

October 2022

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM – 5:30 – CST: Craniosacral Therapy	26 Rosh Hashanah 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 – Geriatric (Elderly) Massage
2 8:30 AM – 5:30 – Geriatric (Elderly) Massage	3 8:30 AM – 5:30 – Geriatric (Elderly) Massage 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 Yom Kippur 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	7 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	8 8:30 AM – 5:30 – TM1: Therapeutic Massage Level 1
9 8:30 AM – 5:30 – TM1: Therapeutic Massage Level 1	10 Indigenous Peoples' Day Columbus Day 8:30 AM – 5:30 PM – II Crazy Good Neckwork – Version II	11 5:45 PM – 9:45 PM – Anatomy: B&M	12 5:45 PM – 9:45 PM – Anatomy: B&M	13 5:45 PM – 9:45 PM – Anatomy: B&M	14 5:45 PM – 9:45 PM – Anatomy: B&M	15 8:30 AM – 5:30 – Oncology & Hospice Massage
16 8:30 AM – 5:30 – Oncology & Hospice Massage	17 8:30 AM – 5:30 – Himalayan Salt Stone Massage	18 8:30 AM – 5:30 PM INTERNAL Event: ThaiChi – Stretching 5:45 PM – 9:45 PM – Anatomy: B&M	19 5:45 PM – 9:45 PM – Anatomy: B&M	20 5:45 PM – 9:45 PM – Anatomy: B&M	21 5:45 PM – 9:45 PM – Reflexology	22 8:30 AM – 5:30 – Reflexology
23 8:30 AM – 5:30 – Reflexology	24 Diwali 5:45 PM – 9:45 PM – Reflexology	25 5:45 PM – 9:45 PM – Reflexology	26 5:45 PM – 9:45 PM – Reflexology	27 5:45 PM – 9:45 PM – Reflexology	28 5:45 PM – 9:45 PM – Reflexology	29 8:30 AM – 5:30 – Reflexology
30 8:30 AM – 5:30 – Anatomy: B&M	31 Halloween 5:45 PM – 9:45 PM – Anatomy: B&M	1 5:45 PM – 9:45 PM – Anatomy: B&M	2 5:45 PM – 9:45 PM – Anatomy: B&M	3 5:45 PM – 9:45 PM – Sound Healing	4 5:45 PM – 9:45 PM – Sound Healing	5 8:30 AM – 5:30 – Sound Healing

November 2022

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 – Anatomy: B&M	31 Halloween 5:45 PM – 9:45 PM – Anatomy: B&M	1 5:45 PM – 9:45 PM – Anatomy: B&M	2 5:45 PM – 9:45 PM – Anatomy: B&M	3 5:45 PM – 9:45 PM – Sound Healing	4 5:45 PM – 9:45 PM – Sound Healing	5 8:30 AM – 5:30 – Sound Healing
6 Daylight Saving Time End 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	7 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 Election Day 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	11 Veterans Day 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	12 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 8:30 AM – 5:30 – Intuitive Hands-On Energy Work 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	17 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	18 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	19 8:30 AM – 5:30 PM – DT: Deep Tissue Massage
20 8:30 AM – 5:30 PM – DT: Deep Tissue Massage	21 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	22 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	23	24 Thanksgiving 9:00 AM CLOSED – THANKSGIVING	25 9:00 AM CLOSED – THANKSGIVING	26 10:00 AM CLOSED – THANKSGIVING
27	28 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	29 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	30 5:45 PM – 9:45 PM – DT: Deep Tissue Massage	1 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	2 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	3 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3

December 2022

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
	5:45 PM – 9:45 PM – DT: Deep Tissue Massage	5:45 PM – 9:45 PM – DT: Deep Tissue Massage	5:45 PM – 9:45 PM – DT: Deep Tissue Massage	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
4	5	6	7	8	9	10
8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
11	12	13	14	15	16	17
8:30 AM – 5:30 – Shiro: Ayurvedic Abyhanga & Shi- rodhara	8:30 AM – 5:30 – Shiro: Ayurvedic Abyhanga & Shi- rodhara	5:45 PM – 9:45 PM – My- ofascial Release	5:45 PM – 9:45 PM – My- ofascial Release	5:45 PM – 9:45 PM – My- ofascial Release	5:45 PM – 9:45 PM – My- ofascial Release	8:30 AM – 5:30 PM – My- ofascial Release
18	19	20	21	22	23	24
8:30 AM – 5:30 PM – My- ofascial Release	Hanukkah (1st day) 5:45 PM – 9:45 PM – My- ofascial Release	5:45 PM – 9:45 PM – My- ofascial Release	5:45 PM – 9:45 PM – My- ofascial Release	5:45 PM – 9:45 PM – My- ofascial Release		Christmas Eve
25	26	27	28	29	30	31
Christmas Day	Christmas Day (observed) Kwanzaa					New Year's Eve

January 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day	2 9:00 AM CLOSED in Observation of New Year's Day	3 5:45 PM – 9:45 PM – Kinesiology	4 5:45 PM – 9:45 PM – Kinesiology	5 5:45 PM – 9:45 PM – Kinesiology	6 5:45 PM – 9:45 PM – Biz32	7 8:30 AM – 5:30 PM – Biz32
8 8:30 AM – 5:30 PM – Kinesiology	9 5:45 PM – 9:45 PM – Kinesiology	10 5:45 PM – 9:45 PM – Biz32	11 5:45 PM – 9:45 PM – Biz32	12 5:45 PM – 9:45 PM – Biz32	13 5:45 PM – 9:45 PM – Biz8/4	14 8:30 AM – 5:30 PM – Biz8/4 12:30 PM CLINIC CLOSED 12:30 – 5:30 for BIZ8/4 Course Clinic
15 8:30 AM – 5:30 PM – Biz32	16 Martin Luther King Jr. Day 5:45 PM – 9:45 PM – Kinesiology	17 5:45 PM – 9:45 PM – Kinesiology	18 5:45 PM – 9:45 PM – Kinesiology	19 5:45 PM – 9:45 PM – Kinesiology	20 5:45 PM – 9:45 PM – Biz12	21 8:30 AM – 5:30 PM – Biz12
22 Lunar New Year 8:30 AM – 5:30 PM – Kinesiology	23 5:45 PM – 9:45 PM – Kinesiology	24 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
29 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 Groundhog Day 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 8:30 AM – 5:30 PM – Sea Shell Massage

February 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 Groundhog Day 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 8:30 AM – 5:30 PM – Sea Shell Massage
5 8:30 AM – 5:30 PM – Sea Shell Massage	6 8:30 AM – 5:30 PM – Em- bracing Life: Arms, Wrists, & Hands 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	7 5:45 PM – 9:45 PM – Physi- ology	8 5:45 PM – 9:45 PM – Physi- ology	9 5:45 PM – 9:45 PM – Physi- ology	10 5:45 PM – 9:45 PM – H&C Stone Therapy	11 8:30 AM – 5:30 PM – H&C Stone Therapy
12 8:30 AM – 5:30 PM – H&C Stone Therapy	13 5:45 PM – 9:45 PM – H&C Stone Therapy	14 Valentine's Day 5:45 PM – 9:45 PM – H&C Stone Therapy	15 5:45 PM – 9:45 PM – H&C Stone Therapy	16 5:45 PM – 9:45 PM – H&C Stone Therapy	17 5:45 PM – 9:45 PM – H&C Stone Therapy	18 8:30 AM – 5:30 PM – H&C Stone Therapy
19 8:30 AM – 5:30 PM – Reiki Intensive	20 Presidents' Day 5:45 PM – 9:45 PM – Reiki Intensive	21 5:45 PM – 9:45 PM – Reiki Intensive	22 Ash Wednesday 5:45 PM – 9:45 PM – Physi- ology	23 5:45 PM – 9:45 PM – Physi- ology	24 5:45 PM – 9:45 PM – Physi- ology	25 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
26 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	27 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

March 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	27 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
5 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	6 8:30 AM – 5:30 PM – Ease the Load: Shoulders 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	7 5:45 PM – 9:45 PM – Physiology	8 Holi 5:45 PM – 9:45 PM – Physiology	9 5:45 PM – 9:45 PM – Physiology	10 8:30 AM – 5:30 PM – Sans-Hands	11 8:30 AM – 5:30 PM – Sans-Hands
12 Daylight Saving Time 8:30 AM – 5:30 PM – Sans-Hands	13 5:45 PM – 9:45 PM – Physiology	14 5:45 PM – 9:45 PM – Physiology	15 5:45 PM – 9:45 PM – Physiology	16 5:45 PM – 9:45 PM – Bamboo Massage	17 St. Patrick's Day 5:45 PM – 9:45 PM – Bamboo Massage	18 8:30 AM – 5:30 PM – Bamboo Massage
19 8:30 AM – 5:30 PM – Bamboo Massage	20 5:45 PM – 9:45 PM – Physiology	21 5:45 PM – 9:45 PM – Physiology	22 Beginning of Ramadan 8:30 AM – 5:30 PM – Relax: Hand & Ear Reflexology	23 5:45 PM – 9:45 PM – Pathology	24 5:45 PM – 9:45 PM – Pathology	25 8:30 AM – 5:30 PM – Thai Herbal Spa
26 8:30 AM – 5:30 PM – Thai Herbal Spa	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – NMT	31 5:45 PM – 9:45 PM – NMT	1 April Fools' Day 8:30 AM – 5:30 PM – NMT

April 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Thai Herbal Spa	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – NMT	31 5:45 PM – 9:45 PM – NMT	1 April Fools' Day 8:30 AM – 5:30 PM – NMT
2 Palm Sunday 8:30 AM – 5:30 PM – NMT	3 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 Passover 5:45 PM – 9:45 PM – Pathology	6 5:45 PM – 9:45 PM – Hydrotherapy	7 Good Friday 5:45 PM – 9:45 PM – Hydrotherapy	8 8:30 AM – 5:30 PM – Hydrotherapy
9 Easter 8:30 AM – 5:30 PM – Hydrotherapy	10 5:45 PM – 9:45 PM – Pathology	11 5:45 PM – 9:45 PM – Pathology	12 5:45 PM – 9:45 PM – Pathology	13 5:45 PM – 9:45 PM – Thai Foot Massage	14 5:45 PM – 9:45 PM – Thai Foot Massage	15 8:30 AM – 5:30 PM – Thai Foot Massage
16 Orthodox Easter 8:30 AM – 5:30 PM – Thai Foot Massage	17 5:45 PM – 9:45 PM – Maternity & Infant Massage	18 Tax Day 5:45 PM – 9:45 PM – Maternity & Infant Massage	19 5:45 PM – 9:45 PM – Maternity & Infant Massage	20 5:45 PM – 9:45 PM – Maternity & Infant Massage	21 Eid al-Fitr 5:45 PM – 9:45 PM – Maternity & Infant Massage	22 Earth Day 8:30 AM – 5:30 PM – Maternity & Infant Massage
23 8:30 AM – 5:30 PM – Maternity & Infant Massage	24 5:45 PM – 9:45 PM – Maternity & Infant Massage	25 4:00 PM 4:00 – 9:00 CLOSED due to MATERNITY CLINIC 5:45 PM – 9:45 PM – Maternity & Infant Massage	26 4:00 PM 4:00 – 9:00 CLOSED due to MATERNITY CLINIC 5:45 PM – 9:45 PM – Maternity & Infant Massage	27 8:30 AM – 5:30 PM – Soothing Belly: Abdominal Massage	28 5:45 PM – 9:45 PM – Anatomy	29 8:30 AM – 5:30 PM – Anatomy
30 8:30 AM – 5:30 PM – Anatomy	1 8:30 AM – 5:30 PM – Dreamy Face Sequence 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 Cinco de Mayo 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

May 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Anatomy	1 8:30 AM – 5:30 PM – Dreamy Face Sequence 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 Cinco de Mayo 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
7 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	8 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	9 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	10 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	11 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	13
14 Mother's Day	15	16	17 5:45 PM – 9:45 PM – Anatomy	18 5:45 PM – 9:45 PM – Anatomy	19 5:45 PM – 9:45 PM – Anatomy	20 8:30 AM – 5:30 PM – Fusion16
21 8:30 AM – 5:30 PM – Fusion16	22 5:45 PM – 9:45 PM – Anatomy	23 5:45 PM – 9:45 PM – Anatomy	24 5:45 PM – 9:45 PM – Anatomy	25 5:45 PM – 9:45 PM – Anatomy	26 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version 1	27 8:30 AM – 5:30 PM – EuroSpa
28 8:30 AM – 5:30 PM – EuroSpa	29 Memorial Day 8:30 AM – 5:30 PM (full day!) – EuroSpa	30 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

June 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Euro-Spa	29 Memorial Day 8:30 AM – 5:30 PM (full day!) – EuroSpa	30 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
4 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	5 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	6 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 8:30 AM – 5:30 PM – Hot Stone Reflexology
11 8:30 AM – 5:30 PM – Hot Stone Reflexology	12 5:45 PM – 9:45 PM – Lymphatic Drainage	13 5:45 PM – 9:45 PM – Lymphatic Drainage	14 Flag Day 5:45 PM – 9:45 PM – Lymphatic Drainage	15 5:45 PM – 9:45 PM – Lymphatic Drainage	16 5:45 PM – 9:45 PM – Lymphatic Drainage	17 8:30 AM – 5:30 PM – Lymphatic Drainage
18 Father's Day 8:30 AM – 5:30 PM – Lymphatic Drainage	19 Juneteenth 5:45 PM – 9:45 PM – Lymphatic Drainage	20 5:45 PM – 9:45 PM – Lymphatic Drainage	21 5:45 PM – 9:45 PM – Lymphatic Drainage	22 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	23 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	24 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
25 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	26 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 Eid al-Adha 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	1 8:30 AM – 5:30 PM – Thai on the Table

July 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	26 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 Eid al-Adha 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	1 8:30 AM – 5:30 PM – Thai on the Table
2 8:30 AM – 5:30 PM – Thai on the Table	3 8:30 AM – 5:30 PM – Thai on the Table 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	4 Independence Day 8:30 AM – 5:30 PM – I've Got Your Back: Special Back Techniques	5 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
9 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	10 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	11 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 5:45 PM – 9:45 PM – Kine- siology	13 5:45 PM – 9:45 PM – Kine- siology	14 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	15 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage
16 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	17 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	18 5:45 PM – 9:45 PM – Kine- siology	19 5:45 PM – 9:45 PM – Kine- siology	20 5:45 PM – 9:45 PM – Kine- siology	21 8:30 AM – 5:30 PM – Your Crown & Glory: Head Mas- sage	22 8:30 AM – 5:30 PM – Rock to Relax: Pulsing
23 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	24 5:45 PM – 9:45 PM – Kine- siology	25 5:45 PM – 9:45 PM – Kine- siology	26 5:45 PM – 9:45 PM – Kine- siology	27 5:45 PM – 9:45 PM – Kine- siology	28 Ashura 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	29 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage
30 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	31 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	1 5:45 PM – 9:45 PM – Kine- siology	2 5:45 PM – 9:45 PM – Kine- siology	3 5:45 PM – 9:45 PM – Kine- siology	4 5:45 PM – 9:45 PM – Kine- siology	5 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing

August 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	31 8:30 AM – 5:30 PM – Or- thopedic (Sports) Massage	1 5:45 PM – 9:45 PM – Kine- siology	2 5:45 PM – 9:45 PM – Kine- siology	3 5:45 PM – 9:45 PM – Kine- siology	4 5:45 PM – 9:45 PM – Kine- siology	5 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing
6 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	7 8:30 AM – 5:30 PM – Stand Your Ground: Legs & Feet 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	8 5:45 PM – 9:45 PM – Reiki Master Course	9 5:45 PM – 9:45 PM – Reiki Master Course	10 5:45 PM – 9:45 PM – Reiki Master Course	11 8:30 AM – 5:30 PM – Trad. Thai on the Mat 5:45 PM – 9:45 PM – Reiki Master Course	12 8:30 AM – 5:30 PM – Trad. Thai on the Mat
13 8:30 AM – 5:30 PM – Trad. Thai on the Mat	14 8:30 AM – 5:30 PM – Trad. Thai on the Mat	15 5:45 PM – 9:45 PM – Aro- matherapy	16 5:45 PM – 9:45 PM – Aro- matherapy	17 5:45 PM – 9:45 PM – Aro- matherapy	18 5:45 PM – 9:45 PM – Aro- matherapy	19 8:30 AM – 5:30 PM – Aro- matherapy
20 8:30 AM – 5:30 PM – Aro- matherapy	21 5:45 PM – 9:45 PM – Aro- matherapy	22 5:45 PM – 9:45 PM – Aro- matherapy	23 5:45 PM – 9:45 PM – Aro- matherapy	24 5:45 PM – 9:45 PM – Aro- matherapy	25 8:30 AM – 5:30 PM – Trad. Thai on the Mat	26 8:30 AM – 5:30 PM – Trad. Thai on the Mat
27 8:30 AM – 5:30 PM – Trad. Thai on the Mat	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat	29 5:45 PM – 9:45 PM – Physi- ology	30 5:45 PM – 9:45 PM – Physi- ology	31 5:45 PM – 9:45 PM – Physi- ology	1 5:45 PM – 9:45 PM – Physi- ology	2 8:30 AM – 5:30 PM – CST: Craniosacral Therapy

September 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Trad. Thai on the Mat	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat	29 5:45 PM – 9:45 PM – Physiology	30 5:45 PM – 9:45 PM – Physiology	31 5:45 PM – 9:45 PM – Physiology	1 5:45 PM – 9:45 PM – Physiology	2 8:30 AM – 5:30 PM – CST: Craniosacral Therapy
3 8:30 AM – 5:30 PM – CST: Craniosacral Therapy	4 Labor Day 8:30 AM – 5:30 PM (full day) – CST: Craniosacral Therapy 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	5 5:45 PM – 9:45 PM – Physiology	6 5:45 PM – 9:45 PM – Physiology	7 5:45 PM – 9:45 PM – Physiology	8 8:30 AM – 5:30 PM – Trad. Thai on the Mat	9 8:30 AM – 5:30 PM – Trad. Thai on the Mat
10 8:30 AM – 5:30 PM – Trad. Thai on the Mat	11 8:30 AM – 5:30 PM – Trad. Thai on the Mat	12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	13 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 Rosh Hashanah 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
17 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	18 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 8:30 AM – 5:30 PM – Premier Spa: Indonesia
24 8:30 AM – 5:30 PM – Premier Spa: Indonesia	25 Yom Kippur 8:30 AM – 5:30 PM – Himalayan Salt Stone Massage	26 5:45 PM – 9:45 PM – Physiology	27 5:45 PM – 9:45 PM – Physiology	28 5:45 PM – 9:45 PM – Physiology	29 5:45 PM – 9:45 PM – Physiology	30 8:30 AM – 5:30 PM – Acupressure

October 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM – 5:30 PM – Acupressure	2 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Acupressure	3 5:45 PM – 9:45 PM – Acupressure	4 5:45 PM – 9:45 PM – Physiology	5 5:45 PM – 9:45 PM – Physiology	6 5:45 PM – 9:45 PM – Physiology	7 8:30 AM – 5:30 PM – Acupressure
8 8:30 AM – 5:30 PM – Acupressure	9 Indigenous Peoples' Day Columbus Day 5:45 PM – 9:45 PM – Acupressure	10 5:45 PM – 9:45 PM – Acupressure	11 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version II	12 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
15 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	16 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	20 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
22 8:30 AM – 5:30 PM – Geriatric (Elderly) Massage	23 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	24 5:45 PM – 9:45 PM – Geriatric (Elderly) Massage	25 8:30 AM – 5:30 PM – (full day) Geriatric (Elderly) Massage	26 5:45 PM – 9:45 PM – Anatomy	27 5:45 PM – 9:45 PM – Anatomy	28 8:30 AM – 5:30 PM – Anatomy
29 8:30 AM – 5:30 PM – Positional Release	30 5:45 PM – 9:45 PM – Positional Release	31 Halloween 5:45 PM – 9:45 PM – Positional Release	1 5:45 PM – 9:45 PM – Positional Release	2 5:45 PM – 9:45 PM – Positional Release	3 5:45 PM – 9:45 PM – Positional Release	4 8:30 AM – 5:30 PM – Positional Release

November 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – Positional Release	30 5:45 PM – 9:45 PM – Positional Release	31 Halloween 5:45 PM – 9:45 PM – Positional Release	1 5:45 PM – 9:45 PM – Positional Release	2 5:45 PM – 9:45 PM – Positional Release	3 5:45 PM – 9:45 PM – Positional Release	4 8:30 AM – 5:30 PM – Positional Release
5 Daylight Saving Time End 8:30 AM – 5:30 PM – Positional Release	6 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Positional Release	7 Election Day 5:45 PM – 9:45 PM – Anatomy	8 5:45 PM – 9:45 PM – Anatomy	9 5:45 PM – 9:45 PM – Anatomy	10 Veterans Day 5:45 PM – 9:45 PM – Anatomy	11 Veterans Day 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
12 Diwali 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	13 5:45 PM – 9:45 PM – Anatomy	14 5:45 PM – 9:45 PM – Anatomy	15 5:45 PM – 9:45 PM – Anatomy	16 5:45 PM – 9:45 PM – Anatomy	17 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	18 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue
19 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	20 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	21 8:30 AM – 5:30 PM – Oncology & Hospice Massage	22 8:30 AM – 5:30 PM – Oncology & Hospice Massage	23 Thanksgiving	24	25
26	27 5:45 PM – 9:45 PM – Deep Tissue	28 5:45 PM – 9:45 PM – Deep Tissue	29 5:45 PM – 9:45 PM – Deep Tissue	30 5:45 PM – 9:45 PM – Deep Tissue	1 5:45 PM – 9:45 PM – Deep Tissue	2 8:30 AM – 5:30 PM – Deep Tissue

December 2023

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2
	5:45 PM – 9:45 PM – Deep Tissue	5:45 PM – 9:45 PM – Deep Tissue	5:45 PM – 9:45 PM – Deep Tissue	5:45 PM – 9:45 PM – Deep Tissue	5:45 PM – 9:45 PM – Deep Tissue	8:30 AM – 5:30 PM – Deep Tissue
3	4	5	6	7	8	9
8:30 AM – 5:30 PM – Deep Tissue	2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Deep Tissue	5:45 PM – 9:45 PM – Deep Tissue	5:45 PM – 9:45 PM – Deep Tissue	5:45 PM – 9:45 PM – Sound Infused Therapies	Hanukkah (1st day) 5:45 PM – 9:45 PM – Sound Infused Therapies	8:30 AM – 5:30 PM – Sound Infused Therapies
10	11	12	13	14	15	16
8:30 AM – 5:30 PM – Myofascial Therapy	5:45 PM – 9:45 PM – Myofascial Therapy	5:45 PM – 9:45 PM – Myofascial Therapy	5:45 PM – 9:45 PM – Myofascial Therapy	5:45 PM – 9:45 PM – Myofascial Therapy	5:45 PM – 9:45 PM – Myofascial Therapy	8:30 AM – 5:30 PM – Myofascial Therapy
17	18	19	20	21	22	23
8:30 AM – 5:30 PM – Myofascial Therapy	5:45 PM – 9:45 PM – Myofascial Therapy	8:30 AM – 5:30 PM – Intuitive Hands-On Energy Work	5:45 PM – 9:45 PM – Pathology	5:45 PM – 9:45 PM – Pathology	5:45 PM – 9:45 PM – Pathology	
24	25	26	27	28	29	30
Christmas Eve	Christmas Day	Kwanzaa				
31	1	2	3	4	5	6
New Year's Eve	New Year's Day 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	5:45 PM – 9:45 PM – Pathology	5:45 PM – 9:45 PM – Pathology	5:45 PM – 9:45 PM – Pathology	5:45 PM – 9:45 PM – Biz8/4	8:30 AM – 5:30 PM – Biz8/4 12:30 PM 12:30–5:30 PM CLINIC CLOSED for Biz8/4 Course Clinic Event

January 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 New Year's Eve	1 New Year's Day ■ 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 5:45 PM – 9:45 PM – Biz8/4	6 8:30 AM – 5:30 PM – Biz8/4 ■ 12:30 PM 12:30–5:30 PM CLINIC CLOSED for Biz8/4 Course Clinic Event
7 8:30 AM – 5:30 PM – Biz32	8 5:45 PM – 9:45 PM – Biz32	9 5:45 PM – 9:45 PM – Biz32	10 5:45 PM – 9:45 PM – Pathology	11 5:45 PM – 9:45 PM – Pathology	12 5:45 PM – 9:45 PM – Pathology	13 8:30 AM – 5:30 PM – Biz32
14 8:30 AM – 5:30 PM – Biz32	15 Martin Luther King Jr. Day 5:45 PM – 9:45 PM – Pathology	16 8:30 AM 5:30 PM – Embracing Life – Arms, Wrists, Hands 5:45 PM – 9:45 PM – Pathology	17 5:45 PM – 9:45 PM – Biz12	18 5:45 PM – 9:45 PM – Biz12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – Biz12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
21 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
28 8:30 AM – 5:30 PM – Foot Reflexology	29 5:45 PM – 9:45 PM – Foot Reflexology	30 5:45 PM – 9:45 PM – Foot Reflexology	31 5:45 PM – 9:45 PM – Foot Reflexology	1 5:45 PM – 9:45 PM – Foot Reflexology	2 Groundhog Day 5:45 PM – 9:45 PM – Foot Reflexology	3 8:30 AM – 5:30 PM – Foot Reflexology

February 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Foot Reflexology	29 5:45 PM – 9:45 PM – Foot Reflexology	30 5:45 PM – 9:45 PM – Foot Reflexology	31 5:45 PM – 9:45 PM – Foot Reflexology	1 5:45 PM – 9:45 PM – Foot Reflexology	2 Groundhog Day 5:45 PM – 9:45 PM – Foot Reflexology	3 8:30 AM – 5:30 PM – Foot Reflexology
4 8:30 AM – 5:30 PM – Foot Reflexology	5 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Foot Reflexology	6 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 Lunar New Year 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
11 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	12 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 Valentine's Day Ash Wednesday 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 8:30 AM 8:30 – 5:30 Sea Shell Massage
18 8:30 AM 8:30 – 5:30 Sea Shell Massage	19 Presidents' Day 5:45 PM – 9:45 PM – Reiki Intensive	20 5:45 PM – 9:45 PM – Reiki Intensive	21 5:45 PM – 9:45 PM – Reiki Intensive	22 5:45 PM – 9:45 PM – Reiki Intensive	23 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	24 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles
25 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – Ease the Load: Shoulders	27 5:45 PM – 9:45 PM – Bamboo Massage	28 5:45 PM – 9:45 PM – Bamboo Massage	29 5:45 PM – 9:45 PM – Bamboo Massage	1 5:45 PM – 9:45 PM – Bamboo Massage	2 8:30 AM – 5:30 PM – Bamboo Massage

March 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – Ease the Load: Shoulders	27 5:45 PM – 9:45 PM – Bam- boo Massage	28 5:45 PM – 9:45 PM – Bam- boo Massage	29 5:45 PM – 9:45 PM – Bam- boo Massage	1 5:45 PM – 9:45 PM – Bam- boo Massage	2 8:30 AM – 5:30 PM – Bam- boo Massage
3 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	4 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	5 8:30 AM 5:30 PM – Relax: Ear & Hand Reflexology	6 5:45 PM – 9:45 PM Hot & Cold Stone Massage	7 5:45 PM – 9:45 PM Hot & Cold Stone Massage	8 5:45 PM – 9:45 PM Hot & Cold Stone Massage	9 8:30 AM – 5:30 PM – Hot & Cold Stone Massage
10 Daylight Saving Time 8:30 AM – 5:30 PM – Hot & Cold Stone Massage	11 Beginning of Ramadan 5:45 PM – 9:45 PM Hot & Cold Stone Massage	12 5:45 PM – 9:45 PM Hot & Cold Stone Massage	13 5:45 PM – 9:45 PM Hot & Cold Stone Massage	14 5:45 PM – 9:45 PM Hot & Cold Stone Massage	15 5:45 PM – 9:45 PM Hot & Cold Stone Massage	16 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles
17 St. Patrick's Day 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	18 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	19 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	20 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	21 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	22 8:30 AM – 5:30 PM Sans- Hands Flow	23 8:30 AM – 5:30 PM Sans- Hands Flow
24 Palm Sunday 8:30 AM – 5:30 PM Sans- Hands Flow	25 Holi 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	26 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 Good Friday 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
31 Easter 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	1 April Fools' Day 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM 9:45 PM – Physiolo- gy	2 5:45 PM 9:45 PM – Physiolo- gy	3 5:45 PM 9:45 PM – Physiolo- gy	4 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	5 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	6 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage

April 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Easter 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	1 April Fools' Day 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM 9:45 PM – Physiology	2 5:45 PM 9:45 PM – Physiology	3 5:45 PM 9:45 PM – Physiology	4 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	5 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	6 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage
7 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage	8 8:45 AM – 5:30 PM – Soothing Belly – Abdominal Sequence 5:45 PM 9:45 PM – Physiology	9 Eid al-Fitr 5:45 PM 9:45 PM – Physiology	10 5:45 PM 9:45 PM – Physiology	11 5:45 PM 9:45 PM – Physiology	12 5:45 PM 9:45 PM – Physiology	13 8:30 AM – 5:30 PM – Thai Herbal Spa
14 8:30 AM – 5:30 PM – Thai Herbal Spa	15 Tax Day 5:45 PM 9:45 PM – Physiology	16 5:45 PM 9:45 PM – Physiology	17 5:45 PM 9:45 PM – Physiology	18 5:45 PM – 9:45 PM – Clinical Hydrotherapy	19 5:45 PM – 9:45 PM – Clinical Hydrotherapy	20 8:30 AM – 5:30 PM – Clinical Hydrotherapy
21 8:30 AM – 5:30 PM – Clinical Hydrotherapy	22 Earth Day Passover 5:45 PM 9:45 PM – Physiology	23 5:45 PM 9:45 PM – Physiology	24 5:45 PM 9:45 PM – Physiology	25 5:45 PM – 9:45 PM – Thai Foot Reflexology	26 5:45 PM – 9:45 PM – Thai Foot Reflexology	27 8:30 AM – 5:30 PM – Thai Foot Reflexology
28 8:30 AM – 5:30 PM – Thai Foot Reflexology	29 5:45 PM – 9:45 PM – Kinesiology	30 5:45 PM – 9:45 PM – Kinesiology	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Maternity & Infant Massage	4 8:30 AM – 5:30 PM – Maternity & Infant Massage

May 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Thai Foot Reflexology	29 5:45 PM – 9:45 PM – Kinesiology	30 5:45 PM – 9:45 PM – Kinesiology	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Maternity & Infant Massage	4 8:30 AM – 5:30 PM – Maternity & Infant Massage
5 Cinco de Mayo Orthodox Easter 8:30 AM – 5:30 PM – Maternity & Infant Massage	6 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Maternity & Infant Massage	7 5:45 PM – 9:45 PM – Maternity & Infant Massage	8 5:45 PM – 9:45 PM – Maternity & Infant Massage	9 5:00 PM CLINIC CLOSED – MATERNITY Class 5:45 PM – 9:45 PM – Maternity & Infant Massage	10 5:30 PM CLINIC CLOSED – MATERNITY Class 5:45 PM – 9:45 PM – Maternity & Infant Massage	11 8:30 AM – 5:30 PM – Maternity & Infant Massage
12 Mother's Day 8:30 AM 5:30 PM – Kinesiology	13 5:45 PM – 9:45 PM – Kinesiology	14 5:45 PM – 9:45 PM – Kinesiology	15 5:45 PM – 9:45 PM – Kinesiology	16 5:45 PM 5:30 PM – Hot Stone LomiLomi	17 5:45 PM 5:30 PM – Hot Stone LomiLomi	18 8:30 AM – 5:30 PM – Hot Stone LomiLomi
19 8:30 AM – 5:30 PM – Hot Stone LomiLomi	20 8:30 AM – 5:30 PM – Dreamy Face Sequence	21 5:45 PM – 9:45 PM – Kinesiology	22 5:45 PM – 9:45 PM – Kinesiology	23 5:45 PM – 9:45 PM – Kinesiology	24 5:45 PM – 9:45 PM – Kinesiology	25 8:30 AM – 5:30 PM – Hot Stone Reflexology
26 8:30 AM – 5:30 PM – Hot Stone Reflexology	27 Memorial Day 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version I	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

June 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Hot Stone Reflexology	27 Memorial Day 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version 1	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
2 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	3 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	7 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	8 8:30 AM – 5:30 PM – European Spa Specialties
9 8:30 AM – 5:30 PM – European Spa Specialties	10 5:45 PM – 9:45 PM – European Spa Specialties	11 5:45 PM – 9:45 PM – European Spa Specialties	12 5:45 PM – 9:45 PM – Pathology	13 5:45 PM – 9:45 PM – Pathology	14 Flag Day 5:45 PM – 9:45 PM – Pathology	15 8:30 AM – 5:30 PM – Fusion16
16 Father's Day 8:30 AM – 5:30 PM – Fusion16	17 Eid al-Adha 5:45 PM – 9:45 PM – Pathology	18 5:45 PM – 9:45 PM – Pathology	19 Juneteenth 5:45 PM – 9:45 PM – Pathology	20 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	22 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
23 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	24 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	25 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	26 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	27 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
30 8:30 AM – 5:30 PM – Pathology	1 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Pathology	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 Independence Day 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	5 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	6 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage

July 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Pathology	1 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Pathology	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 Independence Day 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	5 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	6 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage
7 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	8 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	9 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	10 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	11 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	12 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	13 8:30 AM – 5:30 PM – Lymphatic Drainage Massage
14 8:30 AM – 5:30 PM – Lymphatic Drainage Massage	15 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	16 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	17 Ashura 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	18 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	19 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	20 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage
21 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	22 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	23 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	24 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	25 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – ToT: Thai on the Table	27 8:30 AM – 5:30 PM – ToT: Thai on the Table
28 8:30 AM – 5:30 PM – ToT: Thai on the Table	29 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	30 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	31 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	1 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	2 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	3 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage

August 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – ToT: Thai on the Table	29 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	30 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	31 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	1 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	2 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	3 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage
4 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	5 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Reiki Master Level	6 5:45 PM – 9:45 PM – Reiki Master Level	7 5:45 PM – 9:45 PM – Reiki Master Level	8 5:45 PM – 9:45 PM – Reiki Master Level	9 8:30 AM – 5:30 PM – Your Crown & Glory: Head Massage	10 8:30 AM – 5:30 PM – Rock to Relax: Pulsing
11 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	12 5:45 PM – 9:45 PM – Clinical Aromatherapy	13 5:45 PM – 9:45 PM – Clinical Aromatherapy	14 5:45 PM – 9:45 PM – Clinical Aromatherapy	15 5:45 PM – 9:45 PM – Clinical Aromatherapy	16 5:45 PM – 9:45 PM – Clinical Aromatherapy	17 8:30 AM – 5:30 PM – Clinical Aromatherapy
18 8:30 AM – 5:30 PM – Clinical Aromatherapy	19 5:45 PM – 9:45 PM – Clinical Aromatherapy	20 5:45 PM – 9:45 PM – Clinical Aromatherapy	21 5:45 PM – 9:45 PM – Clinical Aromatherapy	22 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	23 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	24 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
25 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	26 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	27 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	28 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	29 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	30 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	31 8:30 AM – 5:30 PM – CST: Craniosacral Therapy

September 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:30 AM – 5:30 PM – CST: Craniosacral Therapy	2 Labor Day 8:30 AM – 5:30 PM – CST: Craniosacral Therapy 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed.	3 5:45 PM – 9:45 PM – Physiology	4 5:45 PM – 9:45 PM – Physiology	5 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	6 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	7 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
8 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	9 5:45 PM – 9:45 PM – Physiology	10 5:45 PM – 9:45 PM – Physiology	11 5:45 PM – 9:45 PM – Physiology	12 5:45 PM – 9:45 PM – Physiology	13 8:30 AM – 5:30 PM – Stand Your Ground: Legs & Feet	14 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing
15 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	16 5:45 PM – 9:45 PM – Physiology	17 5:45 PM – 9:45 PM – Physiology	18 5:45 PM – 9:45 PM – Physiology	19 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	20 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	21 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
22 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	23 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
29 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 Rosh Hashanah 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	5 8:30 AM – 5:30 PM – Sound Healing

October 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 Rosh Hashanah 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	5 8:30 AM – 5:30 PM – Sound Healing
6 8:30 AM – 5:30 PM – Sound Healing	7 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Physi- ology	8 5:45 PM – 9:45 PM – Physi- ology	9 5:45 PM – 9:45 PM – Physi- ology	10 5:45 PM – 9:45 PM – Physi- ology	11 5:45 PM – 9:45 PM – Physi- ology	12 Yom Kippur 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 Indigenous Peoples' Day Columbus Day 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
20 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	21 8:30 AM – 5:30 PM – I've Got Your Back: Special Back Techniques 5:45 PM – 9:45 PM – Acu- pressure	22 5:45 PM – 9:45 PM – Acu- pressure	23 5:45 PM – 9:45 PM – Acu- pressure	24 5:45 PM – 9:45 PM – Acu- pressure	25 5:45 PM – 9:45 PM – Acu- pressure	26 8:30 AM – 5:30 PM – Acu- pressure
27 8:30 AM – 5:30 PM – Acu- pressure	28 5:45 PM – 9:45 PM – Acu- pressure	29 5:45 PM – 9:45 PM – Acu- pressure	30 5:45 PM – 9:45 PM – Acu- pressure	31 Halloween 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	1 Diwali 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	2 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue

November 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Acu- pressure	28 5:45 PM – 9:45 PM – Acu- pressure	29 5:45 PM – 9:45 PM – Acu- pressure	30 5:45 PM – 9:45 PM – Acu- pressure	31 Halloween 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	1 Diwali 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	2 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue
3 Daylight Saving Time End 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	4 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – My- ofascial Therapy	5 Election Day 5:45 PM – 9:45 PM – My- ofascial Therapy	6 5:45 PM – 9:45 PM – My- ofascial Therapy	7 5:45 PM – 9:45 PM – My- ofascial Therapy	8 5:45 PM – 9:45 PM – My- ofascial Therapy	9 8:30 AM – 5:30 PM – My- ofascial Therapy
10 8:30 AM – 5:30 PM – My- ofascial Therapy	11 Veterans Day 5:45 PM – 9:45 PM – My- ofascial Therapy	12 5:45 PM – 9:45 PM – My- ofascial Therapy	13 5:45 PM – 9:45 PM – My- ofascial Therapy	14 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	15 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	16 8:30 AM – 5:30 PM – Biz32 Business, Marketing & Chair Massage
17 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	18 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	19 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	20 8:30 AM – 5:30 PM – Crazy Good Neck Work Version II	21 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	22 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	23 8:30 AM – 5:30 PM – Biz32 Business, Marketing & Chair Massage
24 8:30 AM – 5:30 PM – Pre- mier Spa Indonesia	25 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	26 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	27	28 Thanksgiving	29	30

December 2024

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8:30 AM – 5:30 PM – Kinesiology	2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Kinesiology	5:45 PM – 9:45 PM – Kinesiology	5:45 PM – 9:45 PM – Kinesiology	5:45 PM – 9:45 PM – Kinesiology	5:45 PM – 9:45 PM – Biz8/4: Business, Marketing & Chair Massage	8:30 AM – 5:30 PM – Biz8/4 Business, Marketing & Chair Massage
8	9	10	11	12	13	14
8:30 AM – 5:30 PM – Biz12: Business, Marketing & Chair Massage	5:45 PM – 9:45 PM – Biz12: Business, Marketing & Chair Massage	5:45 PM – 9:45 PM – Kinesiology	5:45 PM – 9:45 PM – Kinesiology	5:45 PM – 9:45 PM – Kinesiology	5:45 PM – 9:45 PM – Deep Tissue Massage	8:30 AM – 5:30 PM – Deep Tissue Massage
15	16	17	18	19	20	21
8:30 AM – 5:30 PM – Deep Tissue Massage	8:30 AM – 5:30 PM – Himalayan Salt Stone Massage 5:45 PM – 9:45 PM – Deep Tissue Massage	5:45 PM – 9:45 PM – Deep Tissue Massage	5:45 PM – 9:45 PM – Deep Tissue Massage	5:45 PM – 9:45 PM – Deep Tissue Massage	5:45 PM – 9:45 PM – Deep Tissue Massage	8:30 AM – 5:30 PM – Deep Tissue Massage
22	23	24	25	26	27	28
8:30 AM – 5:30 PM – Kinesiology	5:45 PM – 9:45 PM – Kinesiology	Christmas Eve	Christmas Day	Hanukkah (1st day) Kwanzaa		
29	30	31	1	2	3	4
		New Year's Eve	New Year's Day	5:45 PM – 9:45 PM – Kinesiology	5:45 PM – 9:45 PM – Positional Release Therapy	8:30 AM – 5:30 PM – Positional Release Therapy

January 2025

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31 New Year's Eve	1 New Year's Day	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Positional Release Therapy	4 8:30 AM – 5:30 PM – Positional Release Therapy
5 8:30 AM – 5:30 PM – Positional Release Therapy	6 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – Positional Release Therapy	7 5:45 PM – 9:45 PM – Positional Release Therapy	8 5:45 PM – 9:45 PM – Positional Release Therapy	9 5:45 PM – 9:45 PM – Positional Release Therapy	10 5:45 PM – 9:45 PM – Positional Release Therapy	11 8:30 AM – 5:30 PM – Positional Release Therapy
12 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	13 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	14 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	15 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	17 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 5:45 PM – 9:45 PM – Pathology	18 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
19 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	20 Inauguration Day Martin Luther King Jr. Day 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – Pathology	23 5:45 PM – 9:45 PM – Pathology	24 8:30 AM – 5:30 PM – Intuitive Hands-On Massage	25 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
26 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 Lunar New Year 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – Oncology & Hospice Massage	31 5:45 PM – 9:45 PM – Oncology & Hospice Massage	1 8:30 AM – 5:30 PM – Oncology & Hospice Massage

February 2025

- US Holidays
- Clinic closed
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 Lunar New Year 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – On- cology & Hospice Massage	31 5:45 PM – 9:45 PM – On- cology & Hospice Massage	1 8:30 AM – 5:30 PM – On- cology & Hospice Massage
2 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	3 2:00 PM 2:00 – 4:00 STAFF MEETING – Gayle covers Front Desk as needed. 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	4 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
9 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	10 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	11 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 8:30 AM – 5:30 PM – Ease the Load: Shoulders	13 8:30 AM TBD: TM2, Arms, Reflex	14 Valentine's Day	15
16	17 Presidents' Day	18	19	20	21	22
23	24	25	26	27	28	1 Beginning of Ramadan