

March 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	27 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	28 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	4 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
5 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	6 ■ 8:30 AM – 5:30 PM – Ease the Load: Shoulders	7 ■ 5:45 PM – 9:45 PM – Physiology	8 Holi ■ 5:45 PM – 9:45 PM – Physiology	9 ■ 5:45 PM – 9:45 PM – Physiology	10 ■ 8:30 AM – 5:30 PM – Sans-Hands	11 ■ 8:30 AM – 5:30 PM – Sans-Hands
12 Daylight Saving Time ■ 8:30 AM – 5:30 PM – Sans-Hands	13 ■ 5:45 PM – 9:45 PM – Physiology	14 ■ 5:45 PM – 9:45 PM – Physiology	15 ■ 5:45 PM – 9:45 PM – Physiology	16 ■ 5:45 PM – 9:45 PM – Bamboo Massage	17 St. Patrick's Day ■ 5:45 PM – 9:45 PM – Bamboo Massage	18 ■ 8:30 AM – 5:30 PM – Bamboo Massage
19 ■ 8:30 AM – 5:30 PM – Bamboo Massage	20 ■ 5:45 PM – 9:45 PM – Physiology	21 ■ 5:45 PM – 9:45 PM – Physiology	22 Beginning of Ramadan ■ 8:30 AM – 5:30 PM – Relax: Hand & Ear Reflexology	23 ■ 5:45 PM – 9:45 PM – Pathology	24 ■ 5:45 PM – 9:45 PM – Pathology	25 ■ 8:30 AM – 5:30 PM – Thai Herbal Spa
26 ■ 8:30 AM – 5:30 PM – Thai Herbal Spa	27 ■ 5:45 PM – 9:45 PM – Pathology	28 ■ 5:45 PM – 9:45 PM – Pathology	29 ■ 5:45 PM – 9:45 PM – Pathology	30 ■ 5:45 PM – 9:45 PM – NMT	31 ■ 5:45 PM – 9:45 PM – NMT	1 April Fools' Day ■ 8:30 AM – 5:30 PM – NMT

April 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 ■ 8:30 AM – 5:30 PM – Thai Herbal Spa	27 ■ 5:45 PM – 9:45 PM – Pathology	28 ■ 5:45 PM – 9:45 PM – Pathology	29 ■ 5:45 PM – 9:45 PM – Pathology	30 ■ 5:45 PM – 9:45 PM – NMT	31 ■ 5:45 PM – 9:45 PM – NMT	1 April Fools' Day ■ 8:30 AM – 5:30 PM – NMT
2 Palm Sunday ■ 8:30 AM – 5:30 PM – NMT	3 ■ 5:45 PM – 9:45 PM – Pathology	4 ■ 5:45 PM – 9:45 PM – Pathology	5 Passover ■ 5:45 PM – 9:45 PM – Pathology	6 ■ 5:45 PM – 9:45 PM – Hydrotherapy	7 Good Friday ■ 5:45 PM – 9:45 PM – Hydrotherapy	8 ■ 8:30 AM – 5:30 PM – Hydrotherapy
9 Easter ■ 8:30 AM – 5:30 PM – Hydrotherapy	10 ■ 5:45 PM – 9:45 PM – Pathology	11 ■ 5:30 PM – 5:30 PM – Stretching-TaiChi-Qigong – Upper Body ■ 5:45 PM – 9:45 PM – Pathology	12 ■ 5:45 PM – 9:45 PM – Pathology	13 ■ 5:45 PM – 9:45 PM – Thai Foot Massage	14 ■ 5:45 PM – 9:45 PM – Thai Foot Massage	15 ■ 8:30 AM – 5:30 PM – Thai Foot Massage
16 Orthodox Easter ■ 8:30 AM – 5:30 PM – Thai Foot Massage	17 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	18 Tax Day ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	19 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	20 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	21 Eid al-Fitr ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	22 Earth Day ■ 8:30 AM – 5:30 PM – Maternity & Infant Massage
23 ■ 8:30 AM – 5:30 PM – Maternity & Infant Massage	24 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	25 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	26 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	27 ■ 8:30 AM – 5:30 PM – Soothing Belly: Abdominal Massage	28 ■ 5:45 PM – 9:45 PM – Anatomy	29 ■ 8:30 AM – 5:30 PM – Anatomy
30 ■ 8:30 AM – 5:30 PM – Anatomy	1 ■ 8:30 AM – 5:30 PM – Dreamy Face Sequence	2 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 Cinco de Mayo ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

May 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 ■ 8:30 AM – 5:30 PM – Anatomy	1 ■ 8:30 AM – 5:30 PM – Dreamy Face Sequence	2 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	5 Cinco de Mayo ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	6 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
7 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	8 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	9 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	10 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	11 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	12 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	13
14 Mother's Day	15	16	17 ■ 5:45 PM – 9:45 PM – Anatomy	18 ■ 5:45 PM – 9:45 PM – Anatomy	19 ■ 5:45 PM – 9:45 PM – Anatomy	20 ■ 8:30 AM – 5:30 PM – Fusion16
21 ■ 8:30 AM – 5:30 PM – Fusion16	22 ■ 5:45 PM – 9:45 PM – Anatomy	23 ■ 5:45 PM – 9:45 PM – Anatomy	24 ■ 5:45 PM – 9:45 PM – Anatomy	25 ■ 5:45 PM – 9:45 PM – Anatomy	26 ■ 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version I	27 ■ 8:30 AM – 5:30 PM – EuroSpa
28 ■ 8:30 AM – 5:30 PM – EuroSpa	29 Memorial Day ■ 8:30 AM – 5:30 PM (full day!) – EuroSpa	30 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2

June 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 ■ 8:30 AM – 5:30 PM – EuroSpa	29 Memorial Day ■ 8:30 AM – 5:30 PM (full day!) – EuroSpa	30 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	31 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	1 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	2 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	3 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
4 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	5 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	6 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 ■ 8:30 AM – 5:30 PM – Hot Stone Reflexology
11 ■ 8:30 AM – 5:30 PM – Hot Stone Reflexology	12 ■ 5:45 PM – 9:45 PM – Lymphatic Drainage	13 ■ 5:45 PM – 9:45 PM – Lymphatic Drainage	14 Flag Day ■ 5:45 PM – 9:45 PM – Lymphatic Drainage	15 ■ 5:45 PM – 9:45 PM – Lymphatic Drainage	16 ■ 5:45 PM – 9:45 PM – Lymphatic Drainage	17 ■ 8:30 AM – 5:30 PM – Lymphatic Drainage
18 Father's Day ■ 8:30 AM – 5:30 PM – Lymphatic Drainage	19 Juneteenth ■ 5:45 PM – 9:45 PM – Lymphatic Drainage	20 ■ 5:45 PM – 9:45 PM – Lymphatic Drainage	21 ■ 5:45 PM – 9:45 PM – Lymphatic Drainage	22 ■ 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	23 ■ 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	24 ■ 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
25 ■ 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	26 ■ 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	27 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 Eid al-Adha ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	1 ■ 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3

July 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	26 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 Eid al-Adha 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	1
2	3	4 Independence Day 8:30 AM – 5:30 PM – I've Got Your Back: Special Back Techniques	5 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
9 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	10 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	11 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 5:45 PM – 9:45 PM – Kinesiology	13 5:45 PM – 9:45 PM – Kinesiology	14 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	15 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
16 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	17 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	18 5:45 PM – 9:45 PM – Kinesiology	19 5:45 PM – 9:45 PM – Kinesiology	20 5:45 PM – 9:45 PM – Kinesiology	21 8:30 AM – 5:30 PM – Your Crown & Glory: Head Massage	22 8:30 AM – 5:30 PM – Rock to Relax: Pulsing
23 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	24 5:45 PM – 9:45 PM – Kinesiology	25 5:45 PM – 9:45 PM – Kinesiology	26 5:45 PM – 9:45 PM – Kinesiology	27 5:45 PM – 9:45 PM – Kinesiology	28 Ashura 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	29 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage
30 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	31 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Kinesiology	4 5:45 PM – 9:45 PM – Kinesiology	5 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing

August 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	31 8:30 AM – 5:30 PM – Orthopedic (Sports) Massage	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Kinesiology	4 5:45 PM – 9:45 PM – Kinesiology	5 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing
6 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	7 8:30 AM – 5:30 PM – Stand Your Ground: Legs & Feet	8	9	10	11 8:30 AM – 5:30 PM – Trad. Thai on the Mat	12 8:30 AM – 5:30 PM – Trad. Thai on the Mat
13 8:30 AM – 5:30 PM – Trad. Thai on the Mat	14 8:30 AM – 5:30 PM – Trad. Thai on the Mat	15 5:45 PM – 9:45 PM – Aromatherapy	16 5:45 PM – 9:45 PM – Aromatherapy	17 5:45 PM – 9:45 PM – Aromatherapy	18 5:45 PM – 9:45 PM – Aromatherapy	19 8:30 AM – 5:30 PM – Aromatherapy
20 8:30 AM – 5:30 PM – Aromatherapy	21 5:45 PM – 9:45 PM – Aromatherapy	22 5:45 PM – 9:45 PM – Aromatherapy	23 5:45 PM – 9:45 PM – Aromatherapy	24 5:45 PM – 9:45 PM – Aromatherapy	25 8:30 AM – 5:30 PM – Trad. Thai on the Mat	26 8:30 AM – 5:30 PM – Trad. Thai on the Mat
27 8:30 AM – 5:30 PM – Trad. Thai on the Mat	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat	29 5:45 PM – 9:45 PM – Physiology	30 5:45 PM – 9:45 PM – Physiology	31 5:45 PM – 9:45 PM – Physiology	1 5:45 PM – 9:45 PM – Physiology	2 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1

September 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Trad. Thai on the Mat	28 8:30 AM – 5:30 PM – Trad. Thai on the Mat	29 5:45 PM – 9:45 PM – Physiology	30 5:45 PM – 9:45 PM – Physiology	31 5:45 PM – 9:45 PM – Physiology	1 5:45 PM – 9:45 PM – Physiology	2 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1
3 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1	4 Labor Day 8:30 AM – 5:30 PM (full day) CST I – Craniosacral Therapy Level 1	5 5:45 PM – 9:45 PM – Physiology	6 5:45 PM – 9:45 PM – Physiology	7 5:45 PM – 9:45 PM – Physiology	8 8:30 AM – 5:30 PM – Trad. Thai on the Mat	9 8:30 AM – 5:30 PM – Trad. Thai on the Mat
10 8:30 AM – 5:30 PM – Trad. Thai on the Mat	11 8:30 AM – 5:30 PM – Trad. Thai on the Mat	12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	13 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	14 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	15 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 Rosh Hashanah 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
17 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	18 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 8:30 AM – 5:30 PM – Premier Spa: Indonesia
24 8:30 AM – 5:30 PM – Premier Spa: Indonesia	25 Yom Kippur 8:30 AM – 5:30 PM – Himalayan Salt Stone Massage	26 5:45 PM – 9:45 PM – Physiology	27 5:45 PM – 9:45 PM – Physiology	28 5:45 PM – 9:45 PM – Physiology	29 5:45 PM – 9:45 PM – Physiology	30 8:30 AM – 5:30 PM – Acupuncture

October 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ■ 8:30 AM – 5:30 PM – Acu- pressure	2 ■ 5:45 PM – 9:45 PM – Acu- pressure	3 ■ 5:45 PM – 9:45 PM – Acu- pressure	4 ■ 5:45 PM – 9:45 PM – Physi- ology	5 ■ 5:45 PM – 9:45 PM – Physi- ology	6 ■ 5:45 PM – 9:45 PM – Physi- ology	7 ■ 8:30 AM – 5:30 PM – Acu- pressure
8 ■ 8:30 AM – 5:30 PM – Acu- pressure	9 Indigenous Peoples' Day Columbus Day ■ 5:45 PM – 9:45 PM – Acu- pressure	10 ■ 5:45 PM – 9:45 PM – Acu- pressure	11 ■ 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version II	12 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
15 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	16 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	20 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	21 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
22 ■ 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	23 ■ 5:45 PM – 9:45 PM – Geri- atric (Elderly) Massage	24 ■ 5:45 PM – 9:45 PM – Geri- atric (Elderly) Massage	25 ■ 8:30 AM – 5:30 PM – (full day) Geriatric (Elderly) Mas- sage	26 ■ 5:45 PM – 9:45 PM – Anatomy	27 ■ 5:45 PM – 9:45 PM – Anatomy	28 ■ 8:30 AM – 5:30 PM – Anatomy
29 ■ 8:30 AM – 5:30 PM – Posi- tional Release	30 ■ 5:45 PM – 9:45 PM – Posi- tional Release	31 Halloween ■ 5:45 PM – 9:45 PM – Posi- tional Release	1 ■ 5:45 PM – 9:45 PM – Posi- tional Release	2 ■ 5:45 PM – 9:45 PM – Posi- tional Release	3 ■ 5:45 PM – 9:45 PM – Posi- tional Release	4 ■ 8:30 AM – 5:30 PM – Posi- tional Release

November 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 8:30 AM – 5:30 PM – Positional Release	30 5:45 PM – 9:45 PM – Positional Release	31 Halloween 5:45 PM – 9:45 PM – Positional Release	1 5:45 PM – 9:45 PM – Positional Release	2 5:45 PM – 9:45 PM – Positional Release	3 5:45 PM – 9:45 PM – Positional Release	4 8:30 AM – 5:30 PM – Positional Release
5 Daylight Saving Time End 8:30 AM – 5:30 PM – Positional Release	6 5:45 PM – 9:45 PM – Positional Release	7 Election Day 5:45 PM – 9:45 PM – Anatomy	8 5:45 PM – 9:45 PM – Anatomy	9 5:45 PM – 9:45 PM – Anatomy	10 Veterans Day 5:45 PM – 9:45 PM – Anatomy	11 Veterans Day 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
12 Diwali 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	13 5:45 PM – 9:45 PM – Anatomy	14 5:45 PM – 9:45 PM – Anatomy	15 5:45 PM – 9:45 PM – Anatomy	16 5:45 PM – 9:45 PM – Anatomy	17 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	18 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue
19 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	20 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	21 8:30 AM – 5:30 PM – Oncology & Hospice Massage	22 8:30 AM – 5:30 PM – Oncology & Hospice Massage	23 Thanksgiving	24	25
26 5:45 PM – 9:45 PM – Deep Tissue	27 5:45 PM – 9:45 PM – Deep Tissue	28 5:45 PM – 9:45 PM – Deep Tissue	29 5:45 PM – 9:45 PM – Deep Tissue	30 5:45 PM – 9:45 PM – Deep Tissue	1 5:45 PM – 9:45 PM – Deep Tissue	2 8:30 AM – 5:30 PM – Deep Tissue

December 2023

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27 ■ 5:45 PM – 9:45 PM – Deep Tissue	28 ■ 5:45 PM – 9:45 PM – Deep Tissue	29 ■ 5:45 PM – 9:45 PM – Deep Tissue	30 ■ 5:45 PM – 9:45 PM – Deep Tissue	1 ■ 5:45 PM – 9:45 PM – Deep Tissue	2 ■ 8:30 AM – 5:30 PM – Deep Tissue
3 ■ 8:30 AM – 5:30 PM – Deep Tissue	4 ■ 5:45 PM – 9:45 PM – Deep Tissue	5 ■ 5:45 PM – 9:45 PM – Deep Tissue	6 ■ 5:45 PM – 9:45 PM – Deep Tissue	7 ■ 5:45 PM – 9:45 PM – Sound Infused Therapies	8 Hanukkah (1st day) ■ 5:45 PM – 9:45 PM – Sound Infused Therapies	9 ■ 8:30 AM – 5:30 PM – Sound Infused Therapies
10 ■ 8:30 AM – 5:30 PM – Myofascial Therapy	11 ■ 5:45 PM – 9:45 PM – Myofascial Therapy	12 ■ 5:45 PM – 9:45 PM – Myofascial Therapy	13 ■ 5:45 PM – 9:45 PM – Myofascial Therapy	14 ■ 5:45 PM – 9:45 PM – Myofascial Therapy	15 ■ 5:45 PM – 9:45 PM – Myofascial Therapy	16 ■ 8:30 AM – 5:30 PM – Myofascial Therapy
17 ■ 8:30 AM – 5:30 PM – Myofascial Therapy	18 ■ 5:45 PM – 9:45 PM – Myofascial Therapy	19 ■ 8:30 AM – 5:30 PM – Intuitive Hands-On Energy Work	20 ■ 5:45 PM – 9:45 PM – Pathology	21 ■ 5:45 PM – 9:45 PM – Pathology	22 ■ 5:45 PM – 9:45 PM – Pathology	23
24 Christmas Eve	25 Christmas Day	26 Kwanzaa	27	28	29	30
31 New Year's Eve	1 New Year's Day	2 ■ 5:45 PM – 9:45 PM – Pathology	3 ■ 5:45 PM – 9:45 PM – Pathology	4 ■ 5:45 PM – 9:45 PM – Pathology	5 ■ 5:45 PM – 9:45 PM – Biz8/4	6 ■ 8:30 AM – 5:30 PM – Biz8/4

January 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 New Year's Eve	1 New Year's Day	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 5:45 PM – 9:45 PM – Pathology	5 5:45 PM – 9:45 PM – Biz8/4	6 8:30 AM – 5:30 PM – Biz8/4
7 8:30 AM – 5:30 PM – Biz32	8 5:45 PM – 9:45 PM – Biz32	9 5:45 PM – 9:45 PM – Biz32	10 5:45 PM – 9:45 PM – Pathology	11 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM CST II – Craniosacral Therapy Level 2	12 5:45 PM – 9:45 PM – Pathology 5:45 PM – 9:45 PM CST II – Craniosacral Therapy Level 2	13 8:30 AM – 5:30 PM – Biz32 8:30 AM – 5:30 PM CST II – Craniosacral Therapy Level 2
14 8:30 AM – 5:30 PM – Biz32 8:30 AM – 5:30 PM CST II – Craniosacral Therapy Level 2	15 Martin Luther King Jr. Day 5:45 PM – 9:45 PM – Pathology	16 8:30 AM 5:30 PM – Embracing Life – Arms, Wrists, Hands 5:45 PM – 9:45 PM – Pathology	17 5:45 PM – 9:45 PM – Biz12	18 5:45 PM – 9:45 PM – Biz12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	19 5:45 PM – 9:45 PM – Biz12 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	20 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
21 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	22 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	23 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
28 8:30 AM – 5:30 PM – Foot Reflexology	29 5:45 PM – 9:45 PM – Foot Reflexology	30 5:45 PM – 9:45 PM – Foot Reflexology	31 5:45 PM – 9:45 PM – Foot Reflexology	1 5:45 PM – 9:45 PM – Foot Reflexology	2 Groundhog Day 5:45 PM – 9:45 PM – Foot Reflexology	3 8:30 AM – 5:30 PM – Foot Reflexology

February 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 ■ 8:30 AM – 5:30 PM – Foot Reflexology	29 ■ 5:45 PM – 9:45 PM – Foot Reflexology	30 ■ 5:45 PM – 9:45 PM – Foot Reflexology	31 ■ 5:45 PM – 9:45 PM – Foot Reflexology	1 ■ 5:45 PM – 9:45 PM – Foot Reflexology	2 ■ Groundhog Day ■ 5:45 PM – 9:45 PM – Foot Reflexology	3 ■ 8:30 AM – 5:30 PM – Foot Reflexology
4 ■ 8:30 AM – 5:30 PM – Foot Reflexology	5 ■ 5:45 PM – 9:45 PM – Foot Reflexology	6 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	7 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	8 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	9 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	10 ■ Lunar New Year ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
11 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	12 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	13 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	14 ■ Ash Wednesday ■ Valentine's Day ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 ■ 8:30 AM 8:30 – 5:30 Sea Shell Massage
18 ■ 8:30 AM 8:30 – 5:30 Sea Shell Massage	19 ■ Presidents' Day ■ 5:45 PM – 9:45 PM – Reiki Intensive	20 ■ 5:45 PM – 9:45 PM – Reiki Intensive	21 ■ 5:45 PM – 9:45 PM – Reiki Intensive	22 ■ 5:45 PM – 9:45 PM – Reiki Intensive	23 ■ 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	24 ■ 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles
25 ■ 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	26 ■ 8:30 AM – 5:30 PM – Ease the Load: Shoulders	27 ■ 5:45 PM – 9:45 PM – Bamboo Massage	28 ■ 5:45 PM – 9:45 PM – Bamboo Massage	29 ■ 5:45 PM – 9:45 PM – Bamboo Massage	1 ■ 5:45 PM – 9:45 PM – Bamboo Massage	2 ■ 8:30 AM – 5:30 PM – Bamboo Massage

March 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – Ease the Load: Shoulders	27 5:45 PM – 9:45 PM – Bam- boo Massage	28 5:45 PM – 9:45 PM – Bam- boo Massage	29 5:45 PM – 9:45 PM – Bam- boo Massage	1 5:45 PM – 9:45 PM – Bam- boo Massage	2 8:30 AM – 5:30 PM – Bam- boo Massage
3 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	4 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	5 8:30 AM 5:30 PM – Relax: Ear & Hand Reflexology	6 5:45 PM – 9:45 PM Hot & Cold Stone Massage	7 5:45 PM – 9:45 PM Hot & Cold Stone Massage	8 5:45 PM – 9:45 PM Hot & Cold Stone Massage	9 8:30 AM – 5:30 PM – Hot & Cold Stone Massage
10 Daylight Saving Time 8:30 AM – 5:30 PM – Hot & Cold Stone Massage	11 Beginning of Ramadan 5:45 PM – 9:45 PM Hot & Cold Stone Massage	12 5:45 PM – 9:45 PM Hot & Cold Stone Massage	13 5:45 PM – 9:45 PM Hot & Cold Stone Massage	14 5:45 PM – 9:45 PM Hot & Cold Stone Massage	15 5:45 PM – 9:45 PM Hot & Cold Stone Massage	16 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles
17 St. Patrick's Day 8:30 AM 8:30 – 5:30 PM Anatomy: Bones & Muscles	18 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	19 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	20 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	21 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	22 8:30 AM – 5:30 PM Sans- Hands Flow	23 8:30 AM – 5:30 PM Sans- Hands Flow
24 Palm Sunday 8:30 AM – 5:30 PM Sans- Hands Flow	25 Holi 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	26 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	27 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	28 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	29 Good Friday 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	30 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
31 Easter 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	1 April Fools' Day 5:45 PM 9:45 PM – Physiolo- gy	2 5:45 PM 9:45 PM – Physiolo- gy	3 5:45 PM 9:45 PM – Physiolo- gy	4 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	5 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	6 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage

April 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Easter 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	1 April Fools' Day 5:45 PM 9:45 PM – Physiology	2 5:45 PM 9:45 PM – Physiology	3 5:45 PM 9:45 PM – Physiology	4 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	5 5:45 PM – 9:45 PM – NMT: Neuromuscular Massage	6 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage
7 8:45 AM – 5:30 PM – NMT: Neuromuscular Massage	8 8:45 AM – 5:30 PM – Soothing Belly – Abdominal Sequence 5:45 PM 9:45 PM – Physiology	9 Eid al-Fitr 5:45 PM 9:45 PM – Physiology	10 5:45 PM 9:45 PM – Physiology	11 5:45 PM 9:45 PM – Physiology	12 5:45 PM 9:45 PM – Physiology	13 8:30 AM – 5:30 PM – Thai Herbal Spa
14 8:30 AM – 5:30 PM – Thai Herbal Spa	15 Tax Day 5:45 PM 9:45 PM – Physiology	16 5:45 PM 9:45 PM – Physiology	17 5:45 PM 9:45 PM – Physiology	18 5:45 PM – 9:45 PM – Clinical Hydrotherapy	19 5:45 PM – 9:45 PM – Clinical Hydrotherapy	20 8:30 AM – 5:30 PM – Clinical Hydrotherapy
21 8:30 AM – 5:30 PM – Clinical Hydrotherapy	22 Earth Day Passover 5:45 PM 9:45 PM – Physiology	23 5:45 PM 9:45 PM – Physiology	24 5:45 PM 9:45 PM – Physiology	25 5:45 PM – 9:45 PM – Thai Foot Reflexology	26 5:45 PM – 9:45 PM – Thai Foot Reflexology	27 8:30 AM – 5:30 PM – Thai Foot Reflexology
28 8:30 AM – 5:30 PM – Thai Foot Reflexology	29 5:45 PM – 9:45 PM – Kinesiology	30 5:45 PM – 9:45 PM – Kinesiology	1 5:45 PM – 9:45 PM – Kinesiology	2 5:45 PM – 9:45 PM – Kinesiology	3 5:45 PM – 9:45 PM – Maternity & Infant Massage	4 8:30 AM – 5:30 PM – Maternity & Infant Massage

May 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 ■ 8:30 AM – 5:30 PM – Thai Foot Reflexology	29 ■ 5:45 PM – 9:45 PM – Kinesiology	30 ■ 5:45 PM – 9:45 PM – Kinesiology	1 ■ 5:45 PM – 9:45 PM – Kinesiology	2 ■ 5:45 PM – 9:45 PM – Kinesiology	3 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	4 ■ 8:30 AM – 5:30 PM – Maternity & Infant Massage
5 Orthodox Easter Cinco de Mayo ■ 8:30 AM – 5:30 PM – Maternity & Infant Massage	6 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	7 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	8 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	9 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	10 ■ 5:45 PM – 9:45 PM – Maternity & Infant Massage	11 ■ 8:30 AM – 5:30 PM – Maternity & Infant Massage
12 Mother's Day ■ 8:30 AM 5:30 PM – Kinesiology	13 ■ 5:45 PM – 9:45 PM – Kinesiology	14 ■ 5:45 PM – 9:45 PM – Kinesiology	15 ■ 5:45 PM – 9:45 PM – Kinesiology	16 ■ 5:45 PM 5:30 PM – Hot Stone LomiLomi	17 ■ 5:45 PM 5:30 PM – Hot Stone LomiLomi	18 ■ 8:30 AM – 5:30 PM – Hot Stone LomiLomi
19 ■ 8:30 AM – 5:30 PM – Hot Stone LomiLomi	20 ■ 8:30 AM – 5:30 PM – Dreamy Face Sequence	21 ■ 5:45 PM – 9:45 PM – Kinesiology	22 ■ 5:45 PM – 9:45 PM – Kinesiology	23 ■ 5:45 PM – 9:45 PM – Kinesiology	24 ■ 5:45 PM – 9:45 PM – Kinesiology	25 ■ 8:30 AM – 5:30 PM – Hot Stone Reflexology
26 ■ 8:30 AM – 5:30 PM – Hot Stone Reflexology	27 Memorial Day ■ 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version I	28 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	29 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	30 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	31 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1

June 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – Hot Stone Reflexology 26 </div>	<div style="display: flex; justify-content: space-between;"> Memorial Day 27 </div> <div style="display: flex; justify-content: space-between; margin-top: 5px;"> 8:30 AM – 5:30 PM – Crazy Good Neck Work – Version I </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 28 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 29 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 30 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 31 </div>	<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1 1 </div>
<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1 2 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 3 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 4 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 5 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 6 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 7 </div>	<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – European Spa Specialties 8 </div>
<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – European Spa Specialties 9 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – European Spa Specialties 10 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – European Spa Specialties 11 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – Pathology 12 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – Pathology 13 </div>	<div style="display: flex; justify-content: space-between;"> Flag Day 14 </div> <div style="display: flex; justify-content: space-between; margin-top: 5px;"> 5:45 PM – 9:45 PM – Pathology </div>	<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – Fusion16 15 </div>
<div style="display: flex; justify-content: space-between;"> Father's Day 16 </div> <div style="display: flex; justify-content: space-between; margin-top: 5px;"> 8:30 AM – 5:30 PM – Fusion16 </div>	<div style="display: flex; justify-content: space-between;"> Eid al-Adha 17 </div> <div style="display: flex; justify-content: space-between; margin-top: 5px;"> 5:45 PM – 9:45 PM – Pathology </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – Pathology 18 </div>	<div style="display: flex; justify-content: space-between;"> Juneteenth 19 </div> <div style="display: flex; justify-content: space-between; margin-top: 5px;"> 5:45 PM – 9:45 PM – Pathology </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 20 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 21 </div>	<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2 22 </div>
<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2 23 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 24 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 25 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 26 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 27 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2 28 </div>	<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2 29 </div>
<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – Pathology 30 </div>	<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – Stretching-TaiChi-Qigong – LB 1 </div> <div style="display: flex; justify-content: space-between; margin-top: 5px;"> 5:45 PM – 9:45 PM – Pathology </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – Pathology 2 </div>	<div style="display: flex; justify-content: space-between;"> 5:45 PM – 9:45 PM – Pathology 3 </div>	<div style="display: flex; justify-content: space-between;"> Independence Day 4 </div> <div style="display: flex; justify-content: space-between; margin-top: 5px;"> 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage </div>	<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 5 </div>	<div style="display: flex; justify-content: space-between;"> 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage 6 </div>

July 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:30 AM – 5:30 PM – Pathology	1 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – LB 5:45 PM – 9:45 PM – Pathology	2 5:45 PM – 9:45 PM – Pathology	3 5:45 PM – 9:45 PM – Pathology	4 Independence Day 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	5 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	6 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage
7 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	8 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	9 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	10 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	11 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	12 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	13 8:30 AM – 5:30 PM – Lymphatic Drainage Massage
14 8:30 AM – 5:30 PM – Lymphatic Drainage Massage	15 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	16 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	17 Ashura 5:45 PM – 9:45 PM – Lymphatic Drainage Massage	18 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	19 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	20 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage
21 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	22 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	23 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	24 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	25 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	26 8:30 AM – 5:30 PM – ToT: Thai on the Table	27 8:30 AM – 5:30 PM – ToT: Thai on the Table
28 8:30 AM – 5:30 PM – ToT: Thai on the Table	29 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	30 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	31 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	1 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	2 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	3 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage

August 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30 AM – 5:30 PM – ToT: Thai on the Table	29 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	30 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	31 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	1 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	2 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	3 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage
4 8:30 AM – 5:30 PM – Orthopedic (Clinical/Sports) Massage	5 5:45 PM – 9:45 PM – Reiki Master Level	6 5:45 PM – 9:45 PM – Reiki Master Level	7 5:45 PM – 9:45 PM – Reiki Master Level	8 5:45 PM – 9:45 PM – Reiki Master Level	9 8:30 AM – 5:30 PM – Your Crown & Glory: Head Massage	10 8:30 AM – 5:30 PM – Rock to Relax: Pulsing
11 8:30 AM – 5:30 PM – Rock to Relax: Pulsing	12 5:45 PM – 9:45 PM – Clinical Aromatherapy	13 5:45 PM – 9:45 PM – Clinical Aromatherapy	14 5:45 PM – 9:45 PM – Clinical Aromatherapy	15 5:45 PM – 9:45 PM – Clinical Aromatherapy	16 5:45 PM – 9:45 PM – Clinical Aromatherapy	17 8:30 AM – 5:30 PM – Clinical Aromatherapy
18 8:30 AM – 5:30 PM – Clinical Aromatherapy	19 5:45 PM – 9:45 PM – Clinical Aromatherapy	20 5:45 PM – 9:45 PM – Clinical Aromatherapy	21 5:45 PM – 9:45 PM – Clinical Aromatherapy	22 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	23 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	24 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
25 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	26 8:30 AM – 5:30 PM – Stretching–TaiChi–Qigong – UB 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	27 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	28 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	29 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	30 5:45 PM – 9:45 PM – Anatomy: Bones & Muscles	31 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1

September 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ■ 8:30 AM – 5:30 PM – CST I – Craniosacral Therapy Level 1	2 Labor Day ■ 8:30 AM – 5:30 PM (full day) CST I – Craniosacral Therapy Level 1	3 ■ 5:45 PM – 9:45 PM – Physiology	4 ■ 5:45 PM – 9:45 PM – Physiology	5 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	6 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	7 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
8 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	9 ■ 5:45 PM – 9:45 PM – Physiology	10 ■ 5:45 PM – 9:45 PM – Physiology	11 ■ 5:45 PM – 9:45 PM – Physiology	12 ■ 5:45 PM – 9:45 PM – Physiology	13 ■ 8:30 AM – 5:30 PM – Stand Your Ground: Legs & Feet	14 ■ 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing
15 ■ 8:30 AM – 5:30 PM – Rock to Relax: Rebalancing	16 ■ 5:45 PM – 9:45 PM – Physiology	17 ■ 5:45 PM – 9:45 PM – Physiology	18 ■ 5:45 PM – 9:45 PM – Physiology	19 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	20 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	21 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat
22 ■ 8:30 AM – 5:30 PM – Trad. Thai Massage on the Mat	23 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	24 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	25 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	26 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	27 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	28 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
29 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 Rosh Hashanah ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	5 ■ 8:30 AM – 5:30 PM – Sound Healing

October 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	30 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	1 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	2 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	3 Rosh Hashanah ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	4 ■ 8:30 AM – 5:30 PM – Move Freely: Hips & Pelvis	5 ■ 8:30 AM – 5:30 PM – Sound Healing
6 ■ 8:30 AM – 5:30 PM – Sound Healing	7 ■ 5:45 PM – 9:45 PM – Physiology	8 ■ 5:45 PM – 9:45 PM – Physiology	9 ■ 5:45 PM – 9:45 PM – Physiology	10 ■ 5:45 PM – 9:45 PM – Physiology	11 ■ 5:45 PM – 9:45 PM – Physiology	12 Yom Kippur ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
13 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	14 Indigenous Peoples' Day Columbus Day ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	15 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	16 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	17 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	18 ■ 5:45 PM – 9:45 PM – TM2: Therapeutic Massage Level 2	19 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2
20 ■ 8:30 AM – 5:30 PM – TM2: Therapeutic Massage Level 2	21 ■ 8:30 AM – 5:30 PM – I've Got Your Back: Special Back Techniques ■ 5:45 PM – 9:45 PM – Acupressure	22 ■ 5:45 PM – 9:45 PM – Acupressure	23 ■ 5:45 PM – 9:45 PM – Acupressure	24 ■ 5:45 PM – 9:45 PM – Acupressure	25 ■ 5:45 PM – 9:45 PM – Acupressure	26 ■ 8:30 AM – 5:30 PM – Acupressure
27 ■ 8:30 AM – 5:30 PM – Acupressure	28 ■ 8:30 AM – 5:30 PM – CUPPING: Myofascial Decompression ■ 5:45 PM – 9:45 PM – Acupressure	29 ■ 5:45 PM – 9:45 PM – Acupressure	30 ■ 5:45 PM – 9:45 PM – Acupressure	31 Halloween ■ 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	1 Diwali ■ 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue	2 ■ 8:30 AM – 5:30 PM – Barefoot Bars Deep Tissue

November 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 8:30 AM – 5:30 PM – Acu- pressure	28 8:30 AM – 5:30 PM – CUP- PING: Myofascial Decom- pression 5:45 PM – 9:45 PM – Acu- pressure	29 5:45 PM – 9:45 PM – Acu- pressure	30 5:45 PM – 9:45 PM – Acu- pressure	31 Halloween 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	1 Diwali 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	2 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue
3 Daylight Saving Time End 8:30 AM – 5:30 PM – Bare- foot Bars Deep Tissue	4 5:45 PM – 9:45 PM – My- ofascial Therapy	5 Election Day 5:45 PM – 9:45 PM – My- ofascial Therapy	6 5:45 PM – 9:45 PM – My- ofascial Therapy	7 5:45 PM – 9:45 PM – My- ofascial Therapy	8 5:45 PM – 9:45 PM – My- ofascial Therapy	9 8:30 AM – 5:30 PM – My- ofascial Therapy
10 8:30 AM – 5:30 PM – My- ofascial Therapy	11 Veterans Day 5:45 PM – 9:45 PM – My- ofascial Therapy	12 5:45 PM – 9:45 PM – My- ofascial Therapy	13 5:45 PM – 9:45 PM – My- ofascial Therapy	14 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	15 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	16 8:30 AM – 5:30 PM – Biz32 Business, Marketing & Chair Massage
17 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	18 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	19 8:30 AM – 5:30 PM – Geri- atric (Elderly) Massage	20 8:30 AM – 5:30 PM – Crazy Good Neck Work Version II	21 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	22 5:45 PM – 9:45 PM – Biz32: Business, Marketing & Chair Massage	23 8:30 AM – 5:30 PM – Biz32 Business, Marketing & Chair Massage
24 8:30 AM – 5:30 PM – Pre- mier Spa Indonesia	25 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	26 5:45 PM – 9:45 PM – Pre- mier Spa Indonesia	27	28 Thanksgiving	29	30

December 2024

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ■ 8:30 AM – 5:30 PM – Kine- siology	2 ■ 5:45 PM – 9:45 PM – Kine- siology	3 ■ 5:45 PM – 9:45 PM – Kine- siology	4 ■ 5:45 PM – 9:45 PM – Kine- siology	5 ■ 5:45 PM – 9:45 PM – Kine- siology	6 ■ 5:45 PM – 9:45 PM – Biz8/4: Business, Marketing & Chair Massage	7 ■ 8:30 AM – 5:30 PM – Biz8/4 Business, Marketing & Chair Massage
8 ■ 8:30 AM – 5:30 PM – Biz12: Business, Marketing & Chair Massage	9 ■ 5:45 PM – 9:45 PM – Biz12: Business, Marketing & Chair Massage	10 ■ 5:45 PM – 9:45 PM – Kine- siology	11 ■ 5:45 PM – 9:45 PM – Kine- siology	12 ■ 5:45 PM – 9:45 PM – Kine- siology	13 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	14 ■ 8:30 AM – 5:30 PM – Deep Tissue Massage
15 ■ 8:30 AM – 5:30 PM – Deep Tissue Massage	16 ■ 8:30 AM – 5:30 PM – Hi- malayan Salt Stone Massage ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	17 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	18 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	19 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	20 ■ 5:45 PM – 9:45 PM – Deep Tissue Massage	21 ■ 8:30 AM – 5:30 PM – Deep Tissue Massage
22 ■ 8:30 AM – 5:30 PM – Kine- siology	23 ■ 5:45 PM – 9:45 PM – Kine- siology	24 Christmas Eve	25 Christmas Day	26 Kwanzaa Hanukkah (1st day)	27	28
29	30	31 New Year's Eve	1 New Year's Day	2 ■ 5:45 PM – 9:45 PM – Kine- siology	3 ■ 5:45 PM – 9:45 PM – Posi- tional Release Therapy	4 ■ 8:30 AM – 5:30 PM – Posi- tional Release Therapy

January 2025

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31 New Year's Eve	1 New Year's Day	2 ■ 5:45 PM – 9:45 PM – Kine- siology	3 ■ 5:45 PM – 9:45 PM – Posi- tional Release Therapy	4 ■ 8:30 AM – 5:30 PM – Posi- tional Release Therapy
5 ■ 8:30 AM – 5:30 PM – Posi- tional Release Therapy	6 ■ 5:45 PM – 9:45 PM – Posi- tional Release Therapy	7 ■ 5:45 PM – 9:45 PM – Posi- tional Release Therapy	8 ■ 5:45 PM – 9:45 PM – Posi- tional Release Therapy	9 ■ 5:45 PM – 9:45 PM – Posi- tional Release Therapy	10 ■ 5:45 PM – 9:45 PM – Posi- tional Release Therapy	11 ■ 8:30 AM – 5:30 PM – Posi- tional Release Therapy
12 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	13 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Pathology	14 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Pathology	15 ■ 5:45 PM – 9:45 PM – Pathology ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	16 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Pathology	17 ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1 ■ 5:45 PM – 9:45 PM – Pathology	18 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1
19 ■ 8:30 AM – 5:30 PM – TM1: Therapeutic Massage Level 1	20 Martin Luther King Jr. Day Inauguration Day ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	21 ■ 5:45 PM – 9:45 PM – Pathology ■ 5:45 PM – 9:45 PM – TM1: Therapeutic Massage Level 1	22 ■ 5:45 PM – 9:45 PM – Pathology	23 ■ 5:45 PM – 9:45 PM – Pathology	24 ■ 8:30 AM – 5:30 PM – Intu- itive Hands-On Massage	25 ■ 8:30 AM – 5:30 PM – Ayurvedic Shirodhara
26 ■ 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	27 ■ 5:45 PM – 9:45 PM – Pathology	28 ■ 5:45 PM – 9:45 PM – Pathology	29 Lunar New Year ■ 5:45 PM – 9:45 PM – Pathology	30 ■ 5:45 PM – 9:45 PM – Oncol- ogy & Hospice Massage	31 ■ 5:45 PM – 9:45 PM – Oncol- ogy & Hospice Massage	1 ■ 8:30 AM – 5:30 PM – On- cology & Hospice Massage

February 2025

- US Holidays
- BWS Combo Hour Classes
- BWS Day Classes
- BWS EveWE Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 8:30 AM – 5:30 PM – Ayurvedic Shirodhara	27 5:45 PM – 9:45 PM – Pathology	28 5:45 PM – 9:45 PM – Pathology	29 Lunar New Year 5:45 PM – 9:45 PM – Pathology	30 5:45 PM – 9:45 PM – Oncol- ogy & Hospice Massage	31 5:45 PM – 9:45 PM – Oncol- ogy & Hospice Massage	1 8:30 AM – 5:30 PM – On- cology & Hospice Massage
2 Groundhog Day 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	3 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	4 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	5 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	6 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	7 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	8 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3
9 8:30 AM – 5:30 PM – TM3: Therapeutic Massage Level 3	10 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	11 5:45 PM – 9:45 PM – TM3: Therapeutic Massage Level 3	12 8:30 AM – 5:30 PM – Ease the Load: Shoulders	13 8:30 AM TBD: TM2, Arms, Reflex	14 Valentine's Day	15
16	17 Presidents' Day	18	19	20	21	22
23	24	25	26	27	28	1 Beginning of Ramadan