

September 2023

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Trad. Thai on the Mat	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat	29 5:45 PM – 9:45 PM – Physiology	30 5:45 PM – 9:45 PM – Physiology	31 5:45 PM – 9:45 PM – Physiology	1 5:45 PM – 9:45 PM – Physiology	2 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1
3 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1	4 Labor Day 8:30 AM – 5:30 PM (full day) CST I – Craniosacral Therapy Level 1	5 5:45 PM – 9:45 PM – Physiology	6 5:45 PM – 9:45 PM – Physiology	7 5:45 PM – 9:45 PM – Physiology	8 8:30 AM – 5:30 PM – Trad. Thai on the Mat	9 8:30 AM – 5:30 PM – Trad. Thai on the Mat
10 8:30 AM – 5:30 PM – Trad. Thai on the Mat	11 8:30 AM – 5:30 PM – Trad. Thai on the Mat	12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	13 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 Rosh Hashanah 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
17 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	18 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 8:30 AM – 5:30 PM – Premier Spa: Indonesia
24 8:30 AM – 5:30 PM – Premier Spa: Indonesia	25 Yom Kippur 8:30 AM – 5:30 PM – Himalayan Salt Stone Massage	26 5:45 PM – 9:45 PM – Physiology	27 5:45 PM – 9:45 PM – Physiology	28 5:45 PM – 9:45 PM – Physiology	29 5:45 PM – 9:45 PM – Physiology	30 8:30 AM – 5:30 PM – Acupuncture

October 2023

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ■ 8:30 AM – 5:30 PM – Acu- pressure	2 ■ 5:45 PM – 9:45 PM – Acu- pressure	3 ■ 5:45 PM – 9:45 PM – Acu- pressure	4 ■ 5:45 PM – 9:45 PM – Physi- ology	5 ■ 5:45 PM – 9:45 PM – Physi- ology	6 ■ 5:45 PM – 9:45 PM – Physi- ology	7 ■ 8:30 AM – 5:30 PM – Acu- pressure
8 ■ 8:30 AM – 5:30 PM – Acu- pressure	9 Columbus Day Indigenous Peoples' Day ■ 5:45 PM – 9:45 PM – Acu- pressure	10 ■ 5:45 PM – 9:45 PM – Acu- pressure	11 ■ 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version II	12 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
15 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	16 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	20 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
22	23 ■ 5:45 PM – 9:45 PM – Geri- atric (Elderly) Massage	24 ■ 5:45 PM – 9:45 PM – Geri- atric (Elderly) Massage	25 ■ 8:30 AM – 5:30 PM – (full day) Geriatric (Elderly) Mas- sage	26 ■ 5:45 PM – 9:45 PM – Anatomy	27 ■ 5:45 PM – 9:45 PM – Anatomy	28 ■ 8:30 AM – 5:30 PM – Anatomy
29 ■ 8:30 AM – 5:30 PM – Posi- tional Release	30 ■ 5:45 PM – 9:45 PM – Posi- tional Release	31 Halloween ■ 5:45 PM – 9:45 PM – Posi- tional Release	1 ■ 5:45 PM – 9:45 PM – Posi- tional Release	2 Day of the Dead ■ 5:45 PM – 9:45 PM – Posi- tional Release	3 ■ 5:45 PM – 9:45 PM – Posi- tional Release	4 ■ 8:30 AM – 5:30 PM – Posi- tional Release

November 2023

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – Positional Release	30 5:45 PM – 9:45 PM – Positional Release	31 Halloween 5:45 PM – 9:45 PM – Positional Release	1 5:45 PM – 9:45 PM – Positional Release	2 Day of the Dead 5:45 PM – 9:45 PM – Positional Release	3 5:45 PM – 9:45 PM – Positional Release	4 8:30 AM – 5:30 PM – Positional Release
5 Daylight Saving Time End 8:30 AM – 5:30 PM – Positional Release	6 5:45 PM – 9:45 PM – Positional Release	7 Election Day 5:45 PM – 9:45 PM – Anatomy	8 5:45 PM – 9:45 PM – Anatomy	9 5:45 PM – 9:45 PM – Anatomy	10 Veterans Day (observed) 5:45 PM – 9:45 PM – Anatomy	11 Veterans Day 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
12 Diwali 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	13 8:30 AM – 5:30 PM – CUPPING: Myofascial Decompression 5:45 PM – 9:45 PM – Anatomy	14 5:45 PM – 9:45 PM – Anatomy	15 5:45 PM – 9:45 PM – Anatomy	16 5:45 PM – 9:45 PM – Anatomy	17 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	18 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue
19 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	20 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	21 8:30 AM – 5:30 PM – Oncology & Hospice Massage	22 8:30 AM – 5:30 PM – Oncology & Hospice Massage	23 Thanksgiving	24	25
26	27 5:45 PM – 9:45 PM – Deep Tissue	28 5:45 PM – 9:45 PM – Deep Tissue	29 5:45 PM – 9:45 PM – Deep Tissue	30 5:45 PM – 9:45 PM – Deep Tissue	1 5:45 PM – 9:45 PM – Deep Tissue	2 8:30 AM – 5:30 PM – Deep Tissue

December 2023

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 5:45 PM – 9:45 PM – Deep Tissue	28 5:45 PM – 9:45 PM – Deep Tissue	29 5:45 PM – 9:45 PM – Deep Tissue	30 5:45 PM – 9:45 PM – Deep Tissue	1 5:45 PM – 9:45 PM – Deep Tissue	2 8:30 AM – 5:30 PM – Deep Tissue
3 8:30 AM – 5:30 PM – Deep Tissue	4 5:45 PM – 9:45 PM – Deep Tissue	5 5:45 PM – 9:45 PM – Deep Tissue	6 5:45 PM – 9:45 PM – Deep Tissue	7 5:45 PM – 9:45 PM – Sound Infused Therapies	8 Hanukkah (1st day) 5:45 PM – 9:45 PM – Sound Infused Therapies	9 8:30 AM – 5:30 PM – Sound Infused Therapies
10 8:30 AM – 5:30 PM – Myofascial Therapy	11 5:45 PM – 9:45 PM – Myofascial Therapy	12 5:45 PM – 9:45 PM – Myofascial Therapy	13 5:45 PM – 9:45 PM – Myofascial Therapy	14 5:45 PM – 9:45 PM – Myofascial Therapy	15 5:45 PM – 9:45 PM – Myofascial Therapy	16 8:30 AM – 5:30 PM – Myofascial Therapy
17 8:30 AM – 5:30 PM – Myofascial Therapy	18 5:45 PM – 9:45 PM – Myofascial Therapy	19 8:30 AM – 5:30 PM – Intuitive Hands-On Energy Work	20 5:45 PM – 9:45 PM – Pathology	21 5:45 PM – 9:45 PM – Pathology	22 5:45 PM – 9:45 PM – Pathology	23
24 Christmas Eve	25 Christmas Day	26 Kwanzaa	27	28	29	30
31 New Year's Eve	1 New Year's Day	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 5:45 PM – 9:45 PM – Biz8/4	6 8:30 AM – 5:30 PM – Biz8/4

January 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 New Year's Eve	1 New Year's Day	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 5:45 PM – 9:45 PM – Biz8/4	6 8:30 AM – 5:30 PM – Biz8/4
7 8:30 AM – 5:30 PM – Biz32	8 5:45 PM – 9:45 PM – Biz32	9 5:45 PM – 9:45 PM – Biz32	10 5:45 PM – 9:45 PM – Pathology	11 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM CST II – Craniosacral Therapy Level 2	12 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM CST II – Craniosacral Therapy Level 2	13 8:30 AM – 5:30 PM – Biz32 8:30 AM – 5:30 PM CST II – Craniosacral Therapy Level 2
14 8:30 AM – 5:30 PM – Biz32 8:30 AM – 5:30 PM CST II – Craniosacral Therapy Level 2	15 Martin Luther King Jr. Day 5:45 PM – 9:45 PM – Pathology	16 8:30 AM 5:30 PM – Embracing Life – Arms, Wrists, Hands 5:45 PM – 9:45 PM – Pathology	17 5:45 PM – 9:45 PM – Biz12	18 5:45 PM – 9:45 PM – Biz12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – Biz12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
21 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
28 8:30 AM – 5:30 PM – Foot Reflexology	29 5:45 PM – 9:45 PM – Foot Reflexology	30 5:45 PM – 9:45 PM – Foot Reflexology	31 5:45 PM – 9:45 PM – Foot Reflexology	1 5:45 PM – 9:45 PM – Foot Reflexology	2 Groundhog Day 5:45 PM – 9:45 PM – Foot Reflexology	3 8:30 AM – 5:30 PM – Foot Reflexology

February 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Foot Reflexology	29 5:45 PM – 9:45 PM – Foot Reflexology	30 5:45 PM – 9:45 PM – Foot Reflexology	31 5:45 PM – 9:45 PM – Foot Reflexology	1 5:45 PM – 9:45 PM – Foot Reflexology	2 Groundhog Day 5:45 PM – 9:45 PM – Foot Reflexology	3 8:30 AM – 5:30 PM – Foot Reflexology
4 8:30 AM – 5:30 PM – Foot Reflexology	5 5:45 PM – 9:45 PM – Foot Reflexology	6 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 Lunar New Year 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
11 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	12 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 Ash Wednesday Valentine's Day 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 8:30 AM 8:30 – 5:30 Sea Shell Massage
18 8:30 AM 8:30 – 5:30 Sea Shell Massage	19 Presidents' Day 5:45 PM – 9:45 PM – Reiki Intensive	20 5:45 PM – 9:45 PM – Reiki Intensive	21 5:45 PM – 9:45 PM – Reiki Intensive	22 5:45 PM – 9:45 PM – Reiki Intensive	23 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	24 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles
25 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – Ease the Load: Shoulders	27 5:45 PM – 9:45 PM – Bamboo Massage	28 5:45 PM – 9:45 PM – Bamboo Massage	29 5:45 PM – 9:45 PM – Bamboo Massage	1 5:45 PM – 9:45 PM – Bamboo Massage	2 8:30 AM – 5:30 PM – Bamboo Massage

March 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – Ease the Load: Shoulders	27 5:45 PM – 9:45 PM – Bam- boo Massage	28 5:45 PM – 9:45 PM – Bam- boo Massage	29 5:45 PM – 9:45 PM – Bam- boo Massage	1 5:45 PM – 9:45 PM – Bam- boo Massage	2 8:30 AM – 5:30 PM – Bam- boo Massage
3 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	4 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	5 8:30 AM 5:30 PM – Relax: Ear & Hand Reflexology	6 5:45 PM – 9:45 PM Hot & Cold Stone Massage	7 5:45 PM – 9:45 PM Hot & Cold Stone Massage	8 5:45 PM – 9:45 PM Hot & Cold Stone Massage	9 8:30 AM – 5:30 PM – Hot & Cold Stone Massage
10 Daylight Saving Time 8:30 AM – 5:30 PM – Hot & Cold Stone Massage	11 First Night of Ramadan 5:45 PM – 9:45 PM Hot & Cold Stone Massage	12 5:45 PM – 9:45 PM Hot & Cold Stone Massage	13 5:45 PM – 9:45 PM Hot & Cold Stone Massage	14 5:45 PM – 9:45 PM Hot & Cold Stone Massage	15 5:45 PM – 9:45 PM Hot & Cold Stone Massage	16 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles
17 St. Patrick's Day 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	18 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	19 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	20 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	21 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	22 8:30 AM – 5:30 PM Sans- Hands Flow	23 8:30 AM – 5:30 PM Sans- Hands Flow
24 Palm Sunday 8:30 AM – 5:30 PM Sans- Hands Flow	25 Holi 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	26 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 Good Friday 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
31 Easter 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	1 April Fools' Day 5:45 PM 9:45 PM – Physiolo- gy	2 5:45 PM 9:45 PM – Physiolo- gy	3 5:45 PM 9:45 PM – Physiolo- gy	4 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	5 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	6 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage

April 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Easter ■ 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	1 April Fools' Day ■ 5:45 PM 9:45 PM – Physiology	2 ■ 5:45 PM 9:45 PM – Physiology	3 ■ 5:45 PM 9:45 PM – Physiology	4 ■ 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	5 ■ 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	6 ■ 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage
7 ■ 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage	8 ■ 8:45 AM – 5:30 PM – Soothing Belly – Abdominal Sequence ■ 5:45 PM 9:45 PM – Physiology	9 Eid al-Fitr ■ 5:45 PM 9:45 PM – Physiology	10 ■ 5:45 PM 9:45 PM – Physiology	11 ■ 5:45 PM 9:45 PM – Physiology	12 ■ 5:45 PM 9:45 PM – Physiology	13 ■ 8:30 AM – 5:30 PM – Thai Herbal Spa
14 ■ 8:30 AM – 5:30 PM – Thai Herbal Spa	15 Tax Day ■ 5:45 PM 9:45 PM – Physiology	16 ■ 5:45 PM 9:45 PM – Physiology	17 ■ 5:45 PM 9:45 PM – Physiology	18 ■ 5:45 PM – 9:45 PM – Clinical Hydrotherapy	19 ■ 5:45 PM – 9:45 PM – Clinical Hydrotherapy	20 ■ 8:30 AM – 5:30 PM – Clinical Hydrotherapy
21 ■ 8:30 AM – 5:30 PM – Clinical Hydrotherapy	22 Earth Day Passover ■ 8:30 AM – 5:30 PM Crystal Radiance – Massage with Gemstones ■ 5:45 PM 9:45 PM – Physiology	23 ■ 5:45 PM 9:45 PM – Physiology	24 ■ 5:45 PM 9:45 PM – Physiology	25 ■ 5:45 PM – 9:45 PM – Thai Foot Reflexology	26 ■ 5:45 PM – 9:45 PM – Thai Foot Reflexology	27 ■ 8:30 AM – 5:30 PM – Thai Foot Reflexology
28 ■ 8:30 AM – 5:30 PM – Thai Foot Reflexology	29 ■ 5:45 PM – 9:45 PM – Kinesiology	30 ■ 5:45 PM – 9:45 PM – Kinesiology	1 ■ 5:45 PM – 9:45 PM – Kinesiology	2 ■ 5:45 PM – 9:45 PM – Kinesiology	3 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	4 ■ 8:30 AM – 5:30 PM – Maternity & Infant Massage

May 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – Thai Foot Reflexology	29 5:45 PM – 9:45 PM – Kinesiology	30 5:45 PM – 9:45 PM – Kinesiology	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Maternity & Infant Massage	4 8:30 AM – 5:30 PM – Maternity & Infant Massage
5 Cinco de Mayo Orthodox Easter 8:30 AM – 5:30 PM – Maternity & Infant Massage	6 5:45 PM – 9:45 PM – Maternity & Infant Massage	7 5:45 PM – 9:45 PM – Maternity & Infant Massage	8 5:45 PM – 9:45 PM – Maternity & Infant Massage	9 5:45 PM – 9:45 PM – Maternity & Infant Massage	10 5:45 PM – 9:45 PM – Maternity & Infant Massage	11 8:30 AM – 5:30 PM – Maternity & Infant Massage
12 Mother's Day 8:30 AM 5:30 PM – Kinesiology	13 5:45 PM – 9:45 PM – Kinesiology	14 5:45 PM – 9:45 PM – Kinesiology	15 5:45 PM – 9:45 PM – Kinesiology	16 5:45 PM 5:30 PM – Hot Stone LomiLomi	17 5:45 PM 5:30 PM – Hot Stone LomiLomi	18 8:30 AM – 5:30 PM – Hot Stone LomiLomi
19 8:30 AM – 5:30 PM – Hot Stone LomiLomi	20 8:30 AM – 5:30 PM – Dreamy Face Sequence	21 5:45 PM – 9:45 PM – Kinesiology	22 5:45 PM – 9:45 PM – Kinesiology	23 5:45 PM – 9:45 PM – Kinesiology	24 5:45 PM – 9:45 PM – Kinesiology	25 8:30 AM – 5:30 PM – Hot Stone Reflexology
26 8:30 AM – 5:30 PM – Hot Stone Reflexology	27 Memorial Day 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version I	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

June 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Hot Stone Reflexology	27 Memorial Day 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version I	28 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
2 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	3 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	7 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	8 8:30 AM – 5:30 PM – European Spa Specialties
9 8:30 AM – 5:30 PM – European Spa Specialties	10 5:45 PM – 9:45 PM – European Spa Specialties	11 5:45 PM – 9:45 PM – European Spa Specialties	12 5:45 PM – 9:45 PM – Pathology	13 5:45 PM – 9:45 PM – Pathology	14 Flag Day 5:45 PM – 9:45 PM – Pathology	15 8:30 AM – 5:30 PM – Fusion16
16 Father's Day 8:30 AM – 5:30 PM – Fusion16	17 Eid al-Adha 5:45 PM – 9:45 PM – Pathology	18 5:45 PM – 9:45 PM – Pathology	19 Juneteenth 5:45 PM – 9:45 PM – Pathology	20 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	22 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
23 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	24 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	25 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	26 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	27 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	29 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
30 8:30 AM – 5:30 PM – Pathology	1 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – LB 5:45 PM – 9:45 PM – Pathology	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 Independence Day 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	5 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	6 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage

July 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Pathology 30 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – LB 1 </div> <div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Pathology </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Pathology 2 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Pathology 3 </div>	<div style="display: flex; justify-content: space-between;"> Independence Day 4 </div> <div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 5 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 6 </div>
<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 7 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Lymphatic Drainage Massage 8 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Lymphatic Drainage Massage 9 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Lymphatic Drainage Massage 10 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Lymphatic Drainage Massage 11 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Lymphatic Drainage Massage 12 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Lymphatic Drainage Massage 13 </div>
<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Lymphatic Drainage Massage 14 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Lymphatic Drainage Massage 15 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Lymphatic Drainage Massage 16 </div>	<div style="display: flex; justify-content: space-between;"> Ashura 17 </div> <div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Lymphatic Drainage Massage </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 18 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 19 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 20 </div>
<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 21 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles 22 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles 23 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles 24 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles 25 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – ToT: Thai on the Table 26 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – ToT: Thai on the Table 27 </div>
<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – ToT: Thai on the Table 28 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles 29 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles 30 </div>	<div style="display: flex; justify-content: space-between;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles 31 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 1 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 2 </div>	<div style="display: flex; justify-content: space-between;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 3 </div>

August 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="text-align: right; font-weight: bold;">28</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – ToT: Thai on the Table </div>	<div style="text-align: right; font-weight: bold;">29</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles </div>	<div style="text-align: right; font-weight: bold;">30</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles </div>	<div style="text-align: right; font-weight: bold;">31</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles </div>	<div style="text-align: right; font-weight: bold;">1</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage </div>	<div style="text-align: right; font-weight: bold;">2</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage </div>	<div style="text-align: right; font-weight: bold;">3</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage </div>
<div style="text-align: right; font-weight: bold;">4</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage </div>	<div style="text-align: right; font-weight: bold;">5</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Reiki Master Level </div>	<div style="text-align: right; font-weight: bold;">6</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Reiki Master Level </div>	<div style="text-align: right; font-weight: bold;">7</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Reiki Master Level </div>	<div style="text-align: right; font-weight: bold;">8</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Reiki Master Level </div>	<div style="text-align: right; font-weight: bold;">9</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Your Crown & Glory: Head Massage </div>	<div style="text-align: right; font-weight: bold;">10</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Rock to Relax: Pulsing </div>
<div style="text-align: right; font-weight: bold;">11</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Rock to Relax: Pulsing </div>	<div style="text-align: right; font-weight: bold;">12</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">13</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">14</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">15</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">16</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">17</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Clinical Aromatherapy </div>
<div style="text-align: right; font-weight: bold;">18</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">19</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">20</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">21</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Clinical Aromatherapy </div>	<div style="text-align: right; font-weight: bold;">22</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat </div>	<div style="text-align: right; font-weight: bold;">23</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat </div>	<div style="text-align: right; font-weight: bold;">24</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat </div>
<div style="text-align: right; font-weight: bold;">25</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat </div>	<div style="text-align: right; font-weight: bold;">26</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – UB ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles </div>	<div style="text-align: right; font-weight: bold;">27</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles </div>	<div style="text-align: right; font-weight: bold;">28</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles </div>	<div style="text-align: right; font-weight: bold;">29</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles </div>	<div style="text-align: right; font-weight: bold;">30</div> <div style="text-align: left; font-size: small;"> ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles </div>	<div style="text-align: right; font-weight: bold;">31</div> <div style="text-align: left; font-size: small;"> ■ 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1 </div>

September 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ■ 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1	2 Labor Day ■ 8:30 AM – 5:30 PM (full day) CST I – Craniosacral Therapy Level 1	3 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	4 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
8 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	9 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	10 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	11 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	13 ■ 8:30 AM – 5:30 PM – Stand Your Ground: Legs & Feet ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	14 ■ 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing
15 ■ 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	16 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	17 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	18 ■ 5:45 PM – 9:45 PM – Physiology ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	19 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	20 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	21 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
22 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	23 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
29 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 Rosh Hashanah ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	5 ■ 8:30 AM – 5:30 PM – Sound Healing

October 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 ■ Rosh Hashanah ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	5 ■ 8:30 AM – 5:30 PM – Sound Healing
6 ■ 8:30 AM – 5:30 PM – Sound Healing	7 ■ 5:45 PM – 9:45 PM – Physiology	8 ■ 5:45 PM – 9:45 PM – Physiology	9 ■ 5:45 PM – 9:45 PM – Physiology	10 ■ 5:45 PM – 9:45 PM – Physiology	11 ■ 5:45 PM – 9:45 PM – Physiology	12 ■ Yom Kippur ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 ■ Columbus Day ■ Indigenous Peoples' Day ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
20 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	21 ■ 8:30 AM – 5:30 PM – I've Got Your Back: Special Back Techniques ■ 5:45 PM – 9:45 PM – Acupressure	22 ■ 5:45 PM – 9:45 PM – Acupressure	23 ■ 5:45 PM – 9:45 PM – Acupressure	24 ■ 5:45 PM – 9:45 PM – Acupressure	25 ■ 5:45 PM – 9:45 PM – Acupressure	26 ■ 8:30 AM – 5:30 PM – Acupressure
27 ■ 8:30 AM – 5:30 PM – Acupressure	28 ■ 8:30 AM – 5:30 PM – CUPPING: Myofascial Decompression ■ 5:45 PM – 9:45 PM – Acupressure	29 ■ 5:45 PM – 9:45 PM – Acupressure	30 ■ 5:45 PM – 9:45 PM – Acupressure	31 ■ Halloween ■ 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	1 ■ Diwali ■ 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	2 ■ Day of the Dead ■ 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue

November 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 ■ 8:30 AM – 5:30 PM – Acu- pressure	28 ■ 8:30 AM – 5:30 PM – CUP- PING: Myofascial Decom- pression ■ 5:45 PM – 9:45 PM – Acu- pressure	29 ■ 5:45 PM – 9:45 PM – Acu- pressure	30 ■ 5:45 PM – 9:45 PM – Acu- pressure	31 Halloween ■ 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	1 Diwali ■ 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	2 Day of the Dead ■ 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue
3 Daylight Saving Time End ■ 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	4 ■ 5:45 PM – 9:45 PM – My- ofascial Therapy	5 Election Day ■ 5:45 PM – 9:45 PM – My- ofascial Therapy	6 ■ 5:45 PM – 9:45 PM – My- ofascial Therapy	7 ■ 5:45 PM – 9:45 PM – My- ofascial Therapy	8 ■ 5:45 PM – 9:45 PM – My- ofascial Therapy	9 ■ 8:30 AM – 5:30 PM – My- ofascial Therapy
10 ■ 8:30 AM – 5:30 PM – My- ofascial Therapy	11 Veterans Day ■ 5:45 PM – 9:45 PM – My- ofascial Therapy	12 ■ 5:45 PM – 9:45 PM – My- ofascial Therapy	13 ■ 5:45 PM – 9:45 PM – My- ofascial Therapy	14 ■ 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	15 ■ 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	16 ■ 8:30 AM – 5:30 PM – Biz32 Business, Marketing & Chair Massage
17 ■ 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	18 ■ 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	19 ■ 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	20 ■ 8:30 AM – 5:30 PM – Crazy Good Neck Work Version II	21 ■ 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	22 ■ 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	23 ■ 8:30 AM – 5:30 PM – Biz32 Business, Marketing & Chair Massage
24 ■ 8:30 AM – 5:30 PM – Pre- mier Spa Indonesia	25 ■ 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	26 ■ 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	27	28 Thanksgiving	29	30

December 2024

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ■ 8:30 AM – 5:30 PM – Kine- siology	2 ■ 5:45 PM – 9:45 PM – Kine- siology	3 ■ 5:45 PM – 9:45 PM – Kine- siology	4 ■ 5:45 PM – 9:45 PM – Kine- siology	5 ■ 5:45 PM – 9:45 PM – Kine- siology	6 ■ 5:45 PM – 9:45 PM – Biz8/4: Business, Marketing & Chair Massage	7 ■ 8:30 AM – 5:30 PM – Biz8/4 Business, Marketing & Chair Massage
8 ■ 8:30 AM – 5:30 PM – Biz12: Business, Marketing & Chair Massage	9 ■ 5:45 PM – 9:45 PM – Biz12: Business, Marketing & Chair Massage	10 ■ 5:45 PM – 9:45 PM – Kine- siology	11 ■ 5:45 PM – 9:45 PM – Kine- siology	12 ■ 5:45 PM – 9:45 PM – Kine- siology	13 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	14 ■ 8:30 AM – 5:30 PM – Deep Tissue Massage
15 ■ 8:30 AM – 5:30 PM – Deep Tissue Massage	16 ■ 8:30 AM – 5:30 PM – Hi- malayan Salt Stone Massage ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	17 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	18 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	19 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	20 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	21 ■ 8:30 AM – 5:30 PM – Deep Tissue Massage
22 ■ 8:30 AM – 5:30 PM – Kine- siology	23 ■ 5:45 PM – 9:45 PM – Kine- siology	24 Christmas Eve	25 Christmas Day	26 Hanukkah (1st day) Kwanzaa	27	28
29	30	31 New Year's Eve	1 New Year's Day	2 ■ 5:45 PM – 9:45 PM – Kine- siology	3 ■ 5:45 PM – 9:45 PM – Posi- tional Release Therapy	4 ■ 8:30 AM – 5:30 PM – Posi- tional Release Therapy

January 2025

- ALI
- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes
- Siri Suggestions

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31 New Year's Eve	1 New Year's Day	2 5:45 PM – 9:45 PM – Kine- siology	3 5:45 PM – 9:45 PM – Posi- tional Release Therapy	4 8:30 AM – 5:30 PM – Posi- tional Release Therapy
5 8:30 AM – 5:30 PM – Posi- tional Release Therapy	6 5:45 PM – 9:45 PM – Posi- tional Release Therapy	7 5:45 PM – 9:45 PM – Posi- tional Release Therapy	8 5:45 PM – 9:45 PM – Posi- tional Release Therapy	9 5:45 PM – 9:45 PM – Posi- tional Release Therapy	10 5:45 PM – 9:45 PM – Posi- tional Release Therapy	11 8:30 AM – 5:30 PM – Posi- tional Release Therapy
12 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	13 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	17 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	18 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
19 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	20 Inauguration Day Martin Luther King Jr. Day 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – Pathology	23 5:45 PM – 9:45 PM – Pathology	24 8:30 AM – 5:30 PM – Intu- itive Hands-On Massage	25 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
26 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 Lunar New Year 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – Oncol- ogy & Hospice Massage	31 5:45 PM – 9:45 PM – Oncol- ogy & Hospice Massage	1 8:30 AM – 5:30 PM – On- cology & Hospice Massage