

# January 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>New Year's Day</b>	2	3 ■ 5:45 PM – 9:45 PM – Kine- siology	4 ■ 5:45 PM – 9:45 PM – Kine- siology	5 ■ 5:45 PM – 9:45 PM – Kine- siology	6 ■ 5:45 PM – 9:45 PM – Biz32	7 ■ 8:30 AM – 5:30 PM – Biz32
8 ■ 8:30 AM – 5:30 PM – Kine- siology	9 ■ 5:45 PM – 9:45 PM – Kine- siology	10 ■ 5:45 PM – 9:45 PM – Biz32	11 ■ 5:45 PM – 9:45 PM – Biz32	12 ■ 5:45 PM – 9:45 PM – Biz32	13 ■ 5:45 PM – 9:45 PM – Biz8/4	14 ■ 8:30 AM – 5:30 PM – Biz8/4
15 ■ 8:30 AM – 5:30 PM – Biz32	16 <b>Martin Luther King Jr. Day</b> ■ 5:45 PM – 9:45 PM – Kine- siology	17 ■ 5:45 PM – 9:45 PM – Kine- siology	18 ■ 5:45 PM – 9:45 PM – Kine- siology	19 ■ 5:45 PM – 9:45 PM – Kine- siology	20 ■ 5:45 PM – 9:45 PM – Biz12	21 ■ 8:30 AM – 5:30 PM – Biz12
22 <b>Lunar New Year</b> ■ 8:30 AM – 5:30 PM – Kine- siology	23 ■ 5:45 PM – 9:45 PM – Kine- siology	24 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
29 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 <b>Groundhog Day</b> ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 8:30 AM – 5:30 PM – Sea Shell Massage

# February 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 ■ <b>Groundhog Day</b> ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 8:30 AM – 5:30 PM – Sea Shell Massage
5 ■ 8:30 AM – 5:30 PM – Sea Shell Massage	6 ■ 8:30 AM – 5:30 PM – Em- bracing Life: Arms, Wrists, & Hands	7 ■ 5:45 PM – 9:45 PM – Physi- ology	8 ■ 5:45 PM – 9:45 PM – Physi- ology	9 ■ 5:45 PM – 9:45 PM – Physi- ology	10 ■ 5:45 PM – 9:45 PM – H&C Stone Therapy	11 ■ 8:30 AM – 5:30 PM – H&C Stone Therapy
12 ■ 8:30 AM – 5:30 PM – H&C Stone Therapy	13 ■ 5:45 PM – 9:45 PM – H&C Stone Therapy	14 ■ <b>Valentine's Day</b> ■ 5:45 PM – 9:45 PM – H&C Stone Therapy	15 ■ 5:45 PM – 9:45 PM – H&C Stone Therapy	16 ■ 5:45 PM – 9:45 PM – H&C Stone Therapy	17 ■ 5:45 PM – 9:45 PM – H&C Stone Therapy	18 ■ 8:30 AM – 5:30 PM – H&C Stone Therapy
19	20 ■ <b>Presidents' Day</b>	21 ■ 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – LB	22 ■ <b>Ash Wednesday</b> ■ 5:45 PM – 9:45 PM – Physi- ology	23 ■ 5:45 PM – 9:45 PM – Physi- ology	24 ■ 5:45 PM – 9:45 PM – Physi- ology	25 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
26 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	27 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

# March 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	27 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
5 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	6 8:30 AM – 5:30 PM – Ease the Load: Shoulders	7 5:45 PM – 9:45 PM – Physiology	8 <b>Holi</b> 5:45 PM – 9:45 PM – Physiology	9 5:45 PM – 9:45 PM – Physiology	10 8:30 AM – 5:30 PM – Sans-Hands	11 8:30 AM – 5:30 PM – Sans-Hands
12 <b>Daylight Saving Time</b> 8:30 AM – 5:30 PM – Sans-Hands	13 5:45 PM – 9:45 PM – Physiology	14 5:45 PM – 9:45 PM – Physiology	15 5:45 PM – 9:45 PM – Physiology	16 5:45 PM – 9:45 PM – Bamboo Massage	17 <b>St. Patrick's Day</b> 5:45 PM – 9:45 PM – Bamboo Massage	18 8:30 AM – 5:30 PM – Bamboo Massage
19 8:30 AM – 5:30 PM – Bamboo Massage	20 5:45 PM – 9:45 PM – Physiology	21 5:45 PM – 9:45 PM – Physiology	22 <b>Beginning of Ramadan</b> 8:30 AM – 5:30 PM – Relax: Hand & Ear Reflexology	23 5:45 PM – 9:45 PM – Pathology	24 5:45 PM – 9:45 PM – Pathology	25 8:30 AM – 5:30 PM – Thai Herbal Spa
26 8:30 AM – 5:30 PM – Thai Herbal Spa	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – NMT	31 5:45 PM – 9:45 PM – NMT	1 <b>April Fools' Day</b> 8:30 AM – 5:30 PM – NMT

# April 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Thai Herbal Spa	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – NMT	31 5:45 PM – 9:45 PM – NMT	1 <b>April Fools' Day</b> 8:30 AM – 5:30 PM – NMT
2 <b>Palm Sunday</b> 8:30 AM – 5:30 PM – NMT	3 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 <b>Passover</b> 5:45 PM – 9:45 PM – Pathology	6 5:45 PM – 9:45 PM – Hydrotherapy	7 <b>Good Friday</b> 5:45 PM – 9:45 PM – Hydrotherapy	8 8:30 AM – 5:30 PM – Hydrotherapy
9 <b>Easter</b> 8:30 AM – 5:30 PM – Hydrotherapy	10 5:45 PM – 9:45 PM – Pathology	11 8:30 AM – 5:30 PM – Stretching-TaiChi-Qigong – UB 5:45 PM – 9:45 PM – Pathology	12 5:45 PM – 9:45 PM – Pathology	13 5:45 PM – 9:45 PM – Thai Foot Massage	14 5:45 PM – 9:45 PM – Thai Foot Massage	15 8:30 AM – 5:30 PM – Thai Foot Massage
16 <b>Orthodox Easter</b> 8:30 AM – 5:30 PM – Thai Foot Massage	17 5:45 PM – 9:45 PM – Maternity & Infant Massage	18 <b>Tax Day</b> 5:45 PM – 9:45 PM – Maternity & Infant Massage	19 5:45 PM – 9:45 PM – Maternity & Infant Massage	20 5:45 PM – 9:45 PM – Maternity & Infant Massage	21 <b>Eid al-Fitr</b> 5:45 PM – 9:45 PM – Maternity & Infant Massage	22 <b>Earth Day</b> 8:30 AM – 5:30 PM – Maternity & Infant Massage
23 8:30 AM – 5:30 PM – Maternity & Infant Massage	24 5:45 PM – 9:45 PM – Maternity & Infant Massage	25 5:45 PM – 9:45 PM – Maternity & Infant Massage	26 5:45 PM – 9:45 PM – Maternity & Infant Massage	27 8:30 AM – 5:30 PM – Soothing Belly: Abdominal Massage	28 5:45 PM – 9:45 PM – Anatomy	29 8:30 AM – 5:30 PM – Anatomy
30 8:30 AM – 5:30 PM – Anatomy	1 8:30 AM – 5:30 PM – Dreamy Face Sequence	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 <b>Cinco de Mayo</b> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

# May 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Anatomy	1 8:30 AM – 5:30 PM – Dreamy Face Sequence	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 <b>Cinco de Mayo</b> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
7 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	8 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	9 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	10 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	11 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	13
14 <b>Mother's Day</b>	15	16	17 5:45 PM – 9:45 PM – Anatomy	18 5:45 PM – 9:45 PM – Anatomy	19 5:45 PM – 9:45 PM – Anatomy	20 8:30 AM – 5:30 PM – Fusion16
21 8:30 AM – 5:30 PM – Fusion16	22 5:45 PM – 9:45 PM – Anatomy	23 5:45 PM – 9:45 PM – Anatomy	24 5:45 PM – 9:45 PM – Anatomy	25 5:45 PM – 9:45 PM – Anatomy	26 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version I	27 8:30 AM – 5:30 PM – EuroSpa
28 8:30 AM – 5:30 PM – EuroSpa	29 <b>Memorial Day</b> 8:30 AM – 5:30 PM (full day!) – EuroSpa	30 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

# June 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – EuroSpa	29 <b>Memorial Day</b> 8:30 AM – 5:30 PM (full day!) – EuroSpa	30 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
4 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	5 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	6 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 8:30 AM – 5:30 PM – Hot Stone Reflexology
11 8:30 AM – 5:30 PM – Hot Stone Reflexology	12 5:45 PM – 9:45 PM – Lymphatic Drainage	13 5:45 PM – 9:45 PM – Lymphatic Drainage	14 <b>Flag Day</b> 5:45 PM – 9:45 PM – Lymphatic Drainage	15 5:45 PM – 9:45 PM – Lymphatic Drainage	16 5:45 PM – 9:45 PM – Lymphatic Drainage	17 8:30 AM – 5:30 PM – Lymphatic Drainage
18 <b>Father's Day</b> 8:30 AM – 5:30 PM – Lymphatic Drainage	19 <b>Juneteenth</b> 5:45 PM – 9:45 PM – Lymphatic Drainage	20 5:45 PM – 9:45 PM – Lymphatic Drainage	21 5:45 PM – 9:45 PM – Lymphatic Drainage	22 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	23 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	24 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
25 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	26 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 <b>Eid al-Adha</b> 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	1

# July 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	26 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 Eid al-Adha 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	1
2	3	4 Independence Day 8:30 AM – 5:30 PM – I've Got Your Back: Special Back Techniques	5 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
9 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	10 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	11 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 5:45 PM – 9:45 PM – Kinesiology	13 5:45 PM – 9:45 PM – Kinesiology	14 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	15 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
16 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	17 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	18 5:45 PM – 9:45 PM – Kinesiology	19 5:45 PM – 9:45 PM – Kinesiology	20 5:45 PM – 9:45 PM – Kinesiology	21 8:30 AM – 5:30 PM – Your Crown & Glory: Head Massage	22 8:30 AM – 5:30 PM – Rock to Relax: Pulsing
23 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	24 5:45 PM – 9:45 PM – Kinesiology	25 5:45 PM – 9:45 PM – Kinesiology	26 5:45 PM – 9:45 PM – Kinesiology	27 5:45 PM – 9:45 PM – Kinesiology	28 Ashura 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	29 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
30 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	31 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Kinesiology	4 5:45 PM – 9:45 PM – Kinesiology	5 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing

# August 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="text-align: right; font-weight: bold;">30</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	<div style="text-align: right; font-weight: bold;">31</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	<div style="text-align: right; font-weight: bold;">1</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Kinesiology	<div style="text-align: right; font-weight: bold;">2</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Kinesiology	<div style="text-align: right; font-weight: bold;">3</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Kinesiology	<div style="text-align: right; font-weight: bold;">4</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Kinesiology	<div style="text-align: right; font-weight: bold;">5</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing
<div style="text-align: right; font-weight: bold;">6</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	<div style="text-align: right; font-weight: bold;">7</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Stand Your Ground: Legs & Feet	<div style="text-align: right; font-weight: bold;">8</div>	<div style="text-align: right; font-weight: bold;">9</div>	<div style="text-align: right; font-weight: bold;">10</div>	<div style="text-align: right; font-weight: bold;">11</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Trad. Thai on the Mat	<div style="text-align: right; font-weight: bold;">12</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Trad. Thai on the Mat
<div style="text-align: right; font-weight: bold;">13</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Trad. Thai on the Mat	<div style="text-align: right; font-weight: bold;">14</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Trad. Thai on the Mat	<div style="text-align: right; font-weight: bold;">15</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">16</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">17</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">18</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">19</div> <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – Aromatherapy
<div style="text-align: right; font-weight: bold;">20</div> <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">21</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">22</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">23</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">24</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Aromatherapy	<div style="text-align: right; font-weight: bold;">25</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Trad. Thai on the Mat	<div style="text-align: right; font-weight: bold;">26</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Trad. Thai on the Mat
<div style="text-align: right; font-weight: bold;">27</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Trad. Thai on the Mat	<div style="text-align: right; font-weight: bold;">28</div> <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Trad. Thai on the Mat	<div style="text-align: right; font-weight: bold;">29</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Physiology	<div style="text-align: right; font-weight: bold;">30</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Physiology	<div style="text-align: right; font-weight: bold;">31</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Physiology	<div style="text-align: right; font-weight: bold;">1</div> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Physiology	<div style="text-align: right; font-weight: bold;">2</div> <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1



# September 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Trad. Thai on the Mat	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat	29 5:45 PM – 9:45 PM – Physiology	30 5:45 PM – 9:45 PM – Physiology	31 5:45 PM – 9:45 PM – Physiology	1 5:45 PM – 9:45 PM – Physiology	2 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1
3 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1	4 <b>Labor Day</b> 8:30 AM – 5:30 PM (full day) CST I – Craniosacral Therapy Level 1	5 5:45 PM – 9:45 PM – Physiology	6 5:45 PM – 9:45 PM – Physiology	7 5:45 PM – 9:45 PM – Physiology	8 8:30 AM – 5:30 PM – Trad. Thai on the Mat	9 8:30 AM – 5:30 PM – Trad. Thai on the Mat
10 8:30 AM – 5:30 PM – Trad. Thai on the Mat	11 8:30 AM – 5:30 PM – Trad. Thai on the Mat	12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	13 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 <b>Rosh Hashanah</b> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
17 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	18 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 8:30 AM – 5:30 PM – Premier Spa: Indonesia
24 8:30 AM – 5:30 PM – Premier Spa: Indonesia	25 <b>Yom Kippur</b> 8:30 AM – 5:30 PM – Himalayan Salt Stone Massage	26 5:45 PM – 9:45 PM – Physiology	27 5:45 PM – 9:45 PM – Physiology	28 5:45 PM – 9:45 PM – Physiology	29 5:45 PM – 9:45 PM – Physiology	30 8:30 AM – 5:30 PM – Acupuncture

# October 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM – 5:30 PM – Acupressure	2 5:45 PM – 9:45 PM – Acupressure	3 5:45 PM – 9:45 PM – Acupressure	4 5:45 PM – 9:45 PM – Physiology	5 5:45 PM – 9:45 PM – Physiology	6 5:45 PM – 9:45 PM – Physiology	7 8:30 AM – 5:30 PM – Acupressure
8 8:30 AM – 5:30 PM – Acupressure	9 <span style="background-color: #FFD700; padding: 2px;">Indigenous Peoples' Day</span> <span style="background-color: #FFD700; padding: 2px;">Columbus Day</span> 5:45 PM – 9:45 PM – Acupressure	10 5:45 PM – 9:45 PM – Acupressure	11 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version II	12 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
15 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	16 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	20 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
22 8:30 AM – 5:30 PM – Geriatric (Elderly) Massage	23 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	24 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	25 8:30 AM – 5:30 PM – (full day) Geriatric (Elderly) Massage	26 5:45 PM – 9:45 PM – Anatomy	27 5:45 PM – 9:45 PM – Anatomy	28 8:30 AM – 5:30 PM – Anatomy
29 8:30 AM – 5:30 PM – Positional Release	30 5:45 PM – 9:45 PM – Positional Release	31 <span style="background-color: #FFD700; padding: 2px;">Halloween</span> 5:45 PM – 9:45 PM – Positional Release	1 5:45 PM – 9:45 PM – Positional Release	2 5:45 PM – 9:45 PM – Positional Release	3 5:45 PM – 9:45 PM – Positional Release	4 8:30 AM – 5:30 PM – Positional Release

# November 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – Positional Release	30 5:45 PM – 9:45 PM – Positional Release	31 Halloween 5:45 PM – 9:45 PM – Positional Release	1 5:45 PM – 9:45 PM – Positional Release	2 5:45 PM – 9:45 PM – Positional Release	3 5:45 PM – 9:45 PM – Positional Release	4 8:30 AM – 5:30 PM – Positional Release
5 Daylight Saving Time End 8:30 AM – 5:30 PM – Positional Release	6 5:45 PM – 9:45 PM – Positional Release	7 Election Day 5:45 PM – 9:45 PM – Anatomy	8 5:45 PM – 9:45 PM – Anatomy	9 5:45 PM – 9:45 PM – Anatomy	10 Veterans Day 5:45 PM – 9:45 PM – Anatomy	11 Veterans Day 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
12 Diwali 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	13 5:45 PM – 9:45 PM – Anatomy	14 5:45 PM – 9:45 PM – Anatomy	15 5:45 PM – 9:45 PM – Anatomy	16 5:45 PM – 9:45 PM – Anatomy	17 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	18 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue
19 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	20 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	21 8:30 AM – 5:30 PM – Oncology & Hospice Massage	22 8:30 AM – 5:30 PM – Oncology & Hospice Massage	23 Thanksgiving	24	25
26	27 5:45 PM – 9:45 PM – Deep Tissue	28 5:45 PM – 9:45 PM – Deep Tissue	29 5:45 PM – 9:45 PM – Deep Tissue	30 5:45 PM – 9:45 PM – Deep Tissue	1 5:45 PM – 9:45 PM – Deep Tissue	2 8:30 AM – 5:30 PM – Deep Tissue

# December 2023

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 5:45 PM – 9:45 PM – Deep Tissue	28 5:45 PM – 9:45 PM – Deep Tissue	29 5:45 PM – 9:45 PM – Deep Tissue	30 5:45 PM – 9:45 PM – Deep Tissue	1 5:45 PM – 9:45 PM – Deep Tissue	2 8:30 AM – 5:30 PM – Deep Tissue
3 8:30 AM – 5:30 PM – Deep Tissue	4 5:45 PM – 9:45 PM – Deep Tissue	5 5:45 PM – 9:45 PM – Deep Tissue	6 5:45 PM – 9:45 PM – Deep Tissue	7 5:45 PM – 9:45 PM – Sound Infused Therapies	8 Hanukkah (1st day) 5:45 PM – 9:45 PM – Sound Infused Therapies	9 8:30 AM – 5:30 PM – Sound Infused Therapies
10 8:30 AM – 5:30 PM – Myofascial Therapy	11 5:45 PM – 9:45 PM – Myofascial Therapy	12 5:45 PM – 9:45 PM – Myofascial Therapy	13 5:45 PM – 9:45 PM – Myofascial Therapy	14 5:45 PM – 9:45 PM – Myofascial Therapy	15 5:45 PM – 9:45 PM – Myofascial Therapy	16 8:30 AM – 5:30 PM – Myofascial Therapy
17 8:30 AM – 5:30 PM – Myofascial Therapy	18 5:45 PM – 9:45 PM – Myofascial Therapy	19 8:30 AM – 5:30 PM – Intuitive Hands-On Energy Work	20 5:45 PM – 9:45 PM – Pathology	21 5:45 PM – 9:45 PM – Pathology	22 5:45 PM – 9:45 PM – Pathology	23
24 Christmas Eve	25 Christmas Day	26 Kwanzaa	27	28	29	30
31 New Year's Eve	1 New Year's Day	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 5:45 PM – 9:45 PM – Biz8/4	6 8:30 AM – 5:30 PM – Biz8/4

# January 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 New Year's Eve	1 New Year's Day	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 5:45 PM – 9:45 PM – Biz8/4	6 8:30 AM – 5:30 PM – Biz8/4
7 8:30 AM – 5:30 PM – Biz32	8 5:45 PM – 9:45 PM – Biz32	9 5:45 PM – 9:45 PM – Biz32	10 5:45 PM – 9:45 PM – Pathology	11 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM CST II – Craniosacral Therapy Level 2	12 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM CST II – Craniosacral Therapy Level 2	13 8:30 AM – 5:30 PM – Biz32 8:30 AM – 5:30 PM CST II – Craniosacral Therapy Level 2
14 8:30 AM – 5:30 PM – Biz32 8:30 AM – 5:30 PM CST II – Craniosacral Therapy Level 2	15 Martin Luther King Jr. Day 5:45 PM – 9:45 PM – Pathology	16 8:30 AM 5:30 PM – Embracing Life – Arms, Wrists, Hands 5:45 PM – 9:45 PM – Pathology	17 5:45 PM – 9:45 PM – Biz12	18 5:45 PM – 9:45 PM – Biz12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – Biz12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
21 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
28 8:30 AM – 5:30 PM – Foot Reflexology	29 5:45 PM – 9:45 PM – Foot Reflexology	30 5:45 PM – 9:45 PM – Foot Reflexology	31 5:45 PM – 9:45 PM – Foot Reflexology	1 5:45 PM – 9:45 PM – Foot Reflexology	2 Groundhog Day 5:45 PM – 9:45 PM – Foot Reflexology	3 8:30 AM – 5:30 PM – Foot Reflexology

# February 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Foot Reflexology	29 5:45 PM – 9:45 PM – Foot Reflexology	30 5:45 PM – 9:45 PM – Foot Reflexology	31 5:45 PM – 9:45 PM – Foot Reflexology	1 5:45 PM – 9:45 PM – Foot Reflexology	2 <b>Groundhog Day</b> 5:45 PM – 9:45 PM – Foot Reflexology	3 8:30 AM – 5:30 PM – Foot Reflexology
4 8:30 AM – 5:30 PM – Foot Reflexology	5 5:45 PM – 9:45 PM – Foot Reflexology	6 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 <b>Lunar New Year</b> 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
11 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	12 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 <b>Ash Wednesday</b> <b>Valentine's Day</b> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 8:30 AM 8:30 – 5:30 Sea Shell Massage
18 8:30 AM 8:30 – 5:30 Sea Shell Massage	19 <b>Presidents' Day</b> 5:45 PM – 9:45 PM – Reiki Intensive	20 5:45 PM – 9:45 PM – Reiki Intensive	21 5:45 PM – 9:45 PM – Reiki Intensive	22 5:45 PM – 9:45 PM – Reiki Intensive	23 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	24 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles
25 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – Ease the Load: Shoulders	27 5:45 PM – 9:45 PM – Bamboo Massage	28 5:45 PM – 9:45 PM – Bamboo Massage	29 5:45 PM – 9:45 PM – Bamboo Massage	1 5:45 PM – 9:45 PM – Bamboo Massage	2 8:30 AM – 5:30 PM – Bamboo Massage

# March 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – Ease the Load: Shoulders	27 5:45 PM – 9:45 PM – Bam- boo Massage	28 5:45 PM – 9:45 PM – Bam- boo Massage	29 5:45 PM – 9:45 PM – Bam- boo Massage	1 5:45 PM – 9:45 PM – Bam- boo Massage	2 8:30 AM – 5:30 PM – Bam- boo Massage
3 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	4 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	5 8:30 AM 5:30 PM – Relax: Ear & Hand Reflexology	6 5:45 PM – 9:45 PM Hot & Cold Stone Massage	7 5:45 PM – 9:45 PM Hot & Cold Stone Massage	8 5:45 PM – 9:45 PM Hot & Cold Stone Massage	9 8:30 AM – 5:30 PM – Hot & Cold Stone Massage
10 <b>Daylight Saving Time</b> 8:30 AM – 5:30 PM – Hot & Cold Stone Massage	11 <b>Beginning of Ramadan</b> 5:45 PM – 9:45 PM Hot & Cold Stone Massage	12 5:45 PM – 9:45 PM Hot & Cold Stone Massage	13 5:45 PM – 9:45 PM Hot & Cold Stone Massage	14 5:45 PM – 9:45 PM Hot & Cold Stone Massage	15 5:45 PM – 9:45 PM Hot & Cold Stone Massage	16 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles
17 <b>St. Patrick's Day</b> 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	18 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	19 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	20 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	21 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	22 8:30 AM – 5:30 PM Sans- Hands Flow	23 8:30 AM – 5:30 PM Sans- Hands Flow
24 <b>Palm Sunday</b> 8:30 AM – 5:30 PM Sans- Hands Flow	25 <b>Holi</b> 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	26 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 <b>Good Friday</b> 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
31 <b>Easter</b> 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	1 <b>April Fools' Day</b> 5:45 PM 9:45 PM – Physiolo- gy	2 5:45 PM 9:45 PM – Physiolo- gy	3 5:45 PM 9:45 PM – Physiolo- gy	4 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	5 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	6 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage

# April 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <b>Easter</b> 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	1 <b>April Fools' Day</b> 5:45 PM 9:45 PM – Physiology	2 5:45 PM 9:45 PM – Physiology	3 5:45 PM 9:45 PM – Physiology	4 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	5 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	6 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage
7 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage	8 8:45 AM – 5:30 PM – Soothing Belly – Abdominal Sequence 5:45 PM 9:45 PM – Physiology	9 <b>Eid al-Fitr</b> 5:45 PM 9:45 PM – Physiology	10 5:45 PM 9:45 PM – Physiology	11 5:45 PM 9:45 PM – Physiology	12 5:45 PM 9:45 PM – Physiology	13 8:30 AM – 5:30 PM – Thai Herbal Spa
14 8:30 AM – 5:30 PM – Thai Herbal Spa	15 <b>Tax Day</b> 5:45 PM 9:45 PM – Physiology	16 5:45 PM 9:45 PM – Physiology	17 5:45 PM 9:45 PM – Physiology	18 5:45 PM – 9:45 PM – Clinical Hydrotherapy	19 5:45 PM – 9:45 PM – Clinical Hydrotherapy	20 8:30 AM – 5:30 PM – Clinical Hydrotherapy
21 8:30 AM – 5:30 PM – Clinical Hydrotherapy	22 <b>Earth Day</b> <b>Passover</b> 5:45 PM 9:45 PM – Physiology	23 5:45 PM 9:45 PM – Physiology	24 5:45 PM 9:45 PM – Physiology	25 5:45 PM – 9:45 PM – Thai Foot Reflexology	26 5:45 PM – 9:45 PM – Thai Foot Reflexology	27 8:30 AM – 5:30 PM – Thai Foot Reflexology
28 8:30 AM – 5:30 PM – Thai Foot Reflexology	29 5:45 PM – 9:45 PM – Kinesiology	30 5:45 PM – 9:45 PM – Kinesiology	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Maternity & Infant Massage	4 8:30 AM – 5:30 PM – Maternity & Infant Massage



# May 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Thai Foot Reflexology	29 5:45 PM – 9:45 PM – Kinesiology	30 5:45 PM – 9:45 PM – Kinesiology	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Maternity & Infant Massage	4 8:30 AM – 5:30 PM – Maternity & Infant Massage
5 <b>Orthodox Easter</b> <b>Cinco de Mayo</b> 8:30 AM – 5:30 PM – Maternity & Infant Massage	6 5:45 PM – 9:45 PM – Maternity & Infant Massage	7 5:45 PM – 9:45 PM – Maternity & Infant Massage	8 5:45 PM – 9:45 PM – Maternity & Infant Massage	9 5:45 PM – 9:45 PM – Maternity & Infant Massage	10 5:45 PM – 9:45 PM – Maternity & Infant Massage	11 8:30 AM – 5:30 PM – Maternity & Infant Massage
12 <b>Mother's Day</b> 8:30 AM 5:30 PM – Kinesiology	13 5:45 PM – 9:45 PM – Kinesiology	14 5:45 PM – 9:45 PM – Kinesiology	15 5:45 PM – 9:45 PM – Kinesiology	16 5:45 PM 5:30 PM – Hot Stone LomiLomi	17 5:45 PM 5:30 PM – Hot Stone LomiLomi	18 8:30 AM – 5:30 PM – Hot Stone LomiLomi
19 8:30 AM – 5:30 PM – Hot Stone LomiLomi	20 8:30 AM – 5:30 PM – Dreamy Face Sequence	21 5:45 PM – 9:45 PM – Kinesiology	22 5:45 PM – 9:45 PM – Kinesiology	23 5:45 PM – 9:45 PM – Kinesiology	24 5:45 PM – 9:45 PM – Kinesiology	25 8:30 AM – 5:30 PM – Hot Stone Reflexology
26 8:30 AM – 5:30 PM – Hot Stone Reflexology	27 <b>Memorial Day</b> 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version I	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

# June 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Hot Stone Reflexology	27 <b>Memorial Day</b> 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
2 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	7 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	8 8:30 AM – 5:30 PM – European Spa Specialties
9 8:30 AM – 5:30 PM – European Spa Specialties	10 5:45 PM – 9:45 PM – European Spa Specialties	11 5:45 PM – 9:45 PM – European Spa Specialties	12 5:45 PM – 9:45 PM – Pathology	13 5:45 PM – 9:45 PM – Pathology	14 <b>Flag Day</b> 5:45 PM – 9:45 PM – Pathology	15 8:30 AM – 5:30 PM – Fusion16
16 <b>Father's Day</b> 8:30 AM – 5:30 PM – Fusion16	17 <b>Eid al-Adha</b> 5:45 PM – 9:45 PM – Pathology	18 5:45 PM – 9:45 PM – Pathology	19 <b>Juneteenth</b> 5:45 PM – 9:45 PM – Pathology	20 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	22 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
23 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	24 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	25 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	26 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	27 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
30 8:30 AM – 5:30 PM – Pathology	1 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – LB 5:45 PM – 9:45 PM – Pathology	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 <b>Independence Day</b> 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	5 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	6 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage

# July 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30 8:30 AM – 5:30 PM – Pathology</p>	<p>1 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – LB 5:45 PM – 9:45 PM – Pathology</p>	<p>2 5:45 PM – 9:45 PM – Pathology</p>	<p>3 5:45 PM – 9:45 PM – Pathology</p>	<p>4 <b>Independence Day</b> 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>	<p>5 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>	<p>6 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>
<p>7 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>	<p>8 5:45 PM – 9:45 PM – Lymphatic Drainage Massage</p>	<p>9 5:45 PM – 9:45 PM – Lymphatic Drainage Massage</p>	<p>10 5:45 PM – 9:45 PM – Lymphatic Drainage Massage</p>	<p>11 5:45 PM – 9:45 PM – Lymphatic Drainage Massage</p>	<p>12 5:45 PM – 9:45 PM – Lymphatic Drainage Massage</p>	<p>13 8:30 AM – 5:30 PM – Lymphatic Drainage Massage</p>
<p>14 8:30 AM – 5:30 PM – Lymphatic Drainage Massage</p>	<p>15 5:45 PM – 9:45 PM – Lymphatic Drainage Massage</p>	<p>16 5:45 PM – 9:45 PM – Lymphatic Drainage Massage</p>	<p>17 <b>Ashura</b> 5:45 PM – 9:45 PM – Lymphatic Drainage Massage</p>	<p>18 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>	<p>19 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>	<p>20 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>
<p>21 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>	<p>22 5:45 PM – 9:45 PM – Anatomy: Bones &amp; Muscles</p>	<p>23 5:45 PM – 9:45 PM – Anatomy: Bones &amp; Muscles</p>	<p>24 5:45 PM – 9:45 PM – Anatomy: Bones &amp; Muscles</p>	<p>25 5:45 PM – 9:45 PM – Anatomy: Bones &amp; Muscles</p>	<p>26 8:30 AM – 5:30 PM – ToT: Thai on the Table</p>	<p>27 8:30 AM – 5:30 PM – ToT: Thai on the Table</p>
<p>28 8:30 AM – 5:30 PM – ToT: Thai on the Table</p>	<p>29 5:45 PM – 9:45 PM – Anatomy: Bones &amp; Muscles</p>	<p>30 5:45 PM – 9:45 PM – Anatomy: Bones &amp; Muscles</p>	<p>31 5:45 PM – 9:45 PM – Anatomy: Bones &amp; Muscles</p>	<p>1 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>	<p>2 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>	<p>3 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage</p>

# August 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – ToT: Thai on the Table	29 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	30 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	31 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	1 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	2 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	3 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage
4 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	5 5:45 PM – 9:45 PM – Reiki Master Level	6 5:45 PM – 9:45 PM – Reiki Master Level	7 5:45 PM – 9:45 PM – Reiki Master Level	8 5:45 PM – 9:45 PM – Reiki Master Level	9 8:30 AM – 5:30 PM – Your Crown & Glory: Head Massage	10 8:30 AM – 5:30 PM – Rock to Relax: Pulsing
11 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	12 5:45 PM – 9:45 PM – Clinical Aromatherapy	13 5:45 PM – 9:45 PM – Clinical Aromatherapy	14 5:45 PM – 9:45 PM – Clinical Aromatherapy	15 5:45 PM – 9:45 PM – Clinical Aromatherapy	16 5:45 PM – 9:45 PM – Clinical Aromatherapy	17 8:30 AM – 5:30 PM – Clinical Aromatherapy
18 8:30 AM – 5:30 PM – Clinical Aromatherapy	19 5:45 PM – 9:45 PM – Clinical Aromatherapy	20 5:45 PM – 9:45 PM – Clinical Aromatherapy	21 5:45 PM – 9:45 PM – Clinical Aromatherapy	22 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	23 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	24 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
25 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	26 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – UB 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	27 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	28 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	29 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	30 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	31 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1

# September 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1	2 <span style="background-color: #FFD700; padding: 2px;">Labor Day</span> 8:30 AM – 5:30 PM (full day) CST I – Craniosacral Therapy Level 1	3 5:45 PM – 9:45 PM – Physiology	4 5:45 PM – 9:45 PM – Physiology	5 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	6 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	7 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
8 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	9 5:45 PM – 9:45 PM – Physiology	10 5:45 PM – 9:45 PM – Physiology	11 5:45 PM – 9:45 PM – Physiology	12 5:45 PM – 9:45 PM – Physiology	13 8:30 AM – 5:30 PM – Stand Your Ground: Legs & Feet	14 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing
15 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	16 5:45 PM – 9:45 PM – Physiology	17 5:45 PM – 9:45 PM – Physiology	18 5:45 PM – 9:45 PM – Physiology	19 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	20 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	21 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
22 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	23 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
29 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 <span style="background-color: #FFD700; padding: 2px;">Rosh Hashanah</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	5 8:30 AM – 5:30 PM – Sound Healing

# October 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 <span style="color: green;">■</span> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 <span style="background-color: #FFD700; border: 1px solid black; border-radius: 5px; padding: 2px;">Rosh Hashanah</span> <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 <span style="color: #800040;">■</span> 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	5 <span style="color: green;">■</span> 8:30 AM – 5:30 PM – Sound Healing
6 <span style="color: green;">■</span> 8:30 AM – 5:30 PM – Sound Healing	7 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Physiology	8 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Physiology	9 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Physiology	10 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Physiology	11 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Physiology	12 <span style="background-color: #FFD700; border: 1px solid black; border-radius: 5px; padding: 2px;">Yom Kippur</span> <span style="color: green;">■</span> 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 <span style="color: green;">■</span> 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 <span style="background-color: #FFD700; border: 1px solid black; border-radius: 5px; padding: 2px;">Indigenous Peoples' Day</span> <span style="background-color: #FFD700; border: 1px solid black; border-radius: 5px; padding: 2px;">Columbus Day</span> <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 <span style="color: green;">■</span> 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
20 <span style="color: green;">■</span> 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	21 <span style="color: #800040;">■</span> 8:30 AM – 5:30 PM – I've Got Your Back: Special Back Techniques <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Acupressure	22 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Acupressure	23 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Acupressure	24 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Acupressure	25 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Acupressure	26 <span style="color: green;">■</span> 8:30 AM – 5:30 PM – Acupressure
27 <span style="color: green;">■</span> 8:30 AM – 5:30 PM – Acupressure	28 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Acupressure	29 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Acupressure	30 <span style="color: green;">■</span> 5:45 PM – 9:45 PM – Acupressure	31 <span style="background-color: #FFD700; border: 1px solid black; border-radius: 5px; padding: 2px;">Halloween</span> <span style="color: #800040;">■</span> 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	1 <span style="background-color: #FFD700; border: 1px solid black; border-radius: 5px; padding: 2px;">Diwali</span> <span style="color: #800040;">■</span> 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	2 <span style="color: #800040;">■</span> 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue

# November 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Acu- pressure	28 5:45 PM – 9:45 PM – Acu- pressure	29 5:45 PM – 9:45 PM – Acu- pressure	30 5:45 PM – 9:45 PM – Acu- pressure	31 <b>Halloween</b> 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	1 <b>Diwali</b> 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	2 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue
3 <b>Daylight Saving Time End</b> 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	4 5:45 PM – 9:45 PM – My- ofascial Therapy	5 <b>Election Day</b> 5:45 PM – 9:45 PM – My- ofascial Therapy	6 5:45 PM – 9:45 PM – My- ofascial Therapy	7 5:45 PM – 9:45 PM – My- ofascial Therapy	8 5:45 PM – 9:45 PM – My- ofascial Therapy	9 8:30 AM – 5:30 PM – My- ofascial Therapy
10 8:30 AM – 5:30 PM – My- ofascial Therapy	11 <b>Veterans Day</b> 5:45 PM – 9:45 PM – My- ofascial Therapy	12 5:45 PM – 9:45 PM – My- ofascial Therapy	13 5:45 PM – 9:45 PM – My- ofascial Therapy	14 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	15 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	16 8:30 AM – 5:30 PM – Biz32 Business, Marketing & Chair Massage
17 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	18 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	19 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	20 8:30 AM – 5:30 PM – Crazy Good Neck Work Version II	21 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	22 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	23 8:30 AM – 5:30 PM – Biz32 Business, Marketing & Chair Massage
24 8:30 AM – 5:30 PM – Pre- mier Spa Indonesia	25 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	26 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	27	28 <b>Thanksgiving</b>	29	30

# December 2024

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM – 5:30 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Kinesiology	4 5:45 PM – 9:45 PM – Kinesiology	5 5:45 PM – 9:45 PM – Kinesiology	6 5:45 PM – 9:45 PM – Biz8/4: Business, Marketing & Chair Massage	7 8:30 AM – 5:30 PM – Biz8/4 Business, Marketing & Chair Massage
8 8:30 AM – 5:30 PM – Biz12: Business, Marketing & Chair Massage	9 5:45 PM – 9:45 PM – Biz12: Business, Marketing & Chair Massage	10 5:45 PM – 9:45 PM – Kinesiology	11 5:45 PM – 9:45 PM – Kinesiology	12 5:45 PM – 9:45 PM – Kinesiology	13 5:45 PM – 9:45 PM – Deep Tissue Massage	14 8:30 AM – 5:30 PM – Deep Tissue Massage
15 8:30 AM – 5:30 PM – Deep Tissue Massage	16 8:30 AM – 5:30 PM – Himalayan Salt Stone Massage 5:45 PM – 9:45 PM – Deep Tissue Massage	17 5:45 PM – 9:45 PM – Deep Tissue Massage	18 5:45 PM – 9:45 PM – Deep Tissue Massage	19 5:45 PM – 9:45 PM – Deep Tissue Massage	20 5:45 PM – 9:45 PM – Deep Tissue Massage	21 8:30 AM – 5:30 PM – Deep Tissue Massage
22 8:30 AM – 5:30 PM – Kinesiology	23 5:45 PM – 9:45 PM – Kinesiology	24 Christmas Eve		25 Christmas Day		26 Kwanzaa Hanukkah (1st day)
27	28	29 New Year's Eve		30 New Year's Day		31 8:30 AM – 5:30 PM – Positional Release Therapy
1 8:30 AM – 5:30 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Positional Release Therapy	4 8:30 AM – 5:30 PM – Positional Release Therapy	5 5:45 PM – 9:45 PM – Kinesiology	6 5:45 PM – 9:45 PM – Positional Release Therapy	7 8:30 AM – 5:30 PM – Positional Release Therapy



# January 2025

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31 <span style="background-color: #FFD700; padding: 2px;">New Year's Eve</span>	1 <span style="background-color: #FFD700; padding: 2px;">New Year's Day</span>	2 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Kinesiology	3 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Positional Release Therapy	4 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – Positional Release Therapy
5 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – Positional Release Therapy	6 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Positional Release Therapy	7 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Positional Release Therapy	8 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Positional Release Therapy	9 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Positional Release Therapy	10 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Positional Release Therapy	11 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – Positional Release Therapy
12 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	13 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	14 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	15 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	17 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	18 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
19 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	20 <span style="background-color: #FFD700; padding: 2px;">Martin Luther King Jr. Day</span> <span style="background-color: #FFD700; padding: 2px;">Inauguration Day</span> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	23 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	24 <span style="color: #C71585;">■</span> 8:30 AM – 5:30 PM – Intuitive Hands-On Massage	25 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
26 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	27 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	28 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	29 <span style="background-color: #FFD700; padding: 2px;">Lunar New Year</span> <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Pathology	30 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Oncology & Hospice Massage	31 <span style="color: #32CD32;">■</span> 5:45 PM – 9:45 PM – Oncology & Hospice Massage	1 <span style="color: #32CD32;">■</span> 8:30 AM – 5:30 PM – Oncology & Hospice Massage

# February 2025

- US Holidays
- BWS Combo Hour Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 <b>Lunar New Year</b> 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – On- cology & Hospice Massage	31 5:45 PM – 9:45 PM – On- cology & Hospice Massage	1 8:30 AM – 5:30 PM – On- cology & Hospice Massage
2 <b>Groundhog Day</b> 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	4 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
9 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	10 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	11 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 8:30 AM – 5:30 PM – Ease the Load: Shoulders	13 8:30 AM TBD: TM2, Arms, Reflex	14 <b>Valentine's Day</b>	15
16	17 <b>Presidents' Day</b>	18	19	20	21	22
23	24	25	26	27	28	1 <b>Beginning of Ramadan</b>