Thai on the Mat III	26 8:30 AM – 5:30 PM – Trad. Thai on the Mat III
27 8:30 AM – 5:30 PM – Trad. Thai on the Mat III	28 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	30 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

October 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Trad. Thai on the Mat III	28 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 8:45 AM – 12:45 PM – Biz 32 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	30 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
4 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	5 8:45 AM – 12:45 PM – Biz 12 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	6 8:45 AM – 12:45 PM – Biz 12 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 8:45 AM – 12:45 PM – Biz 12 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 5:45 PM – 9:45 PM – Sound Infused Therapies	9 5:45 PM – 9:45 PM – Sound Infused Therapies	10 8:30 AM – 5:30 PM – Sound Infused Therapies
11 8:30 AM – 5:30 PM – Stand Your Ground: Legs & Feet	12 Columbus Day 5:45 PM – 9:45 PM – Foot Reflexology	13 5:45 PM – 9:45 PM – Foot Reflexology	14 5:45 PM – 9:45 PM – Foot Reflexology	15 5:45 PM – 9:45 PM – Foot Reflexology	16 5:45 PM – 9:45 PM – Foot Reflexology	17 8:30 AM – 5:30 PM – Foot Reflexology
18 8:30 AM – 5:30 PM – Foot Reflexology	19 5:45 PM – 9:45 PM – Foot Reflexology	20 5:45 PM – 9:45 PM – Foot Reflexology	21 5:45 PM – 9:45 PM – Foot Reflexology	22 5:45 PM – 9:45 PM – B&M Anatomy	23 8:45 AM – 12:45 PM – Biz 8/4 5:45 PM – 9:45 PM – Biz8/4	24 8:30 AM – 5:30 PM – Biz8/4 8:30 AM – 5:30 PM – Biz8/4
25 8:30 AM – 5:30 PM – Biz12	26 5:45 PM – 9:45 PM – Biz12	27 5:45 PM – 9:45 PM – B&M Anatomy	28 5:45 PM – 9:45 PM – B&M Anatomy	29 5:45 PM – 9:45 PM – B&M Anatomy	30 5:45 PM – 9:45 PM – Biz32	31 Halloween 8:30 AM – 9:45 PM – Biz32

November 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Daylight Saving Time Ends 8:30 AM – 9:45 PM – Biz32	2 8:30 AM – 5:30 PM – Intuitive Hands–On Energy Work 5:45 PM – 9:45 PM – B&M Anatomy	3 Election Day 5:45 PM – 9:45 PM – B&M Anatomy	4 5:45 PM – 9:45 PM – B&M Anatomy	5 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	6 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	7 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue
8 8:30 AM – 5:30 PM – Bare-foot Bars Deep Tissue	9 5:45 PM – 9:45 PM – Biz32	10 5:45 PM – 9:45 PM – Biz32	11 Veterans Day 5:45 PM – 9:45 PM – Biz32	12 8:30 AM – 5:30 PM – B&M Anatomy	13 5:45 PM – 9:45 PM – B&M Anatomy	14 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
15 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	16 5:45 PM – 9:45 PM – B&M Anatomy	17 5:45 PM – 9:45 PM – B&M Anatomy	18 5:45 PM – 9:45 PM – B&M Anatomy	19 5:45 PM – 9:45 PM – B&M Anatomy	20 5:45 PM – 9:45 PM – Myofascial Therapy	21 8:30 AM – 5:30 PM – Myofascial Therapy
22 8:30 AM – 5:30 PM – Myofascial Therapy	23 5:45 PM – 9:45 PM – Myofascial Therapy	24 5:45 PM – 9:45 PM – Myofascial Therapy	25	26 Thanksgiving	27	28
29	30 5:45 PM – 9:45 PM – Myofascial Therapy	1 5:45 PM – 9:45 PM – Myofascial Therapy	2 5:45 PM – 9:45 PM – Myofascial Therapy	3 5:45 PM – 9:45 PM – Myofascial Therapy	4 5:45 PM – 9:45 PM – Myofascial Therapy	5

December 2020

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 5:45 PM – 9:45 PM – Myofascial Therapy	1 5:45 PM – 9:45 PM – Myofascial Therapy	2 5:45 PM – 9:45 PM – Myofascial Therapy	3 5:45 PM – 9:45 PM – Myofascial Therapy	4 5:45 PM – 9:45 PM – Myofascial Therapy	5
6	7	8	9 5:45 PM – 9:45 PM – Deep Tissue Massage	10 5:45 PM – 9:45 PM – Deep Tissue Massage	11 5:45 PM – 9:45 PM – Deep Tissue Massage	12 8:30 AM – 5:30 PM – Deep Tissue Massage
13 8:30 AM – 5:30 PM – Deep Tissue Massage	14 5:45 PM – 9:45 PM – Deep Tissue Massage	15 5:45 PM – 9:45 PM – Deep Tissue Massage	16 5:45 PM – 9:45 PM – Deep Tissue Massage	17 5:45 PM – 9:45 PM – Deep Tissue Massage	18 5:45 PM – 9:45 PM – Deep Tissue Massage	19
20	21	22	23	24	25 Christmas Day	26
27	28	29	30	31	1	2

January 2021

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4 5:45 PM – 9:45 PM – Pathology	5 5:45 PM – 9:45 PM – Pathology	6 5:45 PM – 9:45 PM – Pathology	7 8:30 AM – 5:30 PM Ease the Load: Shoulders	8 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	9 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
10 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	11 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	13 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	14 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	15 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	16 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
17 8:30 AM – 5:30 PM – Pathology	18 8:30 AM – 5:30 PM Crazy Good Neckwork – Version I	19 5:45 PM – 9:45 PM – Pathology	20 5:45 PM – 9:45 PM – Pathology	21 5:45 PM – 9:45 PM – Pathology	22 5:45 PM – 9:45 PM – Pathology	23 8:30 AM – 5:30 PM – Premier Spa Indonesia
24 8:30 AM – 5:30 PM – Premier Spa Indonesia	25 5:45 PM – 9:45 PM – Pathology	26 5:45 PM – 9:45 PM – Pathology	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
31 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6

February 2021

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6
7	8 5:45 PM TBD: Relax, Embr- Life, Kin, CST	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6

March 2021

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

April 2021

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	1

May 2021

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

June 2021

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3