

November 2020

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<p>Daylight Saving Time End</p> <p>8:30 AM – 9:45 PM – Biz32</p>	<p>8:30 AM – 5:30 PM – Intuitive Hands-On Energy Work</p> <p>5:45 PM – 9:45 PM – B&M Anatomy</p>	<p>Election Day</p> <p>5:45 PM – 9:45 PM – B&M Anatomy</p>	<p>5:45 PM – 9:45 PM – B&M Anatomy</p>	<p>8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue</p>	<p>8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue</p>	<p>8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue</p>
8	9	10	11	12	13	14
<p>8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue</p>	<p>5:45 PM – 9:45 PM – Biz32</p>	<p>5:45 PM – 9:45 PM – Biz32</p>	<p>Veterans Day</p> <p>5:45 PM – 9:45 PM – Biz32</p>	<p>5:45 PM – 9:45 PM – B&M Anatomy</p>	<p>5:45 PM – 9:45 PM – B&M Anatomy</p>	<p>Diwali</p> <p>8:30 AM 5:30 PM – B&M: Anatomy</p>
15	16	17	18	19	20	21
<p>8:30 AM 5:30 PM – B&M: Anatomy</p>	<p>5:45 PM – 9:45 PM – Myofascial Therapy</p>	<p>5:45 PM – 9:45 PM – Myofascial Therapy</p>	<p>5:45 PM – 9:45 PM – Myofascial Therapy</p>	<p>5:45 PM – 9:45 PM – Myofascial Therapy</p>	<p>5:45 PM – 9:45 PM – Myofascial Therapy</p>	<p>8:30 AM – 5:30 PM – Myofascial Therapy</p>
22	23	24	25	26	27	28
<p>8:30 AM – 5:30 PM – Myofascial Therapy</p>	<p>5:45 PM – 9:45 PM – Myofascial Therapy</p>	<p>5:45 PM – 9:45 PM – Myofascial Therapy</p>		<p>Thanksgiving</p>		
29	30	1	2	3	4	5
	<p>5:45 PM – 9:45 PM – Myofascial Therapy</p>	<p>5:45 PM – 9:45 PM – Craniosacral Therapy</p>	<p>5:45 PM – 9:45 PM – Craniosacral Therapy</p>	<p>5:45 PM – 9:45 PM – Craniosacral Therapy</p>	<p>5:45 PM – 9:45 PM – Craniosacral Therapy</p>	<p>8:30 AM – 5:30 PM – Craniosacral Therapy</p>

December 2020

- BWS Combo Hour Classes
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 5:45 PM – 9:45 PM – Myofascial Therapy	1 5:45 PM – 9:45 PM – Craniosacral Therapy	2 5:45 PM – 9:45 PM – Craniosacral Therapy	3 5:45 PM – 9:45 PM – Craniosacral Therapy	4 5:45 PM – 9:45 PM – Craniosacral Therapy	5 8:30 AM – 5:30 PM – Craniosacral Therapy
6 8:30 AM – 5:30 PM – Deep Tissue Massage	7 5:45 PM – 9:45 PM – Deep Tissue Massage	8 5:45 PM – 9:45 PM – Deep Tissue Massage	9 5:45 PM – 9:45 PM – Deep Tissue Massage	10 5:45 PM – 9:45 PM – Deep Tissue Massage	11 Hanukkah 5:45 PM – 9:45 PM – Deep Tissue Massage	12 8:30 AM – 5:30 PM – Deep Tissue Massage
13 8:30 AM – 5:30 PM – Deep Tissue Massage	14 5:45 PM – 9:45 PM – Deep Tissue Massage	15	16	17 5:45 PM – 9:45 PM – Ayurvedic Shirodhara	18 5:45 PM – 9:45 PM – Ayurvedic Shirodhara	19 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
20	21	22	23	24 Christmas Eve	25 Christmas Day	26 Kwanzaa
27	28	29	30	31 New Year's Eve	1 New Year's Day	2

January 2021

- BWS Combo Hour Classes
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31 New Year's Eve	1 New Year's Day	2
3	4 ■ 5:45 PM – 9:45 PM – Pathology	5 ■ 5:45 PM – 9:45 PM – Pathology	6 ■ 5:45 PM – 9:45 PM – Pathology	7 ■ 8:30 AM – 5:30 PM Ease the Load: Shoulders ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	9 ■ 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
10 ■ 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	11 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	13 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	14 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	15 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	16 ■ 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
17 ■ 8:30 AM – 5:30 PM – Pathology	18 Martin Luther King, Jr. Day ■ 8:30 AM – 5:30 PM Crazy Good Neckwork – Version I	19 ■ 5:45 PM – 9:45 PM – Pathology	20 Inauguration Day ■ 5:45 PM – 9:45 PM – Pathology	21 ■ 5:45 PM – 9:45 PM – Pathology	22 ■ 5:45 PM – 9:45 PM – Pathology	23
24 ■ 5:45 PM – 9:45 PM – Pathology	25 ■ 5:45 PM – 9:45 PM – Pathology	26 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Pathology	27 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
31 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	1 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 Groundhog Day ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 ■ 5:45 PM – 5:30 PM – Kinesiology

February 2021

- BWS Combo Hour Classes
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 Groundhog Day 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 5:45 PM – 5:30 PM – Kine- siology
7 5:45 PM – 5:30 PM – Kine- siology	8 8:30 AM – 5:30 PM – Em- bracing Life: Arms, Wrists, Hands	9 5:45 PM – 9:45 PM – Kine- siology	10 5:45 PM – 9:45 PM – Kine- siology	11 5:45 PM – 9:45 PM – Kine- siology	12 Lunar New Year 8:30 AM – 5:30 PM Sans- Hands Flow	13 8:30 AM – 5:30 PM Sans- Hands Flow
14 Valentine's Day 8:30 AM – 5:30 PM Sans- Hands Flow	15 President's Day 5:45 PM – 9:45 PM – Kine- siology	16 5:45 PM – 9:45 PM – Kine- siology	17 5:45 PM – 9:45 PM – Kine- siology	18 5:45 PM – 9:45 PM – Kine- siology	19 5:45 PM – 9:45 PM – Bam- boo Massage	20 8:30 AM – 5:30 PM – Bam- boo Massage
21 8:30 AM – 5:30 PM – Bam- boo Massage	22 5:45 PM – 9:45 PM – Bam- boo Massage	23 5:45 PM – 9:45 PM – Kine- siology	24 5:45 PM – 9:45 PM – Kine- siology	25 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	26 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	27 5:45 PM – 5:30 PM – TM2: Therapeutic Massage Level 2
28 5:45 PM – 5:30 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	5 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	6 5:45 PM – 5:30 PM – TM2: Therapeutic Massage Level 2

March 2021

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 5:45 PM – 5:30 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	5 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	6 5:45 PM – 5:30 PM – TM2: Therapeutic Massage Level 2
7 8:30 AM – 5:30 PM – Anatomy: B&M	8 5:45 PM – 9:45 PM – Anatomy: B&M	9 5:45 PM – 9:45 PM – Anatomy: B&M	10 8:30 AM – 5:30 PM – Relax: Ear & Hand Reflex	11 5:45 PM – 9:45 PM – Hot Stone Reflexology	12 5:45 PM – 9:45 PM – Hot Stone Reflexology	13 5:45 PM – 5:30 PM – Hot Stone Reflexology
14 Daylight Saving Time 8:30 AM – 5:30 PM – Anatomy: B&M	15 5:45 PM – 9:45 PM – Anatomy: B&M	16 5:45 PM – 9:45 PM – Anatomy: B&M	17 St. Patrick's Day 5:45 PM – 9:45 PM – Anatomy: B&M	18 5:45 PM – 9:45 PM – Anatomy: B&M	19 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	20 8:30 AM – 5:30 PM – NMT: Neuromuscular Massage
21 8:30 AM – 5:30 PM – NMT: Neuromuscular Massage	22 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	23 5:45 PM – 9:45 PM – Anatomy: B&M	24 5:45 PM – 9:45 PM – Anatomy: B&M	25 5:45 PM – 9:45 PM – Thai Foot Massage	26 5:45 PM – 9:45 PM – Thai Foot Massage	27 Passover 8:30 AM – 5:30 PM – Thai Foot Massage
28 Palm Sunday 8:30 AM – 5:30 PM – Thai Foot Massage	29 Holi 5:45 PM – 9:45 PM – Lymphatic Drainage	30 5:45 PM – 9:45 PM – Lymphatic Drainage	31 5:45 PM – 9:45 PM – Lymphatic Drainage	1 April Fools' Day 5:45 PM – 9:45 PM – Lymphatic Drainage	2 Good Friday 5:45 PM – 9:45 PM – Lymphatic Drainage	3 8:30 AM – 5:30 PM – Lymphatic Drainage

April 2021

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 Palm Sunday 8:30 AM – 5:30 PM – Thai Foot Massage	29 Holi 5:45 PM – 9:45 PM – Lymphatic Drainage	30 5:45 PM – 9:45 PM – Lymphatic Drainage	31 5:45 PM – 9:45 PM – Lymphatic Drainage	1 April Fools' Day 5:45 PM – 9:45 PM – Lymphatic Drainage	2 Good Friday 5:45 PM – 9:45 PM – Lymphatic Drainage	3 8:30 AM – 5:30 PM – Lymphatic Drainage
4 Easter 8:30 AM – 5:30 PM – Lymphatic Drainage	5 5:45 PM – 9:45 PM – Lymphatic Drainage	6 5:45 PM – 9:45 PM – Lymphatic Drainage	7 5:45 PM – 9:45 PM – Lymphatic Drainage	8 8:30 AM – 5:30 PM – Soothing Belly: Abdominal Massage 5:45 PM – 9:45 PM – Physiology	9 5:45 PM – 9:45 PM – Physiology	10 8:30 AM – 5:30 PM – Physiology
11 8:30 AM – 5:30 PM – Physiology	12 5:45 PM – 9:45 PM – Physiology	13 Beginning of Ramadan 5:45 PM – 9:45 PM – Physiology	14 5:45 PM – 9:45 PM – Physiology	15 Tax Day 5:45 PM – 9:45 PM – Euro Spa	16 5:45 PM – 9:45 PM – Euro Spa	17 8:30 AM – 5:30 PM – Euro Spa
18 8:30 AM – 5:30 PM – Euro Spa	19 5:45 PM – 9:45 PM – Physiology	20 5:45 PM – 9:45 PM – Physiology	21 5:45 PM – 9:45 PM – Physiology	22 Earth Day 5:45 PM – 9:45 PM – Physiology	23 8:30 AM – 5:30 PM – Physiology	24 8:30 AM – 5:30 PM – Fusion 16
25 8:30 AM – 5:30 PM – Fusion 16	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

May 2021

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM – 5:30 PM – Fusion 16	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
2 Orthodox Easter 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 Cinco de Mayo 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	7 5:45 PM – 9:45 PM – Maternity & Infant Massage	8 8:30 AM – 5:30 PM – Maternity & Infant Massage
9 Mother's Day 8:30 AM – 5:30 PM – Maternity & Infant Massage	10 5:45 PM – 9:45 PM – Maternity & Infant Massage	11 5:45 PM – 9:45 PM – Maternity & Infant Massage	12 Eid al-Fitr 5:45 PM – 9:45 PM – Maternity & Infant Massage	13 5:45 PM – 9:45 PM – Maternity & Infant Massage	14 5:45 PM – 9:45 PM – Maternity & Infant Massage	15 8:30 AM – 5:30 PM – Maternity & Infant Massage
16 8:30 AM – 5:30 PM – Geriatric (Elderly) Massage	17 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	18 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	19 8:30 AM – 5:30 PM – Geriatric (Elderly) Massage	20 8:30 AM – 5:30 PM – Dreamy Face Sequence	21 8:30 AM – 5:30 PM – ToT: Thai on the Table	22 8:30 AM – 5:30 PM – ToT: Thai on the Table
23 8:30 AM – 5:30 PM – ToT: Thai on the Table	24 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	25 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	26 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	27 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 8:30 AM – 5:30 PM – Hot Stone LomiLomi
30 8:30 AM – 5:30 PM – Hot Stone LomiLomi	31 Memorial Day 8:30 AM – 5:30 PM – Hot Stone LomiLomi	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	5 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

June 2021

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- BWS Day Classes
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Hot Stone LomiLomi	31 Memorial Day 8:30 AM – 5:30 PM – Hot Stone LomiLomi	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	5 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
6 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	7 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	8 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	9 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	10 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	11 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	12 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
13 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	14 Flag Day 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	15 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	16 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	17 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	18 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	19 Juneteenth 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
20 Father's Day 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	21 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	22 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	23 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	24 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	25 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	26 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
27 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	28 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	29 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	30 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	1 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Acupressure	2 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Acupressure	3 8:30 AM – 5:30 PM – Acupressure

July 2021

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	28 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	29 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	30 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	1 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Acupressure	2 8:45 AM – 12:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Acupressure	3 8:30 AM – 5:30 PM – Acupressure
4 Independence Day 8:30 AM – 5:30 PM – Acupressure	5 Independence Day (observed) 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	6 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	7 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	8 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	9 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	10 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
11 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	12 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	13 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	14 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – Acupressure	15 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	16 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	17 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
18 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	19 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	20 Eid al-Adha 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	21 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	22 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	23 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	24 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
25 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	26 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	27 8:45 AM – 12:45 PM – TM2: Therapeutic Massage Level 2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 8:45 AM – 12:45 PM – Physiology 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	31 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat

August 2021

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Aromatherapy	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Aromatherapy	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Aromatherapy	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Aromatherapy	■ 8:30 AM – 5:30 PM – Aromatherapy
8	9	10	11	12	13	14
■ 8:30 AM – 5:30 PM – Aromatherapy	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Aromatherapy	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Aromatherapy	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Aromatherapy	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Aromatherapy	■ 8:30 AM – 5:30 PM – Your Crown & Glory: Head Massage ■ 8:45 AM – 12:45 PM – Physiology	■ 8:30 AM – 5:30 PM – Rock to Relax: Pulsing
15	16	17	18	19	20	21
■ 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Biz32	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Biz32	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Biz32	Ashura ■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Biz32	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Biz8/4	■ 5:45 PM – 9:45 PM – Biz8/4 Event
22	23	24	25	26	27	28
■ 8:30 AM – 5:30 PM – Biz32	■ 8:45 AM – 12:45 PM – Physiology ■ 5:45 PM – 9:45 PM – Biz32	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Biz32	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Biz12	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Biz12	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Biz12	■ 8:30 AM – 5:30 PM – Oncology & Hospice Massage
29	30	31	1	2	3	4
■ 8:30 AM – 5:30 PM – Oncology & Hospice Massage	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Anatomy: B&M	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Anatomy: B&M	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Anatomy: B&M	■ 8:45 AM – 12:45 PM – Pathology ■ 5:45 PM – 9:45 PM – Anatomy: B&M	■ 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 ■ 5:45 PM – 9:45 PM – Anatomy: B&M	■ 8:30 AM – 5:30 PM – Craniosacral Therapy

September 2021

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – On-cology & Hospice Massage	30 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Anatomy: B&M	31 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Anatomy: B&M	1 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Anatomy: B&M	2 8:45 AM – 12:45 PM – Pathology 5:45 PM – 9:45 PM – Anatomy: B&M	3 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Anatomy: B&M	4 8:30 AM – 5:30 PM – Craniosacral Therapy
5 8:30 AM – 5:30 PM – Craniosacral Therapy	6 Labor Day 8:30 AM – 5:30 PM – Craniosacral Therapy	7 Rosh Hashanah 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	8 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	9 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	10 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	11 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
12 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	13 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 8:30 AM – 5:30 PM – Himalayan Salt Stone Massage 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 Yom Kippur 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	17 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	18 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing
19 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	20 8:30 AM – 5:30 PM – Stand Your Ground: Legs 5:45 PM – 9:45 PM – Anatomy: B&M	21 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Anatomy: B&M	22 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – Anatomy: B&M	23 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	24 8:45 AM – 12:45 PM – TM3: Therapeutic Massage Level 3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	25 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
26 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	27 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	30 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

October 2021

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	27 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	30 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
3 8:30 AM – 5:30 PM – Anatomy	4 5:45 PM – 9:45 PM – Anatomy: B&M	5 8:30 AM – 5:30 PM – I've Got Your Back 5:45 PM – 9:45 PM – Anatomy: B&M	6 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – Positional Release	7 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – Positional Release	8 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – Positional Release	9 8:30 AM – 5:30 PM – Positional Release
10 8:30 AM – 5:30 PM – Positional Release	11 Columbus Day Indigenous Peoples' Day 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – Positional Release	12 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – Positional Release	13 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – Positional Release	14 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – Positional Release	15 8:45 AM – 12:45 PM – B&M: Anatomy – Bones & Muscles 5:45 PM – 9:45 PM – Positional Release	16 8:30 AM – 5:30 PM – Sound Infused Therapies
17 8:30 AM – 5:30 PM – Sound Infused Therapies	18 8:45 AM Biz32 5:45 PM – 9:45 PM – Kinesiology	19 8:45 AM Biz32 5:45 PM – 9:45 PM – Kinesiology	20 8:45 AM Biz32 5:45 PM – 9:45 PM – Kinesiology	21 8:45 AM Biz32 5:45 PM – 9:45 PM – Kinesiology	22 8:45 AM Biz32 5:45 PM – 9:45 PM – Kinesiology	23 8:30 AM – 5:30 PM – Sea Shell Massage
24 8:30 AM – 5:30 PM – Sea Shell Massage	25 8:45 AM Biz8/4 5:45 PM – 9:45 PM – Kinesiology	26 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version II 5:45 PM – 9:45 PM – Kinesiology	27 8:45 AM Biz8/4 5:45 PM – 9:45 PM – Kinesiology	28 8:45 AM Biz8/4 5:45 PM – 9:45 PM – Kinesiology	29 8:45 AM Biz32 5:45 PM – 9:45 PM – Reflexology	30 8:30 AM – 5:30 PM – Reflexology
31 Halloween 8:30 AM – 5:30 PM – Reflexology	1 8:45 AM Biz32 5:45 PM – 9:45 PM – Reflexology	2 8:45 AM Biz32 5:45 PM – 9:45 PM – Reflexology	3 8:45 AM Biz12 5:45 PM – 9:45 PM – Reflexology	4 Diwali 8:45 AM Biz12 5:45 PM – 9:45 PM – Reflexology	5 8:45 AM Biz12 5:45 PM – 9:45 PM – Reflexology	6 8:30 AM – 5:30 PM – Reflexology

November 2021

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Halloween 8:30 AM – 5:30 PM – Reflexology	1 8:45 AM Biz32 5:45 PM – 9:45 PM – Reflexology	2 8:45 AM Biz32 5:45 PM – 9:45 PM – Reflexology	3 8:45 AM Biz12 5:45 PM – 9:45 PM – Reflexology	4 Diwali 8:45 AM Biz12 5:45 PM – 9:45 PM – Reflexology	5 8:45 AM Biz12 5:45 PM – 9:45 PM – Reflexology	6 8:30 AM – 5:30 PM – Reflexology
7 Daylight Saving Time End 8:30 AM – 5:30 PM – Kinesiology	8 5:45 PM – 9:45 PM – Kinesiology	9 5:45 PM – 9:45 PM – Kinesiology	10 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Myofascial Therapy	11 Veterans Day 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Myofascial Therapy	12 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Myofascial Therapy	13 8:30 AM – 5:30 PM – Myofascial Therapy
14 8:30 AM – 5:30 PM – Myofascial Therapy	15 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Myofascial Therapy	16 5:45 PM – 9:45 PM – Myofascial Therapy	17 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Myofascial Therapy	18 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Myofascial Therapy	19 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Myofascial Therapy	20 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue
21 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	22 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	23 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	24	25 Thanksgiving	26	27
28	29 Hanukkah 5:45 PM – 9:45 PM – Physiology	30 5:45 PM – 9:45 PM – Physiology	1 5:45 PM – 9:45 PM – Physiology	2 5:45 PM – 9:45 PM – Physiology	3 5:45 PM – 9:45 PM – Physiology	4 8:30 AM – 5:30 PM – Ayurvedic Shirodhara & Abhyanga

December 2021

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 Hanukkah 5:45 PM – 9:45 PM – Physiology	30 5:45 PM – 9:45 PM – Physiology	1 5:45 PM – 9:45 PM – Physiology	2 5:45 PM – 9:45 PM – Physiology	3 5:45 PM – 9:45 PM – Physiology	4 8:30 AM – 5:30 PM – Ayurvedic Shirodhara & Abhyanga
5 8:30 AM – 5:30 PM – Ayurvedic Shirodhara & Abhyanga	6 5:45 PM – 9:45 PM – Physiology	7 8:30 AM – 5:30 PM – Intuitive Hands-On Energy Work 5:45 PM – 9:45 PM – Physiology	8 5:45 PM – 9:45 PM – Physiology	9 5:45 PM – 9:45 PM – Physiology	10 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Deep Tissue	11 8:30 AM – 5:30 PM – Deep Tissue
12 8:30 AM – 5:30 PM – Deep Tissue	13 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Deep Tissue	14 5:45 PM – 9:45 PM – Deep Tissue	15 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Deep Tissue	16 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Deep Tissue	17 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Deep Tissue	18 8:30 AM – 5:30 PM – Deep Tissue
19 8:30 AM – 5:30 PM – Physiology	20 8:45 AM – 12:45 PM – Kinesiology 5:45 PM – 9:45 PM – Physiology	21 5:45 PM – 9:45 PM – Physiology	22 5:45 PM – 9:45 PM – Physiology	23	24 Christmas Eve	25 Christmas Day
26 Kwanzaa	27	28	29	30	31 New Year's Eve	1 New Year's Day

January 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 Kwanzaa	27	28	29	30	31 New Year's Eve	1 New Year's Day
2	3 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 5:45 PM – 9:45 PM – H&C Stone Therapy	6 5:45 PM – 9:45 PM – H&C Stone Therapy	7 5:45 PM – 9:45 PM – H&C Stone Therapy	8 8:30 AM – 5:30 PM – H&C Stone Therapy
9 8:30 AM – 5:30 PM – H&C Stone Therapy	10 5:45 PM – 9:45 PM – H&C Stone Therapy	11 5:45 PM – 9:45 PM – H&C Stone Therapy	12 5:45 PM – 9:45 PM – H&C Stone Therapy	13 5:45 PM – 9:45 PM – H&C Stone Therapy	14 5:45 PM – 9:45 PM – H&C Stone Therapy	15 8:30 AM – 5:30 PM – Thai Herbal Spa
16 8:30 AM – 5:30 PM – Thai Herbal Spa	17 Martin Luther King, Jr. Day 5:45 PM – 9:45 PM – Pathology	18 5:45 PM – 9:45 PM – Pathology	19 5:45 PM – 9:45 PM – Pathology	20 5:45 PM – 9:45 PM – Hydrotherapy	21 5:45 PM – 9:45 PM – Hydrotherapy	22 8:30 AM – 5:30 PM – Hydrotherapy
23 8:30 AM – 5:30 PM – Hydrotherapy	24 5:45 PM – 9:45 PM – Pathology	25 5:45 PM – 9:45 PM – Pathology	26 5:45 PM – 9:45 PM – Pathology	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
30 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 Lunar New Year 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 Groundhog Day 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

February 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 Lunar New Year 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 Groundhog Day 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
6 8:30 AM – 5:30 PM – Pre- mier Spa Indonesia	7 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	8 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	9 5:45 PM – 9:45 PM – Pathology	10 5:45 PM – 9:45 PM – Pathology	11 5:45 PM – 9:45 PM – Pathology	12 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 Valentine's Day 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
20 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	21 President's Day 8:30 AM 5:30 PM – Em- bracing Life – Arms, Wrists, Hands	22 8:30 AM – 5:30 PM Ease the Load: Shoulders	23 5:45 PM – 9:45 PM – Anatomy: B&M	24 5:45 PM – 9:45 PM – Anatomy: B&M	25 5:45 PM – 9:45 PM – Anatomy: B&M	26 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
27 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	1 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	4 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3

March 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	1 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	4 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
6 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	7 5:45 PM – 9:45 PM – Anatomy: B&M	8 5:45 PM – 9:45 PM – Anatomy: B&M	9 5:45 PM – 9:45 PM – Anatomy: B&M	10 5:45 PM – 9:45 PM – Anatomy: B&M	11 5:45 PM – 9:45 PM – Thai Foot Massage	12 8:30 AM – 5:30 PM – Thai Foot Massage
13 Daylight Saving Time 8:30 AM – 5:30 PM – Thai Foot Massage	14 5:45 PM – 9:45 PM – Thai Foot Massage	15 5:45 PM – 9:45 PM – Bam-boo Massage	16 5:45 PM – 9:45 PM – Bam-boo Massage	17 St. Patrick's Day 5:45 PM – 9:45 PM – Bam-boo Massage	18 Holi 5:45 PM – 9:45 PM – Bam-boo Massage	19 8:30 AM – 5:30 PM – Bam-boo Massage
20 8:30 AM – 5:30 PM – Anatomy: B&M	21 5:45 PM – 9:45 PM – Anatomy: B&M	22 5:45 PM – 9:45 PM – Anatomy: B&M	23 5:45 PM – 9:45 PM – Anatomy: B&M	24 8:30 AM 5:30 PM – Relax: Ear & Hand Reflexology	25 8:30 AM 5:30 PM – Sans-Hands Flow Massage	26 8:30 AM 5:30 PM – Sans-Hands Flow Massage
27 8:30 AM 5:30 PM – Sans-Hands Flow Massage	28 5:45 PM – 9:45 – Biz32	29 5:45 PM – 9:45 – Biz32	30 5:45 PM – 9:45 – Biz32	31 5:45 PM – 9:45 – Biz32	1 April Fools' Day 5:45 PM – 9:45 – Biz8/4	2 Beginning of Ramadan 8:30 AM – 5:30 PM – Biz8/4

April 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM 5:30 PM – Sans-Hands Flow Massage	28 5:45 PM – 9:45 – Biz32	29 5:45 PM – 9:45 – Biz32	30 5:45 PM – 9:45 – Biz32	31 5:45 PM – 9:45 – Biz32	1 April Fools' Day 5:45 PM – 9:45 – Biz8/4	2 Beginning of Ramadan 8:30 AM – 5:30 PM – Biz8/4
3 8:30 AM – 5:30 PM – Biz32	4 5:45 PM – 9:45 – Biz32	5 5:45 PM – 9:45 – Biz32	6 9:00 AM – 5:30 PM Soothing Belly Massage	7 5:45 PM – 9:45 – EuroSpa	8 5:45 PM – 9:45 – EuroSpa	9 8:30 AM – 5:30 PM – EuroSpa
10 Palm Sunday 8:30 AM – 5:30 PM – EuroSpa	11 5:45 PM – 9:45 – Biz12	12 5:45 PM – 9:45 – Biz12	13 5:45 PM – 9:45 – Biz12	14 5:45 PM – 9:45 – NMT	15 Good Friday Tax Day Passover 5:45 PM – 9:45 – NMT	16 8:30 AM – 5:30 PM – NMT
17 Easter	18 5:45 PM – 9:45 – NMT	19 5:45 PM – 9:45 – NMT	20 5:45 PM – 9:45 – Physiology	21 5:45 PM – 9:45 – Physiology	22 Earth Day 5:45 PM – 9:45 – Physiology	23 8:30 AM – 5:30 PM – Fusion16
24 Orthodox Easter 8:30 AM – 5:30 PM – Fusion16	25 5:45 PM – 9:45 – Physiology	26 5:45 PM – 9:45 – Physiology	27 5:45 PM – 9:45 – Physiology	28 5:45 PM – 9:45 – Physiology	29 5:45 PM – 9:45 – Lymphatic Drainage	30 8:30 AM – 5:30 PM – Lymphatic Drainage

May 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Eid al-Fitr 8:30 AM – 5:30 PM – Lymphatic Drainage	2 5:45 PM – 9:45 – Lymphatic Drainage	3 5:45 PM – 9:45 – Lymphatic Drainage	4 5:45 PM – 9:45 – Lymphatic Drainage	5 Cinco de Mayo 5:45 PM – 9:45 – Lymphatic Drainage	6 5:45 PM – 9:45 – Lymphatic Drainage	7 8:30 AM – 5:30 PM – Lymphatic Drainage
8 Mother's Day	9 5:45 PM – 9:45 – Physiology	10 5:45 PM – 9:45 – Physiology	11 5:45 PM – 9:45 – Physiology	12 5:45 PM – 9:45 – TM1: Therapeutic Massage Level 1	13 5:45 PM – 9:45 – TM1: Therapeutic Massage Level 1	14 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
15 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	16 5:45 PM – 9:45 – TM1: Therapeutic Massage Level 1	17 5:45 PM – 9:45 – TM1: Therapeutic Massage Level 1	18 5:45 PM – 9:45 – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 – TM1: Therapeutic Massage Level 1	20 5:45 PM – 9:45 – TM1: Therapeutic Massage Level 1	21 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
22 8:30 AM – 5:30 PM – Dreamy Face Sequence	23 5:45 PM – 9:45 – Physiology	24 5:45 PM – 9:45 – Hot Stone Reflexology	25 5:45 PM – 9:45 – Hot Stone Reflexology	26 5:45 PM – 9:45 – Hot Stone Reflexology	27 5:45 PM – 9:45 – Hot Stone Reflexology	28 8:30 AM – 5:30 PM – Lomi-Lomi
29 8:30 AM – 5:30 PM – Lomi-Lomi	30 Memorial Day 8:30 AM – 5:30 PM – Lomi-Lomi	31 9:00 AM – 5:30 PM – I Crazy Good Neckwork - Version I 5:45 PM – 9:45 – Physiology	1 5:45 PM – 9:45 – Physiology	2 5:45 PM – 9:45 – Physiology	3 5:45 PM – 9:45 – Maternity & Infant Massage	4 8:30 AM – 5:30 PM – Maternity & Infant Massage

June 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – Lomi-Lomi	30 Memorial Day 8:30 AM – 5:30 PM – Lomi-Lomi	31 9:00 AM – 5:30 PM – I Crazy Good Neckwork – Version I 5:45 PM – 9:45 – Physiology	1 5:45 PM – 9:45 – Physiology	2 5:45 PM – 9:45 – Physiology	3 5:45 PM – 9:45 – Maternity & Infant Massage	4 8:30 AM – 5:30 PM – Maternity & Infant Massage
5 8:30 AM – 5:30 PM – Maternity & Infant Massage	6 5:45 PM – 9:45 – Maternity & Infant Massage	7 5:45 PM – 9:45 – Maternity & Infant Massage	8 5:45 PM – 9:45 – Maternity & Infant Massage	9 5:45 PM – 9:45 – Maternity & Infant Massage	10 5:45 PM – 9:45 – Maternity & Infant Massage	11 8:30 AM – 5:30 PM – Maternity & Infant Massage
12 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	13 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	14 Flag Day 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	15 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	16 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	17 8:30 AM – 5:30 PM – ToT: Thai on the Table	18 8:30 AM – 5:30 PM – ToT: Thai on the Table
19 Juneteenth Father's Day 8:30 AM – 5:30 PM – ToT: Thai on the Table	20 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	21 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	22 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	23 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	24 5:45 PM – 9:45 – TM2: Therapeutic Massage Level 2	25 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
26 8:30 AM – 5:30 PM – Pathology	27 5:45 PM – 9:45 – Pathology	28 9:00 AM – 5:30 PM – Move Freely: Hips & Pelvis	29 5:45 PM – 9:45 – Pathology	30 8:30 AM – 5:30 PM – Orthopedic Massage	1 8:30 AM – 5:30 PM – Orthopedic Massage	2 8:30 AM – 5:30 PM – Orthopedic Massage

July 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Pathology	27 5:45 PM – 9:45 – Pathology	28 9:00 AM – 5:30 PM – Move Freely: Hips & Pelvis	29 5:45 PM – 9:45 – Pathology	30 8:30 AM – 5:30 PM – Orthopedic Massage	1 8:30 AM – 5:30 PM – Orthopedic Massage	2 8:30 AM – 5:30 PM – Orthopedic Massage
3 8:30 AM – 5:30 PM – Orthopedic Massage	4 Independence Day 5:45 PM – 9:45 – Pathology	5 5:45 PM – 9:45 – Pathology	6 5:45 PM – 9:45 – Pathology	7 5:45 PM – 9:45 – Pathology	8 9:00 AM – 5:30 PM – Your Crown & Glory: Head Massage	9 8:30 AM – 5:30 PM – Plsg: Rock to Relax: Pulsing
10 Eid al-Adha 8:30 AM – 5:30 PM – Plsg: Rock to Relax: Pulsing	11 5:45 PM – 9:45 – Pathology	12 5:45 PM – 9:45 – Pathology	13 5:45 PM – 9:45 – Pathology	14 8:30 AM – 5:30 PM – Trad. Thai on the Mat	15 8:30 AM – 5:30 PM – Trad. Thai on the Mat	16 8:30 AM – 5:30 PM – Trad. Thai on the Mat
17 8:30 AM – 5:30 PM – Trad. Thai on the Mat	18 5:45 PM – 9:45 – Kinesiology	19 5:45 PM – 9:45 – Kinesiology	20 9:00 AM – 5:30 PM – I've Got Your Back: Special Back Techniques	21 8:30 AM – 5:30 PM – Orthopedic Massage	22 8:30 AM – 5:30 PM – Orthopedic Massage	23 8:30 AM – 5:30 PM – Orthopedic Massage
24 8:30 AM – 5:30 PM – Orthopedic Massage	25 5:45 PM – 9:45 – Kinesiology	26 5:45 PM – 9:45 – Kinesiology	27 5:45 PM – 9:45 – Kinesiology	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat	29 8:30 AM – 5:30 PM – Trad. Thai on the Mat	30 8:30 AM – 5:30 PM – Trad. Thai on the Mat
31 8:30 AM – 5:30 PM – Trad. Thai on the Mat	1 5:45 PM – 9:45 – Kinesiology	2 5:45 PM – 9:45 – Kinesiology	3 5:45 PM – 9:45 – Kinesiology	4 8:30 AM – 5:30 PM – Orthopedic Massage	5 8:30 AM – 5:30 PM – Orthopedic Massage	6 8:30 AM – 5:30 PM – Orthopedic Massage

August 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 8:30 AM – 5:30 PM – Trad. Thai on the Mat	1 5:45 PM – 9:45 – Kinesiology	2 5:45 PM – 9:45 – Kinesiology	3 5:45 PM – 9:45 – Kinesiology	4 8:30 AM – 5:30 PM – Orthopedic Massage	5 8:30 AM – 5:30 PM – Orthopedic Massage	6 8:30 AM – 5:30 PM – Orthopedic Massage
7 8:30 AM – 5:30 PM – Orthopedic Massage	8 Ashura 5:45 PM – 9:45 – Kinesiology	9 5:45 PM – 9:45 – Kinesiology	10 5:45 PM – 9:45 – Kinesiology	11 8:30 AM – 5:30 PM – Trad. Thai on the Mat	12 8:30 AM – 5:30 PM – Trad. Thai on the Mat	13 8:30 AM – 5:30 PM – Trad. Thai on the Mat
14 8:30 AM – 5:30 PM – Trad. Thai on the Mat	15 5:45 PM – 9:45 – Kinesiology	16 5:45 PM – 9:45 – Kinesiology	17 5:45 PM – 9:45 – Aroma: Clinical Aromatherapy & Massage	18 5:45 PM – 9:45 – Aroma: Clinical Aromatherapy & Massage	19 5:45 PM – 9:45 – Aroma: Clinical Aromatherapy & Massage	20 9:00 AM – 5:30 PM – Aroma: Clinical Aromatherapy & Massage
21 9:00 AM – 5:30 PM – Aroma: Clinical Aromatherapy & Massage	22 5:45 PM – 9:45 – Aroma: Clinical Aromatherapy & Massage	23 5:45 PM – 9:45 – Aroma: Clinical Aromatherapy & Massage	24 5:45 PM – 9:45 – Aroma: Clinical Aromatherapy & Massage	25 5:45 PM – 9:45 – Aroma: Clinical Aromatherapy & Massage	26 5:45 PM – 9:45 – Aroma: Clinical Aromatherapy & Massage	27 9:00 AM – 5:30 PM – Reb: Rock to Relax: Rebalancing
28 9:00 AM – 5:30 PM – Reb: Rock to Relax: Rebalancing	29 9:00 AM – 5:30 PM – Stand Your Ground: Legs & Feet	30 5:45 PM – 9:45 – Acupressure	31 5:45 PM – 9:45 – Acupressure	1 5:45 PM – 9:45 – Acupressure	2 5:45 PM – 9:45 – Acupressure	3 9:00 AM – 5:30 PM – Acupressure

September 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 9:00 AM – 5:30 PM – Reb: Rock to Relax: Rebalancing	29 9:00 AM – 5:30 PM – Stand Your Ground: Legs & Feet	30 5:45 PM – 9:45 – Acupres- sure	31 5:45 PM – 9:45 – Acupres- sure	1 5:45 PM – 9:45 – Acupres- sure	2 5:45 PM – 9:45 – Acupres- sure	3 9:00 AM – 5:30 PM – Acu- pressure
4 9:00 AM – 5:30 PM – Acu- pressure	5 Labor Day 9:00 AM – 5:30 PM – Acu- pressure	6 5:45 PM – 9:45 – Acupres- sure	7 5:45 PM – 9:45 – Acupres- sure	8 9:00 AM – 5:30 PM – Bare- foot Bars Deep Tissue	9 9:00 AM – 5:30 PM – Bare- foot Bars Deep Tissue	10 9:00 AM – 5:30 PM – Bare- foot Bars Deep Tissue
11 9:00 AM – 5:30 PM – Bare- foot Bars Deep Tissue	12 5:45 PM – 9:45 PM – PR: Positional Release	13 5:45 PM – 9:45 PM – PR: Positional Release	14 5:45 PM – 9:45 PM – PR: Positional Release	15 5:45 PM – 9:45 PM – PR: Positional Release	16 5:45 PM – 9:45 PM – PR: Positional Release	17 9:00 AM – 5:30 PM – PR: Positional Release
18 9:00 AM – 5:30 PM – PR: Positional Release	19 5:45 PM – 9:45 PM – PR: Positional Release	20 5:45 PM – 9:45 PM – PR: Positional Release	21 5:45 PM – 9:45 PM – PR: Positional Release	22 5:45 PM – 9:45 – CST: Craniosacral Therapy	23 5:45 PM – 9:45 – CST: Craniosacral Therapy	24 8:30 AM – 5:30 – CST: Craniosacral Therapy
25 8:30 AM – 5:30 – CST: Craniosacral Therapy	26 Rosh Hashanah 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 – Geriatric (Elderly) Massage

October 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM – 5:30 – CST: Craniosacral Therapy	26 Rosh Hashanah 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 – Geriatric (Elderly) Massage
2 8:30 AM – 5:30 – Geriatric (Elderly) Massage	3 8:30 AM – 5:30 – Geriatric (Elderly) Massage	4 Yom Kippur 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	7 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	8 8:30 AM – 5:30 – TM1: Therapeutic Massage Level 1
9 8:30 AM – 5:30 – TM1: Therapeutic Massage Level 1	10 Columbus Day Indigenous Peoples' Day 9:00 AM – 5:30 PM – II Crazy Good Neckwork – Version II	11 5:45 PM – 9:45 PM – Anatomy: B&M	12 5:45 PM – 9:45 PM – Anatomy: B&M	13 5:45 PM – 9:45 PM – Anatomy: B&M	14 5:45 PM – 9:45 PM – Anatomy: B&M	15 8:30 AM – 5:30 – Oncology & Hospice Massage
16 8:30 AM – 5:30 – Oncology & Hospice Massage	17 8:30 AM – 5:30 – Himalayan Salt Stone Massage	18 5:45 PM – 9:45 PM – Anatomy: B&M	19 5:45 PM – 9:45 PM – Anatomy: B&M	20 5:45 PM – 9:45 PM – Anatomy: B&M	21 5:45 PM – 9:45 PM – Reflexology	22 8:30 AM – 5:30 – Reflexology
23 8:30 AM – 5:30 – Reflexology	24 Diwali 5:45 PM – 9:45 PM – Reflexology	25 5:45 PM – 9:45 PM – Reflexology	26 5:45 PM – 9:45 PM – Reflexology	27 5:45 PM – 9:45 PM – Reflexology	28 5:45 PM – 9:45 PM – Reflexology	29 8:30 AM – 5:30 – Reflexology
30 8:30 AM – 5:30 – Anatomy: B&M	31 Halloween 5:45 PM – 9:45 PM – Anatomy: B&M	1 5:45 PM – 9:45 PM – Anatomy: B&M	2 5:45 PM – 9:45 PM – Anatomy: B&M	3 5:45 PM – 9:45 PM – Sound Healing	4 5:45 PM – 9:45 PM – Sound Healing	5 8:30 AM – 5:30 – Sound Healing

November 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 – Anatomy: B&M	31 Halloween 5:45 PM – 9:45 PM – Anatomy: B&M	1 5:45 PM – 9:45 PM – Anatomy: B&M	2 5:45 PM – 9:45 PM – Anatomy: B&M	3 5:45 PM – 9:45 PM – Sound Healing	4 5:45 PM – 9:45 PM – Sound Healing	5 8:30 AM – 5:30 – Sound Healing
6 Daylight Saving Time End 9:00 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	7 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 Election Day 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	11 Veterans Day 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	12 9:00 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 9:00 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 8:30 AM – 5:30 – Intuitive Hands-On Energy Work 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	17 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	18 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	19 9:00 AM – 5:30 PM – DT: Deep Tissue Massage
20 9:00 AM – 5:30 PM – DT: Deep Tissue Massage	21 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	22 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	23	24 Thanksgiving	25	26
27	28 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	29 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	30 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	1 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	3 9:00 AM – 5:30 PM – TM3: Therapeutic Massage Level 3

December 2022

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
	5:45 PM – 9:45 PM – DT: Deep Tissue Massage	5:45 PM – 9:45 PM – DT: Deep Tissue Massage	5:45 PM – 9:45 PM – DT: Deep Tissue Massage	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	9:00 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
4	5	6	7	8	9	10
9:00 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	9:00 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
11	12	13	14	15	16	17
8:30 AM – 5:30 – Shiro: Ayurvedic Abyhanga & Shirodhara	8:30 AM – 5:30 – Shiro: Ayurvedic Abyhanga & Shirodhara	5:45 PM – 9:45 PM – Myofascial Release	5:45 PM – 9:45 PM – Myofascial Release	5:45 PM – 9:45 PM – Myofascial Release	5:45 PM – 9:45 PM – Myofascial Release	9:00 AM – 5:30 PM – Myofascial Release
18	19	20	21	22	23	24
9:00 AM – 5:30 PM – Myofascial Release	Hanukkah 5:45 PM – 9:45 PM – Myofascial Release	5:45 PM – 9:45 PM – Myofascial Release	5:45 PM – 9:45 PM – Myofascial Release	5:45 PM – 9:45 PM – Myofascial Release		Christmas Eve
25	26	27	28	29	30	31
Christmas Day	Kwanzaa					New Year's Eve

January 2023

- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- US Holidays
- bodywisdom1999@gmail.com

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 5:45 PM – 9:45 PM – Kine- siology	4 5:45 PM – 9:45 PM – Kine- siology	5 5:45 PM – 9:45 PM – Kine- siology	6 5:45 PM – 9:45 PM – Biz32	7 9:00 AM – 5:30 PM – Biz32
8 9:00 AM – 5:30 PM – Kine- siology	9 5:45 PM – 9:45 PM – Kine- siology	10 5:45 PM – 9:45 PM – Biz32	11 5:45 PM – 9:45 PM – Biz32	12 5:45 PM – 9:45 PM – Biz32	13 5:45 PM – 9:45 PM – Biz8/4	14 9:00 AM – 5:30 PM – Biz8/4
15 9:00 AM – 5:30 PM – Biz32	16 5:45 PM – 9:45 PM – Kine- siology	17 5:45 PM – 9:45 PM – Kine- siology	18 5:45 PM – 9:45 PM – Kine- siology	19 5:45 PM – 9:45 PM – Kine- siology	20 5:45 PM – 9:45 PM – Biz12	21 9:00 AM – 5:30 PM – Biz12
22 9:00 AM – 5:30 PM – Kine- siology	23 5:45 PM – 9:45 PM – Kine- siology	24 9:00 AM TM1	25 9:00 AM TM1	26 9:00 AM TM1	27 9:00 AM TM1	28 9:00 AM TM1
29 9:00 AM TM1	30 9:00 AM TM1	31 9:00 AM TM1	1 9:00 AM TM1	2 9:00 AM TM1	3 9:00 AM TM1	4 8:30 AM – 5:30 PM – Sea Shell Massage